

MINUTES

Hamilton Local Human Service and Justice Coordinating Committee

Thursday, December 20, 2018, 12:15 p.m. (Lunch)

12:30 p.m. – 2 p.m. (Meeting)

CMHA Office Building, 131 John St. S, Third Floor Board Room

Present:

Lori Dunne, Co-Chair	Melissa Bond, Recording Secretary
Jill Pollock, CMHA	Salomeh Mohajer
Fraya Mortensen, Probation & Parole	Gale Melligan, CTO Coordinator
Craig Fraser, Crown Attorney	Karen McLeod, ACTT2
Emily Smith, Notre Dame House	Keri Zammit
Jennifer Sansalone, Community Schizophrenia Integration Services	Lisa Gajewicz, John Howard Society of Hamilton, Burlington and Area
Heather Saunders, SJH Community Schizophrenia Integration Services	Sandra Kurdziel, Social Navigation Program
Jessica Montana, Aboriginal Courtworker	Angela Isoki, Mental Health Nurse, Correctional Service Canada
Danielle Newton, Contact Hamilton	

Regrets:

Steve Holmes, Hamilton Police Service	Donna deJong, John Howard Society
Kristen Emery, DSO	Martha Harvie, DSO
Gene Uchida, Acquired Brain Injury Program	Barb Benedict, Forensic Psychiatry Program
Deborah McGrath, COAST Hamilton	

Absent:

Allison Hibbett, Bethesda Services	Carrie Collier
Todd Norman, Crown Attorney	John Monetta, ACTT2
Fiona Kouyoumdjian, GP, HFHT	Elizabeth Barrett
Jon Alsbergas, Hamilton Police Service	Vanessa Heaney
Lisa Whittingham	Sue Phipps
Jennifer Johnston, HWDC	Ruth Greenspan
Kathryn Lanza, COAST	Wil vanDokkumburg, Probation & Parole
Kimberley McCallum, GP	Lisa Whittingham
Alishau Diebold, Probation & Parole	Michal Siekierski, Schizophrenia Service
Kailey Doxtator, Aboriginal Court Services Support Worker	Adele Newcombe, Psychiatric Emergency Services
Michelle Semonovitch, Mental Health Outreach Program	Lesley Greene, Hamilton Regional Indian Centre
Liane Taylor, SJHH Forensic Services	Deirdra D. Burke, TA Patterson
Barb Benedict, SJHH Forensic Services	Angela Ethelstan
Helen Harris, HealthLinks	Angela Isoki
Lisa Jeffs, Manager Youth Wellness Centre	Jill Collins, Ontario Native Women's Association
Ian Lockett	

- **Welcome and Introductions**

Lori Dunne welcomed everyone and introductions were made around the table.

- **New Members**

- Lori Dunne welcomed new members Emily Smith from Good Sheppard Youth Services and Danielle Newton from Contact Hamilton
- Emily Smith from Good Sheppard Youth Services – Notre Dame House provided the table members with a handout outlining their community mental health program (see attached)
 - There has been an increase in the following:
 - mental health issues for youth
 - Domestic abuse among young couples
 - Dual diagnosis
 - Population Served - Homeless/at-risk of homelessness and street-involved youth between the ages of 16-21* residing within Hamilton
 - Referral Process – Youth can be referred via self-referral or through fourteen unique services provided through the city of Hamilton
 - Referral form and Interai Screener Plus tool required for referral
 - Program does not maintain a wait list
 - Therapeutic Intervention – Upon being assigned to a Mental Health Clinician each youth works to develop a tailored treatment plan and works with their Clinician in attaining their mental health goals. Youth have access to individualized brief, evidence-based, focused therapy and the skills 4 life group programming grounded in cognitive and dialectical behaviour therapies
 - Youth are initially offered 6-8 sessions however based on the complexity of the presenting needs may be offered ongoing support with a Mental Health Clinician from upwards of six months to one year
 - Clinical Case Management – All youth accessing the Community Mental Health Team are supported in clinical case management including but not limited to community program referrals, liaison with existing clinical supports, applications for DSO, ODSP and related programs, and transition management
 - Specialized Consultation - Youth connected with the Community Mental Health Team have near-immediate access to psychiatric and psychological support. Youth may be eligible for special funding for the completion of a psychological assessment and report
 - Notre Dame House Centralized Services
 - Youth Housing Workers
 - Legal Clinic (LAO)
 - Substance Use Counselling (Alternatives for Youth)
 - Youth Trustee Program
 - Ontario Works/ODSP

- Shelter Health Network
- Meal Program
- Skills 4 Life Programming
- Anti-Human Trafficking Program (YWCA)
- Youth Substance Use Program with Withdrawal Management
- ID Applications
- Support with community referrals and documentation

- **Review and Adoption of minutes from November 22, 2018**

The minutes were reviewed and no changes were brought forward. Heather Saunders approved the minutes and Gale Melligan seconded the minutes.

- **Additions to Agenda**

There were no additions to this month's agenda.

- **Presentation: Trans Inclusion (Cole Gately)**

- Cole Gately spoke to the table regarding Trans inclusion (see attached PowerPoint)
- Some of the topics discussed:
 - Fears or anxieties clinicians have when engaging and supporting trans people
 - Using the incorrect pronoun, especially if someone changes their preference
 - Not wanting to upset or offend a client by mistakenly using the wrong pronoun
 - Cole made several suggestions for reducing these fears
 - Introduce yourself first using your preferred pronoun
 - Try not to get hung up on using the wrong pronoun
 - Use "they" instead
 - Use last name only
 - Commonly used terms and their definitions
 - Trans - Transgender people have a gender identity or gender expression that differs from their assigned sex
 - Gender-Diverse - A person who either by nature or by choice does not conform to stereotypical gender-based expectations of society
 - Non-Binary – Any gender identity which does not fit within the binary of male and female. This term may be used as an umbrella term or as a personal identifier
 - Genderqueer - Term that can be used either as an umbrella term or as a personal identifier. This term refers to people who do not subscribe to expected gender norms. Gender-queer people may identify as either male, female, both, neither or may reject gender altogether
 - Intersex - A person who has male and female genetic and/or physical sex characteristics. This term sometimes refers to a medical condition, a gender identity, or a political identity

- 2-Spirit - English language umbrella term originating from the Ojibwe phrase "niizh manidoowag" which represents a wide range of diverse gender roles found in some First Nations and Indigenous cultures. This concept may incorporate spirituality, sexual orientation, gender identity and/or gender expression
 - Cisgender - Refers to individuals having a gender identity that is congruent with one's sex assigned at birth (e.g. both sex assigned at birth and gender identity are female)
 - Heterosexism - Discrimination or prejudice against homosexuals on the assumption that heterosexuality is the normal sexual orientation.
 - Cissexism - Set of acts and norms that privilege cis people and/or oppress trans people. More broadly, cissexism is the appeal to norms that enforce the gender binary, and gender essentialism, resulting in the oppression of gender variant, non-binary and trans identities
 - "Passing" - Applies to a transgender individual who is generally perceived as cisgender. Typically, passing involves a mixture of physical gender cues (for example, hair style or clothing) as well as certain behavioral attributes that tend to be culturally associated with a particular gender
 - TERF - Short for "trans exclusionary radical feminist". The term is used by trans advocates to describe feminists who oppose the inclusion of trans women in female spaces and organizations, whereas those it is applied to see it as a mischaracterization of their positions and a slur
- How can individuals be an ally to Trans persons?
- Fostering a gender affirming environment
 - Training all staff on Trans inclusion
 - Employ Trans persons

• Updates

I. Other presentations/speakers - Jill

- No updates at this time

II. Vicarious Trauma Workshop - Lori

- The workshop had 47 attendees of the 85 who registered

III. Standardization Updates - Lori

- Lori Dunne has a new role
- Work on standardization will be split with Karen Demiline
- Lori Dunne will continue to write the Integrated Service Delivery models with the LHIN and provide consultation
- Karen Demiline will take on continuum of care for crisis services and any new projects that stem from this work

IV. System Gap Analysis – Lori

- Some individuals have expressed interest in participating
- Lori Dunne will be setting a meeting date in the new year
- Anyone else interested in attending, contact Lori Dunne
- This meeting may be held at West 5th campus

V. Membership Engagement – Lori

- There are no updates at this time

VI. CTO Project - Karen McLeod

- The submitted proposal is still being reviewed
- Once proposal is approved, Lori Dunne will send email about focus group meeting

• Program Updates

- There are no updates at this time

• Case Reviews

- 8 cases were discussed
- 1 case was closed
- 1 new case was added