



## WW Regional Human Services and Justice Coordination Committee

Minutes

March 3, 2017

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*Time: 9:30 – 11:30 am*

*Location: 200 Maple Grove Rd., WRPS Headquarters, Boardroom*

**Chairperson:** Don Roth, Canadian Mental Health Association WW

**Co-chair:** Joan Nandlal, John Howard Society of Waterloo Wellington

**Recorder:** Catherine Bassarab

**Present:** Don Roth, Sharon Deally-Grzybowski, Carmen Abel, Douglas Shepard, Mary-Jo Shearer, Janos Botschner, Tom Gill, Toby Harris, Lauren McNabb, Christina Barraco, Joan Nandlal, George Seymour, Pam McIntosh, Kristin Eidse.

**Regrets:** Jim Izzard, Kathleen Reed, Linda Elliott, Angela Vanderheyden, James Izzard, Rob Martin, Tara Hyatt

**Guest:** Omer Vandevyvere, Regional Coordinator, Parkwood Institute, St Joseph's Health Care London

### 1. Welcome and Introductions – Don Roth

Agenda was accepted as presented. Minutes of December 2, 2016 were reviewed.

Motion: To accept the Minutes Moved by Doug Sheppard; seconded by Joan Nandlal. Accepted  
Round of Introductions

### 2. HSJCC Terms of Reference – Joan Nandlal

*Hand-out: Waterloo Wellington Regional HSJCC Terms of Reference, Feb 10, 2017*

*Hand-out: Guelph Wellington & Waterloo Region HSJCC Terms of Reference, February 10, 2017*

In reviewing the HSJCC survey results, areas for follow-up were identified. The most obvious being the Terms of Reference for the regional and two local HSJCC's. Joan reviewed the proposed TOR.

- Reference to the budget is now an addition by attachment, rather than inside TOR.
- The difference between the local and the regional is in context by the area served. Minor changes were made to shore up the relationship. Does regional agree that the local identity can attend to local interest and needs?
- We are not attempting to provide Personal Health Information, but case studies can be used, but not the specifics of individuals.
- Co-chair would be another community partner.
- In the TOR, it is an expectation regarding Crowns attending. We have moved away from including specific names listed to reduce changes in the document.
- Included a review of provincial categories and matched that in local, creating a similar listing.

Agreement by consensus to those changes in the Terms of Reference

### 3. Waterloo Wellington HSJCC Work Plan – Don Roth

*Hand-out: Waterloo Wellington HSJCC Work Plan & Budget 2016-2017 for final review March 2017*

There is a close alignment between what Provincial level is thinking and what we are working on- i.e. Indigenous, red bag program.

- The provincial HSJCC has webinars over lunch, and are very helpful in context.
- This is the second year working directly from this format, and it is transparent. There are no notable changes since the last decision. There is an opioid education workshop on March 24, and the booklet is coming out for harm reduction.
- It would be beneficial to populate the last 2 columns as information comes available. For example, populating that x number of surveys received, shows work in progress, continue to monitor, etc.

It was agreed that the report go in with the information populated.

Provincial Conference Abstracts are due in March for event on November 22, 2017. Typically sponsor 7-8 attendees, looking for presenters to submit work. Joan Nandlal encouraged openness among partners to participate, and that HSJCC set aside specific funds for sponsorship. The first step is a review of topics and their alignment with the local HSJCC.

#### **4. Update from Committee Partners – Don Roth**

Homewood Health Centre is hosting 'Reflections on Healing and Trauma' on April 24 with hockey player Theo Fleury as guest speaker. Tickets are \$60; group of 6, \$50 each. All funds go to CDAS clients' needs.

Traverse Independence received good feedback on the training ABS; another round of training in April.

##### Conestoga College

The College is focusing on workforce capacity, and has recently redesigned portfolios to projected needs within the next decade. This roll out will continue to the end of next year. Dedicated courses will be offered in occupational resilience to stress, trauma. The next focus is on persons diagnosed with disabilities. How do we arm these students to be as ready as possible?

##### Probation and Parole

Cambridge has one officer with mental health experience; receiving in-house training about fentanyl.

##### Harm Reduction – Don Roth

The draft sample of *Crystal Methamphetamine Harm Reduction* booklet is in final edit before publishing. This completes the project in the Workplan (*Knowledge Translation and Exchange: Crystal Meth booklet, March 2017 - \$1,500*) Guelph HSJCC approved \$1,500 to support the publication. The total cost is \$3,000.

##### CMHAWW

As part of the redesign, Don Roth is transferring from HSJCC committee leadership to focus on Intensive support and coordination of services. The HSJCC committees will be under the direction of Meredith Gardiner, with Carmen Abel as Manager. The committee members thanked Don for his co-chairship.

Stonehenge: Have launched Addiction Withdrawal and Education to local service providers.

House of Friendship: Created a proposal for and are working with the LHIN and region to look at a model to manage an Alcohol and Marijuana 'Wet Program.' For more information, contact Pam McIntosh.

Maplehurst: A significant hiring is on-going for mental health supports and programming on the Units, including a new review manager, a few nurses, volunteer services organizer, special needs worker, etc.

John Howard: is piloting with the school board a supports, 'Life Skills' program with youth on the fringe. Existing resources are being used. Looking at probation, the courts or school board to give better options.

Ontario Provincial Police: 50 referrals per month, working with EMS people.

Guelph Police: EMS is embraced by front-line officer and positively received by clients. The service is bracing for fentanyl overdoses, which will put pressure on the police and community. It is my hope that someone senior will oversee and share info. It would be helpful to have an HSJCC Glossary of Terms to keep everyone up to date.

Lutherwood: The Youth Justice program is receiving more youth from Toronto. More and more youth with mental health needs are identified, but free psychological services in Kitchener are not abundant. The program is challenged to help those kids with legal charges and mental health.

##### Waterloo Region Police Services – Inspector Doug Sheppard

*SCT Summary Report – See attachment*

Doug announced that he is retiring effective March 31, 2017. Inspector Craig Ambrose is his replacement and very interested in mental health and community issues. It has been an enjoyable ride; this committee is accomplishing great work. SCT Summary Report 2016 was presented:

- Gross incidents have gone up 134% since ?
- Attempted Suicides went up 20% last year in this region.
- Mental Health Addiction incidents up 13%
- Apprehensions decreased 35.9%
- Nurses went out to 1,200 calls, which possibly saved 1,000 hours of police time.
- Time in hospital – 80 minutes in Cambridge
- There were 4275 incidents to ER in 2016.

The SHARP Program was put together as a four person team, a co-proposal of WRPS, EMS and ? Both Chiefs of Police are supportive of the program. The NRI program signed a contract with Fergus. The Form is completed. It is sent to ER, police attending signs off at the hospital. Efficiencies that saved 1-2 FTE officers were built into the program. Brantford piloted the program last year, and is now in Niagara and London. The report may become the incident police report (as one completion).

Don Roth thanked Doug Sheppard for his many years of service and valuable contributions to services and the community. The members congratulate Doug for his achievements and his well-earned retirement.

*Note: Request for Benchmark of the statistical report be added into the record.*

##### **5. Acquired Brain Injury and Justice Issues – Omer Vandevyvere, St. Joseph’s Health Care London**

*PowerPoint: Acquired Brain Injury and Corrections: Three London-based Initiatives (correctional services)*

*Screening Handout: HELPS Brain Injury Screening Tool*

*Assessment Handout: Montreal Cognitive Assessment (MOCA), Version 7.1 Original Version*

Toby Harris of Traverse Independence introduced Guest Presenter, Omer Vandevyvere, who is Regional Coordinator at Parkwood Institute, St Joseph’s Health Care London. Omer’s role is navigator to help family and persons to navigate brain injury to services and information.

- The term ABI (Acquired Brain Injuries) is used in Canada. The term TBI is used in the United States.
- Accidents, strokes, infections create prevalence rates: 42-66% of male inmates; 33% female inmates.
- Screening: Working toward universal screener; the HELP SCREENER will probably be adopted across the province for non-ABI support workers.
- Symptoms: impulsive, confusion, sensitivity to light, short term memory issue. Long term memories are usually more intact (could be dementia instead). Need emotional management.
- MOCA is an evaluative tool, free registration, done on-site and provides evaluative review that can help understanding treatment process and to figure out strategy of working with the person. It is highly recommended when something is off.
- Omer is always available for consultation.

Questions:

- What about understanding INFORMED CONSENT discussion with person? If the family is involved ask and discuss. With the individual review, reword, chunk info, slow pace, offer consistency (select best day, time, process).
- How does a cohesive collaborative work?
  - o Doing your best to have probations representative at the table.
  - o The term to use is Case Leads, not Case Management.
  - o Identify what the person’s primary issue is. Mental health vs. brain injury is hard to tell apart.
  - o Should the lead be addictions, brain injury or mental health?
    - It would be the most appropriate to have weekly contact and cell phone provided. We find the results are better effectiveness and use of time with cell phone use.

**Adjournment** at 11:45 am

**Next Meeting:** June 9, 2017 at WRPS Headquarters, 200 Maple Grove Road, Cambridge