2019 Provincial Conference

COLOURING OUTSIDE THE LINES

Innovations and Creative Community Responses

November 4 - 6
**LOBBY LEVEL**

York and Simcoe Rooms are located on the Lobby Level, across from Starbucks.

**SECOND FLOOR**

The Governor General Room is located on the Second Floor by the Fitness Centre.
Dear Attendee:

Welcome to the Human Services and Justice Coordinating Committee Bi-annual Conference, Colouring Outside the Lines: Innovations and Creative Community Responses.

Colouring outside the lines encourages us to look beyond societal barriers and help those with diverse needs. Our clients are marginalized and multi-layered, and to assist them we must challenge ourselves to see beyond barriers, silos and fiscal restraints. Colouring outside the lines encourages us to create innovative approaches, unique collaborations and new structures that will bring hope to our clients.

Over the next three days, we hope you will take advantage of this opportunity to learn from one another, enjoy hearing from experts in our field and have relevant discussions on the topics that mean so much to us all.

We are very pleased to be joined by four exceptional keynote speakers – Stéphane Grenier, Mental Health Innovator; Jonathan Rudin, Program Director, Aboriginal Legal Services; Phil Borges, Documentary Film Maker, CRAZYWISE film; and Michael Bryant, former Attorney General and Author of 28 Seconds. Also, as part of our program, we have two keynote panels and over 30 concurrent sessions.

We would like to acknowledge and thank our presenters for the time and effort they have put into developing our sessions. We have a great program lined up for everyone thanks to their involvement. With that, we would like to thank our conference planning co-chairs, Trevor Tymchuk and Alice Bellanvance and the rest of the conference planning committee who were the drivers of our program. This team worked tirelessly to develop an event that captures the interests of our diverse network.

Lastly, we would like to extend a huge thanks to you, our conference attendee, for taking the time to join us for this event. We look forward to spending time with you over the next three days and hope you enjoy the conference!

Sincerely,

Katie Almond
Co-Chair, PHSJCC

Sara Dias
Co-Chair, PHSJCC
About the HSJCC Network

The Human Services and Justice Coordinating Committee (HSJCC) Network was established in 1997 in response to a recognized need in the province to coordinate resources and services, and plan more effectively for people who are in conflict with the law. Priority consideration is made for, but not limited to, people with a serious mental illness, developmental disability, acquired brain injury, substance use issues, and/or fetal alcohol spectrum disorder. The HSJCCs are a cooperative effort of the Ministries of the Attorney General, Children, Community and Social Services, Health and the Solicitor General.

Each HSJCC is a voluntary collaboration between social service organizations, community mental health and addictions organizations and partners from the justice sector. There are 14 Regional HSJCCs who work to improve the issues that impact clients regionally who require human services as they navigate through the criminal justice system. Over 30 Local HSJCCs provide education and training for their members, coordinate care for justice-involved individuals in their communities and provide input to regional committees.

The Provincial HSJCC (PHSJCC)

The PHSJCC functions as a planning body, supporting the individual and collective efforts of the Local and Regional HSJCCs. The PHSJCC also identifies and addresses provincial service and policy issues, makes recommendations, and identifies system level solutions. Composed of regional members, representatives from the four supporting provincial ministries, and partner stakeholders, it is dedicated to education and training, provincial policy projects and system change initiatives.

The HSJCC Secretariat

The PHSJCC is supported by the HSJCC Secretariat which is housed at the Canadian Mental Health Association, Ontario. The Secretariat supports the HSJCC Network by coordinating province-wide projects, providing policy analysis support, and assisting with the administration of mailing lists, work planning, annual reports and member engagement activities. The Secretariat also assists with training and knowledge exchange activities, including webinars, newsletters and informational guides which are all made available on the HSJCC website.

To learn more about the HSJCC Network and explore the work that HSJCCs do, visit www.hsjcc.on.ca.

HSJCC Secretariat: (from the left) Tasha Rennie, Joseph Szamuhel, Christine Conrad, Candace Vena
2019 PHSJCC Membership

Co-Chairs
Katie Almond and Sara Dias

Regional HSJCC Representatives (Voting Members)

Hamilton/Niagara/Brant/Haldimand/Norfolk Regional HSJCC
Champlain Regional HSJCC
Durham Regional HSJCC
Haliburton/Kawartha Lakes/Pine Ridge Regional HSJCC
Halton Regional HSJCC
North East Regional HSJCC
North West Centre of Responsibility
Peel Regional HSJCC
Simcoe Muskoka Regional Network
South East Regional HSJCC
South West Regional HSJCC
Toronto Regional HSJCC
Waterloo-Wellington Regional HSJCC
York-South Simcoe Regional HSJCC

Support
Communications and Knowledge Exchange Committee
Trevor Tymchuk (Chair)

Policy Support
Christine Conrad (CMHA Ontario)

HSJCC Secretariat
Joseph Szamuhel (Project Manager)
Candace Vena (Network Coordinator)
Tasha Rennie (Communications and Engagement)

Ministry Representatives (Ex-Officio)
Correctional Service Canada
Ministry of Children, Community and Social Services
Ministry of the Solicitor General
Ministry of Health
Ministry of the Attorney General

Other Members (Ex-Officio)
CMHA Ontario Division
Community Networks of Specialized Care
Connex Ontario
Legal Aid Ontario
Ontario Association of Chiefs of Police
Ontario Provincial Police
Forensic Directors Group
Centre for Addiction and Mental Health
Justice for Children and Youth
John Howard Society of Ontario
News and Updates

Recent Achievements of the Provincial HSJCC

Every two years, the Provincial HSJCC (PHSJCC) hosts a provincial conference in Toronto. In 2017, the conference, *Walking the Path: Finding a Way to Wellness*, brought together over 400 individuals representing 139 organizations and 64 communities from across Ontario. The PHSJCC was very pleased to be able to provide members from the human services and justice sectors with an opportunity to share promising practices, build cross sector networks, and engage in solutions for the priority populations they serve.

The PHSJCC has worked to deliver monthly province-wide educational webinars. The webinars cover a wide range of topics of interest to HSJCC members from across the human services and justice sectors. These webinars are a great resource for the HSJCC Network and are consistently well-attended by members. The PHSJCC webinars are recorded and available for viewing on the HSJCC website [www.hsjcc.on.ca](http://www.hsjcc.on.ca).

The HSJCC Newsletter is released on a bi-monthly basis to the full HSJCC Network. The newsletter provides updates on PHSJCC projects, Local and Regional HSJCC initiatives and partner ministries and stakeholders.

The issue of older adults and their interactions with the criminal justice system has been consistently identified as a priority by the HSJCC Network in recent years. In response to this, the PHSJCC has been working on developing a navigational guidebook for older adults and adults with age-related conditions who are involved with the justice system. With the help of subject matter experts and persons with lived experience, this guidebook aims to help care partners and service providers support older adults involved in the justice system by promoting appropriate resources and best practices. Information about the Older Adults and the Justice System Guidebook is available on the HSJCC website.

Since 2012, the PHSJCC has been leading work on a province-wide project to examine issues relating to police-hospital transitions, as well as innovative practices adopted by police forces and hospitals throughout Ontario. This work involved producing two resources, *Police-Hospital Transitions: A Framework for Ontario and Tools for Developing Police-Hospital Transition Protocols in Ontario*. On June 3, 2019, the Solicitor General and Ministry of Health jointly endorsed and recommended the use of the Framework and Toolkit. These resources are now available for download in English and French. To mark the release of these resources, a Police-Hospital Transitions Provincial Education Forum was held in Toronto, bringing together leaders from the policing and health care sectors.
Special Events

Book Signing: Stéphane Grenier
Monday, November 4
10:30 a.m. - 11:00 a.m. // Toronto Ballroom Foyer

Stéphane Grenier’s autobiography *After the War: Surviving PTSD and Changing Mental Health Culture* tells his story from the day he landed in the midst of the Rwandan genocide, through his journey of changing mental health culture in the Canadian military, developing national Guidelines for Peer Support with the Mental Health Commission of Canada, all the way to creating Mental Health Innovations (MHI); a consultancy that leads innovative and sustainable change in organizations to enhance the mental health of their people.

Book Signing: Michael Bryant
Wednesday, November 6
11:45 a.m. // Toronto Ballroom Foyer

*Mere Addiction* offers an insiders perspective on the fundamentals of alcoholism and addiction, for outsiders and insiders alike.

In *28 Seconds*, Bryant chronicles the fateful aftermath of a late-summer evening in August 2009. He looks at the realities of the adversarial court system and a prison system filled with addicts and the mentally ill, speaking publicly, for the first time, of personal challenges and his own battle with personal demons.

Quiet Room (Fitzgerald Room)
The Quiet Room offers a quiet space for self-care and solitude throughout the conference. We ask that cell phones, food and laptops not be used in this room.
Special Events

Special Ceremony

Tuesday, November 5
9:00 a.m. // Toronto I & II Ballroom

Please join us for a special ceremony with Elder Little Brown Bear.

**Ernest W Matton, (Athehsa Niohkwá:rita:a) (Elder Little Brown Bear)** is a respected Métis Elder, and spiritual ambassador who blends Traditional teachings with mainstream information to provide holistic healing approaches for Indigenous and non-Indigenous community members and professional disciplines. He is a seminar speaker and group facilitator in the areas of Trauma/Addictions/Mental Health, grief, suicide, conflict resolution, forgiveness, mediation, anger release, and Building Healthy Relationships. He is a helper and guide who inspires living in today’s hectic world, bridging culture and professional disciplines to assist people in finding what works with his years of experience in the field, Little Brown Bear makes wellness practices and spirituality simple. Drawing from his academic background, vast work and personal life experiences, he focuses on what works to bring balance and inspiration to everyday life. He is a graduate of Canadore College and Brock University.

Yoga for Wellness and Recovery

Tuesday, November 5 and Wednesday, November 6
7:30 a.m. - 8:30 a.m. // Simcoe Room (Lobby Level)

Begin your conference day with morning yoga! Join us for postures, movements, breathing and music focusing on mind-body health. All levels are welcome and teaching are trauma-informed. Please bring a mat if possible, however extra mats will be available on-site.

**Evonne Sullivan** is a Yoga Teacher & Speaker specializing in mental health and addiction recovery. She is partnered with CAMH, teaching trauma-informed yoga for patients in treatment. Through EvonneSullivan.com and her Yoga for Wellness and Recovery program, she works with various organizations and special events. As a person in long-term recovery, Evonne speaks openly about her journey and how yoga has been fundamental in her ability to manage challenges with anxiety and depression.
CONFERENCE
DAY 1
November 4
# Conference Agenda
## Day 1 // November 4

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<td><strong>A2</strong> Facilitators and Barriers to Building Collaborative and Sustainable Interventions</td>
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<td><strong>A3-1</strong> Addictions: A Systems Approach via Creativity, Mindfulness and Social Innovation</td>
<td>Harris</td>
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<td><strong>A3-2</strong> Supportive Housing within the Circle of Addiction Care</td>
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## Conference Agenda

**Day 1 // November 4**

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<td><strong>B3</strong> Mental Health Engagement and Response Team(MHEART): Why Crisis Response should be Multi-Sectoral and Flexible</td>
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<td>The Importance of Collecting Race-Based Data Across Health Care and Justice Systems</td>
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<td><strong>Moderator:</strong> Renu Mandhane, Ontario Human Rights Commission</td>
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<td><strong>Panelists:</strong> Stacy Clarke, Toronto Police Service</td>
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<td>Notisha Massaquoi, Community Leader</td>
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<td>Kimberly Roach, Legal Aid Ontario</td>
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<td>Dr. Tanya L. Sharpe, University of Toronto</td>
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<td>4:30 p.m. - 6:00 p.m.</td>
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Opening Ceremonies
November 4 // 9:00 a.m. - 9:30 a.m.

Alice Bellavance, RPN
CEO, Brain Injury Services of Northern Ontario (BISNO)

Alice has been with BISNO for 28 years and currently serves as the Chair of the Ontario Brain Injury Association. She has served on many committees and boards, including Connex Ontario, Addictions and Mental Health Ontario, and the District Health Council.

Alice has worked in acute, chronic and long-term care hospital settings. She has also worked in respite care, group home settings for developmentally challenged youth, physically challenged children and youth, services for adults with special needs and in the mental health and addictions sector. She has family life experience with neurotrauma, FASD, mental health and addictions.

Trevor Tymchuk
Chair of the Provincial HSJCC Communications and Knowledge Exchange Committee

Trevor has lived experience of depression, anxiety and schizoaffective disorder. His background includes working as a human resources recruiter, prior to becoming too ill to work on a consistent basis. Since then, Trevor has volunteered part-time as a way of giving back to the community.

Most of his experience has been in the mental health sector, including on the board of North Shore Community Support Services. He has served on many local and regional HSJCCs, including as the chair of the Northeast Region which led him to the Provincial HSJCC.

The Honourable Sylvia Jones
Solicitor General of Ontario

Sylvia Jones has served as the Member of Provincial Parliament for Dufferin-Caledon since 2007. Currently she is serving as Solicitor General where she is focused on ensuring Security for the People. Previously, she focused on job creation and celebrating the people of Ontario as the Minister of Tourism, Culture and Sport. Sylvia also served as the Deputy Leader of the Official Opposition from September 2015 to May 2018.

Since being elected in 2007, Sylvia has introduced many pieces of legislation that have been adopted into government legislation and have become law, including the Social Assistance Statute Law Amendment Act, the Aggregate Recycling Promotion Act and the Respecting Private Property Act. Sylvia has lived in Orangeville for over 30 years with her husband David. They are proud parents of two children.
Keynote Speaker
November 4 // 9:30 a.m. - 10:30 a.m.

Stéphane Grenier
Mental Health Innovator

Leveraging the World’s Largest Untapped Mental Health Resource: People

In today’s modern workplace, mental health problems have become the leading cause of disability claims, accounting for 70% of workplace disability management costs in Canada. Stéphane knows the toll mental health problems can take on individuals and workplaces firsthand. Traditionally, mental health difficulties in the workplace have been principally viewed through two lenses: the performance lens and the clinical one. Clinicians treat symptoms and leaders manage behaviours. However, Stéphane has been colouring outside the lines for close to 20 years now by reframing how mental illness is perceived and how those affected are being supported.

Anchored in decades of experience in improving the way large public- and private-sector organizations support their employees, Stéphane offers his audiences pragmatic advice designed to support workplaces in developing corporate cultures of open, non-stigmatizing approaches to mental health and well-being. Blending lived accounts, riveting corporate case studies, leading-edge research and passionate arguments that the status quo is no longer acceptable in the field of workplace mental health, Stéphane makes us ask ourselves, how did we miss the obvious? How did we miss our people?

Stéphane Grenier was recently appointed to the Order of Canada and awarded an honorary Doctor of Laws degree by the University of Guelph and Humber College for his contributions to the field of workplace mental health. Stéphane’s riveting keynotes are not only thought-provoking, but also lead to tangible action and sustainable change for those leaders who are prepared to rethink how they support their people.

His autobiography, After the War: Surviving PTSD and Changing Mental Health Culture, tells his story from the day he landed in the midst of the Rwandan genocide, through his journey of changing mental health culture in the Canadian military, developing national Guidelines for Peer Support with the Mental Health Commission of Canada, all the way to creating Mental Health Innovations (MHI); a consultancy that leads innovative and sustainable change in organizations to enhance the mental health of their people. Today, he and his business partners, along with countless associates, develop non-clinical mental health interventions as a compliment to traditional clinical care for private and public sector organizations, as well as for provincial healthcare systems. Stéphane’s vision is a world where people no longer face barriers to good mental health.
Guidelines for the Development and Implementation of Functional Prescriptions in Forensic Rehabilitation

The functional prescription is a tool that outlines the daily and weekly tasks and life skills that are expected for the client to accomplish and routinely engage in to ensure forward progression in their rehabilitation journey. It is designed to capture the activities expected to be accomplished within a one-week time frame. This allows both the client and staff to monitor a client’s adherence to the agreed upon expectations. The functional prescription is developed via a multidisciplinary and client collaboration, and it is individualized to fit each client’s unique needs. It is also designed to reflect the day-to-day realities and expectations of various community placements in order to encourage discharge readiness and successful community reintegration. We have found that functional prescriptions have also been a great collaborative tool for all multidisciplinary members to participate in. This tool is in the early phases of implementation and we have recently begun to collect data on its effectiveness.

Presenters: Dr. Anik Gosselin, Danielle Hicks, Matt Leblanc, Guillaume Tremblay

Dr. Anik Gosselin is a Forensic, Clinical and Neuropsychologist, clinical professor at the University of Ottawa. She works as a full time psychologist at the Brockville Mental Health Centre. Her research interests focus mainly on better understanding variables impacting cognition and emotion regulation among forensic patients to improve clinical outcomes.

Danielle Hicks is a Social Worker with the Brockville Mental Health Centre. She holds a Bachelor of Social Work and a Minor in Psychology from Carleton University, as well as a Master of Social Work from the University of British Columbia. Danielle has varied experience in health care working in both Ontario and British Columbia, including child protection, acute medicine, intensive care units with both adults and infants, an psychiatry. Her main focus has always been mental health.

Matt LeBlanc is the Manager of Patient Care at the Brockville Mental Health Centre. He Graduated in 2012 form Laurentian University with a Bachelor of Science in Nursing. Currently he is a PhD student with the University of Ottawa, focusing on stigma and violence in Forensic Mental Health.

Guillaume Tremblay recently came to the Royal in September 2018 as the first nurse practitioner to join the Royal Ottawa Health Care Group, and he currently practices at the Brockville Mental Health Centre. He is certified in Medical Cognitive Behavioural Therapy. Guillaume has a Master of Nursing from Athabasca University.
Facilitators and Barriers to Building Collaborative and Sustainable Interventions

Over the past decade, considerable resources have been spent to implement and validate innovative programs and strategies in youth justice. As these evidence-based programs have proliferated and matured, the need for research to understand the conditions and processes necessary to sustain them has also increased. This workshop will present research findings from a pilot study that explored the barriers and facilitators in building a mental health screening model for youth in the justice system. In 2015, the Niagara community launched a new model, the Niagara Youth Court Screening Initiative (NYCSI), where first appearance youth at court are screened for mental health and addiction issues. This intervention has seen great success in Niagara, and has been scaled up in other youth courts across Ontario. The study describes first hand perspectives of personnel and community stakeholders who were involved in developing and implementing the screening model. Participants will learn about the key ingredients that have made this intervention sustainable over time, and they will be able to use this knowledge in developing similar sustainable interventions in their own communities.

Presenters: Marla Banning, Debbie Chiodo, Mike Taylor

Marla Banning is an Implementation Specialist in the Provincial Systems Support Program at the Centre for Addiction and Mental Health. She works on a variety of projects including scaling up Youth Court Screening Initiatives, the implementation of Staged Screening and Assessment Tools and supporting the Youth Wellness Hub in Niagara.

Debbie Chiodo, PhD is an Evaluator at CAMH and a Professor at Western University. Debbie was a co-lead in the evaluation of the Ontario Unified Family Court System, the evaluation of the Office of the Child’s Advocate, and the assessment of province-wide foster care placements for children in child welfare care.

Mike Taylor is currently the Executive Director of Youth Resources Niagara (YRN). This agency provides residential and community based programs/services for the youth justice and children’s mental health systems. Mike consistently engages in community capacity building initiatives that seek to promote and develop strong multi-systemic community organizational ties.
Addictions: A Systems Approach via Creativity, Mindfulness and Social Innovation

Canada has one of the highest rates of Post-Traumatic Stress Disorder (PTSD). Almost 75% of those surviving severe trauma and 50% of males with chronic PTSD have challenges with substance abuse. The psychosocial impact of trauma is complex and affects not only individuals, but families and communal systems in what is called collective trauma. Decreased social capital can result, with individual sense of meaninglessness, familial relationship breakdown, and also a reduction in social and economic transactions. This presentation will display research on social innovation or novel social programs that can profoundly change the social system in which a complex social problem such as addiction occurs, along with results of a study in how creativity and mindfulness can assist in communal healing of collective trauma that can surround addictions. A framework for agencies to use in addressing such complexities will be offered.

Presenter: Mike Unrau

Mike Unrau is currently adjunct faculty at Mount Royal University and a PhD candidate at the University of British Columbia. He researches creativity, social innovation, and how creative mindfulness impacts social change. He has led research projects across the world, including a social lab in India on PTSD, domestic violence and creative mindfulness.

Supportive Housing within the Circle of Addiction Care

This presentation will explore the relationship between CAMH’s Drug Treatment Court program and LOFT Community Services - Mental Health and Justice Supportive Housing. The presenters will discuss the failures and victories, the benefits of having a staff member with lived experience within the program, and how the LOFT program as a whole has embraced the new addition. They will also explore how individuals enter the Drug Treatment Court system and are referred to supportive housing through LOFT.

Presenters: Tony Gordinho, Cylene Rainville

Cylene Rainville, MA - Director, LOFT Community Services. Cylene has worked within the mental health, addictions, and homelessness sectors for over 20 years. Cylene thrives on building effective and innovative partnerships in order to provide exemplary client service.

Tony Gordinho is a Community Support Worker with LOFT Community Services and supports clients in both the MHJI Alternate Level of Care and Drug Treatment Court programs. Tony is the primary worker for all of the current Drug Treatment Court clients and works very closely with the Toronto Drug Court/CAMH team. Tony brings with him a wealth of experience – both professional and lived experience – and is a strong client advocate.
HSJCC: Crossroads in Mental Health Crisis and Law Enforcement

Evolving social, economic and fiscal realities have created a strain in the treatment of mental illness. As a result of this strain, police services often become the first line of contact between a person in crisis and available resources. Police services have had to adapt to this new reality and find collaborative approaches to resolve these difficult and sometimes violent situations. The emergence of mobile crisis teams, situation tables and better training for front line officers has made an impact for some, but the need for a more integrated strategy still exists. This presentation will focus on the York Regional Police integrated strategy which includes all of the above and additional resources including the digitized Brief Mental Health Screener, two full time social workers, a seniors safety unit which specializes in issues such as dementia and vulnerable persons, and Police/Hospitals Relations Committees, as well as other resources and future plans.

**Presenter:** S/Sgt Jason McIlveen

S/Sgt Jason McIlveen has been a police officer for over 20 years with York Regional Police. He is currently the Officer in Charge of the Community Safety and Well-Being Unit which oversees the Mental Health Support Teams, two social workers, Seniors Safety Unit, Vulnerable Persons Registration and Crime Prevention Unit. He has a passion for mental health awareness and loves his job!

Supporting Individuals with Developmental Disabilities through a Justice Clinical Lens

In response to the 2016 Ombudsman of Ontario Report, the Community Networks of Specialized Care set out to create a refreshed mandate with the goal of providing individuals with high support and complex care needs access to effective and timely supports. As a result of this, the role of the Dual Diagnosis Justice Coordinator (DDJC) was improved by strengthening cross-sector partnerships and providing a clinical lens across all sectors to better support individuals with developmental disabilities.

The role of the DDJC is to assist the individual in preparing for all aspects of their court matter using a biopsychosocial approach and principles of Applied Behaviour Analysis when needed. The DDJC works with other court support staff, justice professionals and the individual to ensure they receive the supports they require to experience the justice system in a fair and equitable manner. This process will be highlighted and operationalized by reviewing case examples.

**Presenters:** Marnie McDermott, Courtney Hutson, Vicky Simos

Marnie McDermott is the Network Manager with Community Networks of Specialized Care-Central East. She received her Master of Social Work from McGill University. She has worked in the developmental service sector supporting persons with complex needs for over 30 years.

Courtney Hutson is a Dual Diagnosis Justice Coordinator with Community Networks of Specialized Care (HKPR/Durham). She received her Master of Criminology from Adler University. Courtney has worked for the Psychology Department for Central East Correctional Centre, as well as for Canadian Mental Health Association, HKPR in Justice Services.

Vicky Simos is a Dual Diagnosis Justice Coordinator with Community Networks of Specialized Care (York/Simcoe). She received her Master of Applied Disability Studies from Brock University, specializing in Applied Behaviour Analysis. Vicky is a Board Certified Behaviour Analyst with 12 years’ experience working with children/adolescence/adults with developmental disabilities.
Older Adults and the Justice System

For the first time ever, there are more Canadians aged 65 and older than Canadians below age 15. All areas of the justice system are encountering the older adult population daily and with increasing frequency. Many of these cases pertain to age-related conditions like dementia, mental health conditions, and/or substance misuse. The traditional justice system is not designed to meet the needs of this vulnerable population. The Provincial HSJCC has created a navigational guidebook for older adults and adults with age-related conditions who interact with the justice system. The guidebook will help caregivers and service providers understand dementia and related conditions and the unique needs of this population in the justice system. The guidebook explores housing options, consent and capacity, substitute decision-making, and promotes best practices in policing, courts, forensic mental health and correctional settings. Resources for specific services are highlighted throughout the guide.

Presenters: Katie Almond, Christine Conrad, Sarah Denton, Phyllis Fehr, A.J. Grant-Nicholson

Katie Almond has worked in the criminal justice system for 34 years, 30 of which have been as a Probation and Parole Officer with the Ministry of the Solicitor General. She has worked with a client population that is marked by poverty, homelessness, mental illness, physical and developmental disabilities, and polysubstance use. She is the Co-Chair of the Downtown Toronto HSJCC and Provincial HSJCC.

Christine Conrad is a policy analyst at CMHA Ontario and supports the Provincial HSJCC. Previously, she was program advisor to the Ministry of Health and Long-Term Care and to the former Ministry of Citizenship and Immigration. Christine was called to the bar in 2016 after articling with Legal Aid Ontario.

Sarah Denton graduated with a BScN from McMaster University in 2004. She pursued her passion for mental health working in both the acute and outpatient settings at the Oakville Trafalgar Memorial Hospital. In 2005, Sarah took on the role as the Clinical Resource Nurse on the Adult Psychiatry Inpatient Unit. Soon after, she transitioned to outpatients to assist in the development of an Early Intervention in Psychosis program as a Case Manager. Sarah currently works as the Clinical Intake Lead with North East Behavioural Supports Ontario through the North Bay Regional Health Centre.

Phyllis Fehr M.L.A., R.N., S.A.N.E. was 53 when she was given a working diagnosis of early-onset Alzheimer’s along with possible Lewy Body dementia. She has advocated for change for persons with dementia as an Ontario Dementia Advisory board member, with a focus on government policy. She is also a member of the Advisory Group for the Ontario Dementia strategy and the Early Stage Working Group, the Alzheimer’s board for HBHN, Dementia Alliance International, the Canadian Dementia Priority steering committee, and numerous others.

A.J. Grant-Nicholson, Bsc. (Hons.), J.D. is a Lawyer and Policy Counsel with extensive experience in mental health related law, substitute decision making and capacity litigation. A.J. develops policy and provides strategic advice for Legal Aid Ontario (LAO) as the lead of its Mental Health Strategy. Prior to this position, A.J. worked as a legal aid mental health staff lawyer in the Hamilton/Waterloo/Halton area. A.J. has a Bachelor of Science from the University of Toronto and a law degree from the University of Ottawa.
A Needs Assessment for Planning Mental Health and Justice Housing

For people with justice involvement and mental health or addictions issues, supportive housing can foster stable lives, better health, and reduced service use. But who sets priorities when needs are complex and multiple service systems are involved? CMHA Toronto and Wellesley Institute have partnered with AMHO and the Toronto Alliance to End Homelessness in a community-led initiative. Their 2019 justice-focused project is developing a consensus-based, evidence-informed plan for action in supportive housing. This includes identifying the housing and support needs of this population; documenting successes, gaps, and shortfalls in existing programs; and pointing to priorities and next steps. This project is one component of broader efforts to develop a supportive housing growth plan for Toronto. The workshop will describe this justice-focused work and the resulting findings and recommendations. It will point to funding opportunities, and include reflections on adapting this approach in other Ontario communities.

Presenters: Irma Molina, Frank Sirotich, Greg Suttor

Irma Molina is Peer Program Evaluation Project Coordinator at CMHA Toronto.

Frank Sirotich, PhD. is Director of Research and Evaluation at CMHA Toronto, the former chair of the Scarborough HSJCC and member of the Toronto HSJCC.

Greg Suttor, PhD. is a senior researcher at Wellesley Institute, with focus areas in housing needs, housing policy, and supportive housing.

Mental Health Engagement and Response Team (MHEART): Why Crisis Response should be Multi-Sectoral and Flexible

After years of program reorganization, and re-deployment of resources to meet the needs of individuals in mental health crisis; and coinciding with the creation of the Northumberland County Situation Table, the MHEART program was created. This workshop will share the lived experiences of clients and team members in the development of this innovative and collaborative crisis response program designed to meet the needs of an urban and rural mental health population.

Presenters: Jennifer Cox, Amy Eriksson, Constable Jeremy Foley, Constable Nick Moeller, Matthew Suurd, Emma Taylor

Jennifer Cox has worked in the field of mental health for 20 years, her role is an integrated leadership role with Ontario Shores Centre for Mental Health Sciences, Northumberland Hills Hospital and Campbellford Memorial Hospital.

Amy Eriksson has a Master of Social Work and has been working in the mental health and addiction field for 17 years.

Provincial Constable Jeremy Foley started policing with the OPP in 1994. Jeremy is currently the Mental Health Liaison Officer at the Northumberland OPP Detachment and part of the Mental Health Engagement and Response Team.

Constable Nick Moeller started his career with the Toronto Police Service in 2001. In 2016, Nick transitioned to the Cobourg Police Service and is now the Mental Health Resource Officer.
Matthew Suurd is a Registered Psychiatric Nurse and has been working in mental health for 10 years including forensic, crisis and inpatient programs.

Emma Taylor is a registered nurse and the clinical manager of the Northumberland hills hospital community mental health services. She has spent her entire nursing career focusing on her passion for mental health. She is dedicated to bringing services to clients in rural areas and bridging the gaps to accessing services.

**KOSSS Land Based and Youth Awareness Program**

KOSSS Land Based and Intervention Program helps students refocus their priorities with school and life. It is a place where teachers and elders come in and work with students to help them learn about their identity, history and culture. They also learn about the land through hunting and fishing with lessons and stories that pertain to living in harmony with Creation. Scheduled programming educates students about healthy boundaries, rules, safety, exercises that are based on affirmations, journaling, trust building, life teachings and the creation story. Students do a plan of self-care and look at all the supports that can be accessed and utilized. KOSSS offers a place of safety and security for students to working through issues and provides life skill tools to start and continue personal healing.

**Presenters:** Toinette Kakepetum, Nicole McKay

Toinette Kakepetum is the Well-being Coordinator for KOSSS. Toinette has worked with youth for the last 20 years.

Nicole McKay is a Land Base Program Coordinator. Nicole enjoys working with youth and being out on the land.

**Joint Mobile Crisis Response Pilot Project: Made in Thunder Bay**

The Joint Mobile Crisis Response Pilot Project is an innovative partnership between Canadian Mental Health Association – Thunder Bay, Thunder Bay Police Service, and the Thunder Bay Regional Health Sciences Centre. Crisis workers partner with police to respond to mental health-related 911 calls. This presentation will highlight the Transfer of Care Protocol that was collaboratively developed between police, hospital and crisis response prior to the project launch. This agreement created a shared understanding among community partners about processes and protocols related to transfers of care between police, hospital and crisis response. This presentation will highlight early successes of the project since its launch by sharing data and lessons learned from the perspective of police, hospital and crisis response. Presenters will outline next steps for the pilot project, which include building upon the JMCR project infrastructure to enhance crisis services.

**Presenters:** Lisa Beck, Inspector Ryan Gibson, Evelyne LeBlanc

Lisa Beck is the Director of the Trauma Program, Critical Care, Emergency Services, the Nurse-led Outreach Team at the TBRHSC. She has over 29 years of health care experience, including 11 years as an ICU nurse, 10 years as an Educator, and 8 years as an Admin Program Director.
Inspector Ryan Gibson has served in Patrol, CIB, Intelligence, OPC, and Community Service. He is very proud of a youth group he leads being recognized for volunteerism. He holds a degree in political science and is a retired Canadian Forces member. He is married to Jennifer and has three boys.

Evelyne LeBlanc is the Crisis Response Manager at CMHA Thunder Bay. She has over 19 years of experience as a mental health service provider. Evelyne is a Certified Crisis Worker, a Certified Crisis Intervention Team Coordinator, and a Deescalating Potentially Violent Situations, Police Mental Health and Mental Health Work trainer.

Acquired Brain Injury and Addictions/Mental Health Collaborative

Over several months, a 20-member, multi-sector (hospital and community-based rehabilitation, hospital and community-based mental health and addictions and women's shelter) and lived experience working group in Southeastern Ontario (SEO) met to develop a mechanism for addressing the complex, unmet needs of adults with moderate-to-severe Acquired Brain Injury (ABI) complicated by mental health/addictions issues. The Working Group developed the referral process, inclusion and exclusion criteria, consent process and forms, discussion format, and performance indicators for three new collaboratives that cover the region. The purpose of the ABI and Addictions/Mental Health Collaborative is to develop capacity to address complex, unmet needs using a shared-care model incorporating discussion about sequential/concurrent care. The SEO ABI System Navigator coordinates monthly “rounds,” with Collaborative members, including Physiatry, Psychiatry, Addictions, and community service providers, to address unmet needs of people meeting specified criteria including presence of high-risk factors.

Presenter: Dawn Downey

Dawn Downey has a Master of Arts in Leadership and Training. She worked with a community-based Acquired Brain Injury Rehabilitation and Support service in Southeastern Ontario for almost 30 years, most of that time as the Program Manager. Since recent “retirement” she has been contracted as a project and process facilitator to address team or system issues. Dawn was hired for one year for what became the ABI and Addictions/Mental Health Collaborative.
Keynote Panel
November 4 // 3:00 p.m. - 4:00 p.m.

The Importance of Collecting Race-Based Data Across the Health Care and Justice Systems

This panel discussion will focus on the importance of collecting race-based data across the health care and justice systems in Ontario. The collection of race-based statistics is critical in order to improve interactions for racialized populations with mental health and addictions issues and increase awareness about the impact of racialization on the health care and justice systems. It is also important to track the pathways of racialized populations and increase transparency within the justice system; and to provide helpful information that could be used in the development of criminal justice, health and social policy.

The panel discussion aims to facilitate cooperation between sectors, improving police, court, corrections and health care relations with our client population and eliminating harms or fatalities in the future. Each panelist will share the critical issues, options and recommendations from their professional vantage point, as well as from their lived experience as members of racialized communities in Ontario.

Renu Mandhane (Moderator)
Chief Commissioner, Ontario Human Rights Commission

Renu Mandhane was appointed Chief Commissioner of the Ontario Human Rights Commission in October 2015. She is the former Executive Director of the award-winning International Human Rights Program at the University of Toronto, Faculty of Law. She has an LL.M in international human rights law from New York University. Renu began her practice focused on criminal law, and in that capacity, she represented many survivors of sexual violence and prisoners. Renu has appeared before the Supreme Court of Canada and the United Nations. Most recently, Renu was recognized by Canadian Lawyer Magazine as one of Canada’s most influential lawyers for her advocacy related to solitary confinement.
Inspector Stacy Clarke

Inspector Stacy Clarke is the second in command at 14 Division, which includes priority and community response officers, district special constables, civilian and auxiliary members. She was a co-chair of the Police and Community Engagement Review (PACER) for the Toronto Police Service.

Stacy’s diverse policing career has included working in primary and community response units, intelligence, homicide, criminal investigative bureau, professional standards and the Toronto Police College. She is known for implementing the Province’s Street check Legislation. This was one of her many accomplishments as Master Trainer and Controller of legislation 58/16 – The Collection of Identifying Information in Certain Circumstances. She continually communicates her honest belief in the advancement of policing and efforts to reinforce community trust and, simultaneously, effective policing. Stacy is a believer in continued education. She has received a Bachelor of Arts Degree in Criminology and has completed many leadership programs such as the FBI Leeda Trilogy. She is a 2018 Civic Action Fellow and is one of the 100 Accomplished Black Canadian Women for 2018.

Stacy gives much of her success to her strong Jamaican upbringing and remains most proud of her two children, Jahnya and Kafany. Inspector Clarke often speaks to the importance of being determined with direction. In 2017, she created her why statement that reads in part, “My goal is not to live forever but to create something that will”.

Notisha Massaquoi

Notisha Massaquoi is originally from Sierra Leone and is a highly respected expert in designing programs and services which aim to increase access to primary healthcare for Black women. During her lengthy career she has facilitated the development of several health organizations for Black communities in Canada including Africans in Partnership Against AIDS and the African Resource Centre. She recently retired after 21 years as the Executive Director of Women’s Health in Women’s Hands which is the only community health centre in Canada which specifically provides primary healthcare for racialized women. Her research and numerous publications have focused on the use of health equity data to improve health outcomes for Black women as well as the impact of racism on the health and well-being of Black communities. Notisha is currently a lecturer at the Ryerson University Faculty of Social Work and she is the Co-Chair of the Anti-Racism Advisory Panel of the Toronto Police Services Board which was recently responsible for producing the first mandatory race based data collection policy for a police service in Canada.
Keynote Panel
November 4 // 3:00 p.m. - 4:00 p.m.

Kimberly Roach
Racialized Community Strategy Lead, Legal Aid Ontario

Kimberly Roach joined Legal Aid Ontario (LAO) in 2015 as policy counsel and lead of LAO’s Racialized Communities Strategy. Prior to her arrival at LAO, she was at the Rexdale Community Legal Clinic where she was staff lawyer for 4 years. While at the Rexdale Community Legal Clinic, Kimberly assisted in development of holistic strategies that leveraged partnerships with community agencies and LAO to address the needs of low income and vulnerable individuals. Kimberly has worked as a legal service provider in all regions of the province (GTA, North Central East and Southwest) served by LAO, and is keenly aware of the issues faced by racialized and vulnerable communities in different areas of the province.

In addition to an LL.B from the University of Ottawa, Kimberly also holds a B.A. Honours in History and Political Science and an M.A. in History with a focus on the African Diaspora.

Tanya L. Sharpe
Associate Professor, Factor-Inwentash Faculty of Social Work
University of Toronto

Tanya Sharpe joined the Factor-Inwentash Faculty in July 2018 after serving as an Associate Professor at the University of Maryland, Baltimore School of Social Work for 11 years. She received her Ph.D. in Social Work from Boston College located in Boston, Massachusetts.

Dr. Sharpe is a community-based researcher who is passionately committed to the development of culturally responsive approaches and sustainable opportunities allowing Black communities to thrive in the face of homicide violence. Her research examines sociocultural factors that influence the coping strategies of Black family members and friends of homicide victims. She has developed culturally appropriate interventions and best practices designed to assist African-American survivors of homicide victims in the management of their grief and bereavement. Her comprehensive Model of Coping for African-American Survivors of Homicide Victims (MCAASHV) (Sharpe, 2015) has informed the development of a psychosocial educational intervention (Sharpe, Iwamoto, Massey & Michalopoulos, 2018), and a tool of measurement designed to assess the needs and coping strategies of African American survivors of homicide victims.

Dr. Sharpe currently holds the Endowed Chair in Social Work in the Global Community at the Factor-Inwentash Faculty of Social Work.
## Conference Agenda

### Day 2 // November 5

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<td>Toronto Foyer</td>
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<td>7:30 a.m. - 8:30 a.m.</td>
<td><strong>YOGA FOR WELLNESS AND RECOVERY</strong></td>
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<td>8:00 a.m. - 9:00 a.m.</td>
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<td><strong>BP1</strong> Psychosocial Characteristics of Persons Seen in a Rural Mental Health Court Clinic</td>
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<td><strong>BP2</strong> Mobile Integrated Team: Creating Capacity through Mobile Response</td>
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<td><strong>BP3</strong> Survivors of Homicide Victims and Mental Health</td>
<td>Carmichael / Jackson 29</td>
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<td>9:00 a.m. - 10:00 a.m.</td>
<td><strong>SPECIAL CEREMONY AND KEYNOTE SPEAKER</strong></td>
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<td><strong>Elder Little Brown Bear</strong> Métis Elder</td>
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<td><strong>Jonathan Rudin</strong> Program Director, Aboriginal Legal Services</td>
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<td><strong>C1</strong> System Navigation in a Complex World – SURPRISE it’s NOT Broken!</td>
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<td><strong>C2</strong> Alternative Resolution Court – How Do We Spell SUCCESS?</td>
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<td><strong>C3</strong> Mobilizing Communities, Preventing Harm: The North West Community Mobilization Network</td>
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<td><strong>C4</strong> Mobile Crisis Response Teams in Ontario: A Provincial Framework and Toolkit</td>
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<td><strong>C5</strong> Innovative Treatment Program Addressing the Needs of Under Served, Very Diverse Populations (Personality Disorders and IDD/ASD)</td>
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<td><strong>C6</strong> Fetal Alcohol Spectrum Disorder: From an Understanding to a Framework</td>
<td>Lismer 34</td>
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<td><strong>C7</strong> Changing The Conversation</td>
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<td><strong>D2</strong> The Implementation of an Integrated Psychological Therapy Approach</td>
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<td><strong>E2</strong> Down the Rabbit Hole</td>
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<td>3:15 p.m. - 5:00 p.m.</td>
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<td>5:00 p.m. - 6:00 p.m.</td>
<td><strong>FIRESIDE CHAT WITH PHIL BORGES, CREATOR OF CRAZYWISE FILM</strong></td>
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BP1-BP3 Breakfast Sessions
November 5 // 8:00 a.m. - 9:00 a.m.

Psychosocial Characteristics of Persons Seen in a Rural Mental Health Court Clinic

A presentation of preliminary findings from the implementation of a rural Mental Health Court Clinic (MHCC) established in January 2018. The MHCC caters to the mental health treatment needs of persons going through the court system. This presentation will describe the psychosocial correlates of clinic participants, the clinic process, organizational characteristics and challenges of an innovative restorative community justice intervention.

Presenters: Dr. AG Ahmed, Krista Biccum, Stacey Shanks, Shawn Souder, Ute White

Dr. AG Ahmed is a forensic psychiatrist at the Royal Ottawa Health Care Group and a Clinical Investigator at the Institute of Mental Health Research. Formerly the Associate Chief of Psychiatry and clinical head of forensic psychiatry at the ROHCG, Dr. Ahmed is a consultant to the Therapeutic Justice Program (TJP) of LLGAMH and an Associate Professor in the Department of Psychiatry at the University of Ottawa. An Adjunct Professor of Psychiatry at Queen's University, Dr. Ahmed’s practice and research interests include the assessment and treatment of patients with major mental disorder, personality disorders, psychopathy, dysfunctional anger and aggression.

Krista Biccum has been working in mental health for over 16 years in a number of different positions. As the Adult Court Support Caseworker, she provides consultation, assessment, court diversion plans, court education, and mental health referrals to individuals experiencing mental health concerns who are residents of Leeds Grenville or have been charged with an offence in Leeds & Grenville. Krista has provided numerous presentations on both mental illness, as well as suicide. In addition, she has received training in suicide intervention and is a facilitator for the Self Abuse Finally Ends program.

Stacey Shanks has been working in the mental health and addiction field since 2004. She has a BA Honors in Psychology with Criminology concentration and a Masters of Education with a concentration in Educational Counselling both from the University of Ottawa. Stacey has worked with justice clients since 2006 in Ottawa, Toronto, and Lanark Leeds-Grenville. She has been employed with Lanark Leeds-Grenville Addictions and Mental Health since 2015 and most recently has been the counsellor to the Drug Treatment Court and Mental Health Court Clinic.

Shawn Souder has been working in the field of mental health for over 25 years. After several years of employment as a social worker in the field of geriatric psychiatry, he then held a variety of leadership positions in both hospital and community settings. Shawn joined Lanark Leeds and Grenville Addictions and Mental Health in 2015 and has collaborated with justice partners to develop and implement the Therapeutic Treatment Court Programs across Lanark Leeds and Grenville.

Ute White studied nursing in Germany and worked in psychiatry and forensic psychiatry for over 20 years. In 2005, she immigrated to Canada and is employed with Lanark Leeds & Grenville Addictions and Mental Health since 2006. In 2017, Ute started working with clients in Drug Treatment Court and Mental Health Court and has been the case manager for both programs.
Mobile Integrated Team: Creating Capacity through Mobile Response

The Mobile Integrated Team (MIT) is a joint pilot project between Lutheran Community Care Centre, Community Living Thunder Bay and Options Northwest. They provide a flexible and responsive model of support to adults with developmental disabilities and other multi-sector, complex needs in the community of Thunder Bay. This program supports individuals who do not traditionally access mainstream services and are living independently to access community supports and services that will enrich their lives. With a determined focus on community collaboration, MIT strives to increase access and grow the relationship between individuals and community organizations.

**Presenter: Madison Schell**

**Madison Schell** graduated with honours from the Social Service Worker program at Confederation College. She is currently completing her Honours Bachelor of Indigenous Social Work at Laurentian University. Madison is a former student leader and President of the College Student Alliance. She began working with the MIT as an Adult Protective Service Worker supporting an individual in the community. She joined the MIT as Coordinator in May 2019.

**Obie Egbuchulam** joined the MIT in September 2018. Obie has worked as a supervisor at the Out of the Cold program, a seasonal homeless shelter, since its inception. Obie has an undergraduate degree in Communications, a Post Graduate Diploma in Business and started a Masters program in Public Policy and Administration at Adler University.

Survivors of Homicide Victims and Mental Health

Family members and friends of victims of homicide violence face mental, physical, and spiritual health challenges as they learn to survive without their loved one. However, research has historically focused on perpetrators and victims of homicide violence and has neglected to examine the post-homicide experiences of surviving family members and friends. The scarcity of research further perpetuates disparities in mental health and leaves policy makers and practitioners with little data to develop culturally responsive and evidenced-based interventions. Dr. Tanya Sharpe and her team at the Factor-Inwentash Faculty of Social Work at the University of Toronto, CMHA Ontario and other partners collaborated to engage with survivors of homicide victims and their service providers across the province. This presentation will advance participants’ understanding of the needs of this population, identify promising culturally relevant approaches to practice and determine where supports are needed to serve specific populations.

**Presenters: Uppala Chandrasekera, Dr. Tanya L. Sharpe**

**Uppala Chandrasekera**, M.S.W., RSW, is the Director of Public Policy at CMHA Ontario, where she provides leadership in six program areas. Through her research, published writings and work in the community, Uppala examines the impact of the lived experience of discrimination and racism on the health, mental health and well-being of marginalized populations.

**Dr. Tanya Sharpe** is an Associate Professor and the Factor-Inwentash Chair in Social Work in the Global Community, at the Factor-Inwentash Faculty of Social Work, University of Toronto. She has extensive training and interdisciplinary practice and research experience related to the development and implementation of community based violence prevention and intervention strategies.
Jonathan Rudin
Program Director, Aboriginal Legal Services

The TRC and the MMIWG – How Can We Work for Justice for Indigenous People in the Criminal Justice System?

Both the Truth and Reconciliation Commission of Canada (TRC) and the National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG) highlighted the fact that the Canadian justice system (criminal, family and civil) continues to perpetuate injustice towards Indigenous people. The justice system is made up of many different actors – some who play larger roles than others – but all of whom have a responsibility to work to meet the challenges set by the TRC and the MMIWG.

Continuing on the present path is unacceptable – what does it mean to really do things differently? Jonathan Rudin shares his perspective on how we can fulfill these responsibilities based on his experiences at Aboriginal Legal Services.

Jonathan Rudin received his LL.B. and LL.M. from Osgoode Hall Law School. In 1990, he was hired to establish Aboriginal Legal Services and has been with ALS ever since. Currently, he is the Program Director. Mr. Rudin has appeared before all levels of court, including the Supreme Court of Canada representing ALS in R v. Ipeelee (among other cases).

At ALS he helped establish the Community Council – the first urban Aboriginal justice program in Canada in 1992, and in 2001 helped establish the Gladue (Aboriginal Persons) Court at the Old City Hall Courts in Toronto.

Mr. Rudin has written and spoken widely on issues of Aboriginal justice. His book, Indigenous People and the Criminal Justice System, was released by Emond Publishing in 2018.

Mr. Rudin also teaches on a part-time basis in the Department of Liberal Arts and Professional Studies at York University. Last but not least, he plays the mandolin and sings with Gordon’s Acoustic Living Room, a group that plays regularly in Toronto and has a number of videos on YouTube.
System Navigation in a Complex World – SURPRISE it’s NOT Broken!

System Navigation/Service Resolution regularly assembles service providers and organizational management representing a range of sectors (e.g., mental health, addictions, housing, police, family services, and other community services) to strategize on ways to meet the needs of individuals who are having the most serious difficulties. System Navigation/Service Resolution is by design very individualistic in focus. It supports front-line workers in collaborative problem solving, facilitates interagency case conferencing, and, when necessary, triggers system level interventions, all at the level of individual cases. Using a mock case conference style, this presentation will identify how this process works and the outcomes that it has provided for youth in the Peel region.

**Presenter:** Kim Paumier

Kim Paumier has been working in Mental Health and Addictions for over 23 years and has been the System Coordinator for complex youth in Peel since the inception of that role over 5 years ago.

Alternative Resolution Court – How Do We Spell SUCCESS?

The Peel Alternative Resolution Court is a collaborative approach in a “therapeutic judicial” environment at the A Grenville and William Davis Court. ARC supports individuals who are living with mental illness, developmental and intellectual delay, dual diagnosis, concurrent disorders, acquired brain injury and age related illnesses who come into contact with the justice system. The aim of this court is to redirect individuals from the criminal justice system to community and social supports. This process promotes recovery and reduces recidivism by approaching people with respect and dignity thus empowering positive change. The presenters will outline the collaborative approach created in this court for vulnerable people and for those who may not fare well in the regular court stream. Not all who attend ARC will complete their matters without sanctions, although they may be better suited, supported and served in our smaller, more intimate environment.

**Presenters:** Christine Lund, Karen McCallum, Justice of the Peace Karen Marie Murphy, Justice Paul O’Marra, Lucy Rasmussen, Shelly Schneider

Christine Lund is a Criminal Defence lawyer in Dufferin - Peel. Her practice focuses on representing vulnerable adults and youth who come in conflict with the criminal justice system. Christine has been a long term member of the Alternative Resolution Court Committee at the A Grenville and William Davis Court in Brampton courthouse and is a current member of the Peel HSJCC.
Karen McCallum is a Court Liaison officer at the A Grenville and William Davis Court. She has been working as a civilian officer with Peel Regional Police for 15 years, including 8 years as a Prisoner Escort officer. Karen began her 26 year career in corrections as a Correctional Officer with the Ministry of Safety and Corrections. She worked as a correctional officer and recreational officer at Maplehurst Correctional Complex and Metro West Detention Centre. Karen is a member of the Alternative Resolution Court Committee and the Peel Regional HSJCC. Most recently, she provided input on the Provincial Older Adults and the Justice System Project.

Justice of the Peace Karen Marie Murphy was a member of Peel Regional Police from 1987 until her appointment to the bench in 2011. During that time, she was a Special Constable assigned to the Police Bureau at Davis Court, and she worked consistently with the Mental Health Court in Brampton. Her Worship Murphy is a lifetime member of the Canadian Mental Health Association Peel Branch since 2002 and held the position of Chair prior to joining the bench. She has also served on the Board of the Canadian Mental Health Association – Ontario Division.

The Hon. Justice Paul T. O’Marra has been a judge of the Ontario Court of Justice since December 2016 and is based at the Brampton courthouse. He graduated from McMaster University with Honours and the University of Windsor Law School. He articled for the law firm of Blenkarn & Roche. In 1992, His Honour was called to the Bar and joined the law firm of O’Marra & O’Marra (renamed O’Marra and Elliott in 2000). From 2005 until his appointment, Justice O’Marra was legal counsel to the Peel, Halton, Niagara, Guelph and York Regional Police Associations. In 2013, Justice O’Marra received the Queen’s Diamond Jubilee Medal for “making a significant contribution to the policing community within Canada”.

Lucy Rasmussen was called to the bar of England and Wales in 2005. She practised Criminal law as prosecution and defence and Civil law with a speciality in personal injury. In 2007, she met her husband whilst skiing in Banff and began the process of converting her licence to practice law in Ontario. She was called to the Law Society of Upper Canada in 2012. She was hired by the Peel Crown Attorney’s office in 2014 and is the Lead Mental Health Crown. She has a family history of addictions and mental health issues and is involved in the Peel HSJCC and the Alternative Resolution Court committees.

Shelly Schneider is the Manager of the Mental Health and Justice and SystemWise teams with the Canadian Mental Health Association Peel Dufferin Branch. In 1994, she began her career with the John Howard Society in the Supervision Services Program and joined CMHA Peel in 2007. She heads a team of 13 who work in the areas of Court Support, Release from Custody, Pre and Post Charge Mental Health Diversion and System Navigation at the A Grenville and William Davis and Dufferin County courthouses. Shelly is the Chair of the Peel HSJCC and a member of the Provincial HSJCC and Executive Committee.

**Mobilizing Communities, Preventing Harm: The North West Community Mobilization Network**

This presentation will provide an overview of the Northwest Regional Centre of Responsibility (formerly the Northwest Regional HSJCC). It will explain how the Kenora Rainy River District HSJCC and Northwest Regional HSJCC integrated principles of the Hub/Situation Table model into its HSJCC structure. Presenters will share local data and experiences from mobilized Situation Tables in Kenora and Thunder Bay. They will highlight key successes that resulted from this alignment, including increased membership engagement, better collaboration and improved coordination of services for people with complex needs in conflict with the law. Presenters will discuss how data from Situation Tables and other local planning tables has been used to support and identify emerging systemic issues for discussion using the Northwest Regional Centre of Responsibility Issues Management Framework.
**Presenters:** Constable Robert Bernie, Sara Dias, Mariah Maddock

**Constable Robert Bernie** is a Community Mobilization Officer with OPP Kenora Detachment. Bob is married to Tracey and has two children (Emily, 24 and Jack, 21). He is an advocate of proactive/upstream/evidence-based crime prevention strategies.

**Sara Dias**, MSW is the Executive Director of CMHA Kenora, Co-Chair of the RISK Steering Committee, Northwest Regional Centre of Responsibility (COR), KRRD-HSJCC; Provincial HSJCC. She also serves as Chair of the Kenora Police Services Board. Sara was instrumental in establishing the Mental Health Court in Kenora.

**Mariah Maddock**, MPH is the North West Community Mobilization Network Coordinator. She supports the Northwest Regional Centre of Responsibility (formerly known as NWR-HSJCC). Mariah was instrumental in mobilizing the Thunder Bay Situation Table and contributed to a regional engagement strategy to mobilize Situation Tables in the District of Thunder Bay.

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**Mobile Crisis Response Teams in Ontario: A Provincial Framework and Toolkit**

Over the past 20 years in Ontario, there has been ongoing development and implementation of collaborative crisis response teams that involve police and mental health and addictions service providers responding to front line crises. While great successes have been seen, there remains significant variance in existing collaborative crisis models across the province which has created challenges in evidence-based evaluation and sustainable funding. In January 2019, a cross sector, multi-disciplinary team emerged to begin to research, analyze and collect data around promising practices from these varying models. This presentation will provide an overview of the Collaborative Crisis Response Model Provincial Working Group and their work to date including a draft framework and toolkit that offer core components and common approaches for successful development and/or enhancement to these models. These will support a more effective response from the 9-1-1 call through the continuum of services for persons experiencing mental health and/or addictions crisis.

**Presenters:** Christine Conrad, Lisa Longworth, Brooke Young

**Christine Conrad** is a policy analyst at CMHA Ontario and supports the Provincial HSJCC. Previously, she was program advisor to the Ministry of Health and Long-Term Care and to the former Ministry of Citizenship and Immigration. Christine was called to the bar in 2016 after articling with Legal Aid Ontario. She is co-chair of the Provincial Working Group for Collaborative Crisis Response Models.

**Lisa Longworth** is a Program Analyst who began work with the OPP after 26 years in the social services sector mental health and addictions, and her last 10 years in clinical work. Her role with the Ontario Provincial Police Community Safety Services is as the Provincial Lead to support the ongoing community collaboration between police and their valued partners in mental health and addictions. She is co-chair of the Provincial Working Group for Collaborative Crisis Response Models.

**Brooke Young** is the Director of Service at CMHA Waterloo Wellington supporting Mental Health and Justice services, Integrated Police and Crisis Teams, Here 24/7 and Peer Support and Self Help services. Brooke has worked in a variety of areas including Child Protection, Sexual Assault Treatment, Children’s Mental Health, Crisis Intervention, LGBTQ Services and System Planning. As a social worker with a previous career in information technology, Brooke is always looking for new ways to improve services and leverage technology to support better quality care.
Innovative Treatment Program Addressing the Needs of Under Served, Very Diverse Populations (Personality Disorders and IDD/ASD)

Individuals with dual diagnoses of mental health and intellectual disability and/or an autism spectrum disorder are denied access to Ontario Ministry of Health and Ontario Ministry of Children, Community and Social Services funded community rehabilitation supports. Individuals who have a reputation of difficult to manage behaviour and diagnoses on the personality disorder spectrum are also denied access to programs. Often these unsupported individuals are either on the brink of or have received criminal charges. The Justice Services and Dual Diagnosis programs at CMHA Nipissing offer a unique emotion regulation skills development program bringing together these diverse populations. This presentation will provide the audience with concrete tools and innovative ideas that have successfully been used at CMHA Nipissing to divert criminal charges.

Presenters: Amy Betzner-Massana, Stacy Talbot

Amy Betzner-Massana is a Registered Psychotherapist employed as a clinician in the Dual Diagnosis Program at CMHA Nipissing. She has completed her degree in Disability Studies at Ryerson University and the Habilitative Mental Health certification program at Brock University.

Stacy Talbot is a Registered Social Services worker who has been working in the mental health field for the past 30 years. She is employed as a Court Diversion Case Manager at CMHA Nipissing.

Stacy and Amy have been providing modified DBT sessions to diverse populations for several years.

Fetal Alcohol Spectrum Disorder: From an Understanding to a Framework

Fetal Alcohol Spectrum Disorder (FASD) is an invisible brain-based disability that arises due to prenatal alcohol exposure. FASD one of the leading causes of developmental disabilities in North America. Understanding the structural changes in the FASD brain will allow for a better understanding of the cognitive/behavioural difficulties witnessed in the child’s environment, including interactions with the justice system. The rate of FASD among the inmate population is approximately 28 times higher than in the general population. Youth with FASD are 19 times more likely to be confined than their non-affected peers. Those in human services who have a good understanding of FASD and relevant strategies are better able to provide a supportive environment that will enable success. The learning objectives of this session include gaining an understanding of the impact of FASD on brain domains, the characteristics of someone with FASD and a framework to use with individuals with FASD.

Presenter: Meera Sidhu

Meera Sidhu is the Peel FASD worker representing ErinoakKids Centre for Treatment and Development. She has her masters degree in Neuroscience, coupled with many years of experience working with families who have been affected by prenatal alcohol exposure and FASD.
Changing the Conversation

This presentation will look at addiction in light of what we have learned from the ACE studies. It will examine addiction as a problematic response and coping mechanism for trauma; how neuroscience predicts the behaviours that make addiction a stigmatizing disorder; changing the conversation into one that allows the disorder to be understood and bring compassion into the exchange; and helping people come to terms with addiction in a way that encourages them to seek a solution and lessens the shame and denial.

Presenter: Karen James

Karen James is a person with lived experience of addiction and mental illness. She was born into a family of addiction, became addicted herself, recovered from addiction and she has worked in the field of addiction for over twenty years. She was a founding volunteer for Partners for Mental Health. She received The Royal’s inspiration Award in 2011.
Ottawa Mental Health Court Therapy Dog Project

Since September 2018, the Ottawa Courthouse has brought in accredited therapy dogs to interact with accused persons, their families, witnesses, counsel, courthouse staff, social workers, officers: everyone and anyone who wants to get the well-documented stress reducing benefits of doggy affection. The project began as a twice monthly pilot during Mental Health Court Clinic days and has been so well received that it’s expanded to include twice a week visits to Mental Health Court, and monthly visits to Drug Treatment Court and Youth Mental Health Court.

The presentation will offer strategies in dealing with building management, finding a community partner, setting up a program, evaluating success, and focus on the benefits of inclusion, as our project dogs provide support to everyone at the courthouse. Our program, which had no cost to set up, has not only brought happiness, it has support from all stakeholders in the Ottawa Courthouse.

Presenter: Carol-Lynne Saad, Constable Maya Spitz

Carol-Lynne Saad was called to the bar in 1989 and worked as defence counsel. The Ottawa Courthouse Therapy Dog Project is her retirement project and was conceived while she was sitting in court yet again, realizing that there were a lot of stressed out people around who could really use some time with a dog.

Constable Maya Spitz has been working at Ottawa Police for almost 25 years. During this time, she obtained a Master's degree in Chemical and Environmental Toxicology. Constable Spitz has worked patrol and Front Desk Services and has been involved in Emergency Preparedness projects. For the past year, she has been assigned to the Mental Health Unit.

The Implementation of an Integrated Psychological Therapy Approach

Individuals with psychosis can face deficits with their social interactions. Empowering our clients to lead meaningful lives and have valued social roles is an important part of the psychosocial rehabilitation work that we as practitioners do. However, we need to also equip our clients with the skills required in order to have successful social interactions. The implementation of a year long group that utilizes an Integrated Psychological Therapy approach will be discussed including successes, challenges and partnerships. Participants will be guided through simulations of some of the module content to appreciate the nature of the group process and session objectives. A question and answer period will allow for further discussion of concerns related to resource allocation, sustainability and research.

Presenter: Michael Ivany

Michael Ivany has worked as an occupational therapist in both Canada and New Zealand. He started working in forensic mental health in 2007 and has worked in both inpatient and community settings.
A Safe Place to Land: Bridging the Gap Between Custody and Secure Housing

This presentation explores the efficacy and advantages of maintaining and sustaining housing for Indigenous individuals being released from custody. Together, the Canadian Mental Health Association – Sudbury/Manitoulin and the N'Swakamok Native Friendship Centre manage an eight month transitional housing unit for individuals living with mental health and addictions challenges as they are released from custody. Due to the disproportionate number of Indigenous individuals in Sudbury’s correctional facility, the Justice Unit was initially established to offer an opportunity to individuals facing additional barriers. The unit has also supported non-indigenous individuals in times when the unit would otherwise be empty. The individuals residing in the Justice Unit have seen both successes and challenges. Ultimately, this presentation examines the agencies’ learnings throughout the unit’s 2.5 years in operation and concludes with ideas for continued support for previously institutionalized individuals requiring intensive housing.

Presenters: Kerri Grace, Catherine Sloan

Kerri Grace is the Justice Coordinator with CMHA-S/M. Kerri has a background in Law and Justice and a graduate certificate in Alternative Dispute Resolution. She began her journey at CMHA-S/M as the Release From Custody Worker and transitioned into the Coordinator of the Program.

Catherine Sloan, Justice Case Manager, has been with CMHA since 2018. She began at CMHA-S/M as a placement student in the Social Service Worker Program. With a background in psychology, Catherine strives to assist individuals to work around barriers and advocates for marginalized populations.


Intersections is an early intervention police referral program that connects youth who come into contact with police with appropriate supports to address issues that may contribute to their involvement with the justice system. The Intersections Coordinator plays a key role in connecting youth aged 6 through 17 with suspected mental health, developmental disabilities and/or substance use issues who are at risk of becoming justice involved. With the support of the Centre for Addiction and Mental Health (CAMH), implementation of Intersections began in the rural community of Bancroft in the summer of 2018. This presentation will explore the unique cross-sectoral relationships needed for Intersection’s success and the importance of program adaptability to unique local contexts.

Presenters: Sarah Phoenix, Officer Philippe Regamey, Jeff Rocca, Laurissa Watson

Sarah Phoenix is the Intersections Coordinator from the host agency NHCS.

Officer Philippe Regamey is the Community Service/Mobilization Officer and OPP detachment lead.

Laurissa Watson, Evaluator, and Jeff Rocca, Knowledge Broker, provide support as part of the Provincial Systems Support Program at CAMH.
Stigma and Misconceptions in the Correctional Culture

The mission statement at Elgin-Middlesex Detention Centre (EDMC) states that clients have the right to dignity, respect, and the legality of presumption of innocence. Mental health nurses are required to advocate for fair, safe and humane treatment in line with the client’s human rights, ministry policy, and the College of Nurse’s standards of practice. Mental health nurses assist clients when their ability to adjust to incarceration is moderately to severely impaired. Orem’s nursing model encouraging patient independence where possible is facilitated by promoting problem solving/decision making and autonomy through client-focused programming and support. Mental health nurses aim to provide crisis management, stabilization, maintenance, and to facilitate forward movement in the client’s mental health status. Correctional culture is misunderstood and stigmatized, which affects basic care needs and community supports for this population. Mental health nurses in the correctional community advocate to ensure equal treatment for this highly vulnerable population.

Presenters: Vanessa Hartland, Bridget Zimmer

Vanessa Hartland RN worked in Oncology for 12 years, the Emergency Department for 5 years, and EDMC for 11 years. Vanessa is presently assigned to the female unit and works with high needs mental health individuals. Vanessa is a member of the local HSJCC, and she sits on the Parkwood Advisory Board, actively presenting to a family education group. Vanessa is a clinical resource for the Adult Therapeutic Courts.

Bridget Zimmer RN has been in nursing for 29 years. Bridget was the first Mental Health Nurse to establish the current Mental Health Program at EDMC in 2015. Bridget is currently a member of the Flexible Assertive Community Treatment Team (FACTT), a member of the local HSJCC committee; a team member of community outreach; and a lead nurse for the major mental health units.

Community Based Treatment Program for Persons with Intellectual Disabilities who Engage in Sexually Abusive or Concerning Behaviours

The Centre for Behaviour Health Sciences (CBHS), Program for the Assessment and Treatment for Healthy Sexuality (P.A.T.H.S.) has been supporting persons with Intellectual Disabilities (ID) who engage in sexually concerning or abusive behaviours throughout York and Simcoe Regions for over 30 years. This presentation will outline their unique comprehensive assessment and treatment process. They will discuss how they apply theoretical knowledge, such as the Risk Need Responsivity principles, to help support this population. This presentation will provide a framework on the structure and process of their community-based treatment program. It will also explore clinical partnerships with community agencies. Collaborative approaches to providing evidence-based support and risk reduction planning will be addressed, as well as their approach to overcoming the challenges that arise in their service.

Presenter: Christa Salmon

Christa Salmon, MSW, RSW, has worked as the Central East Educator/ Behaviour Consultant with the Centre for Behaviour Health Sciences Program for the Assessment and Treatment for Healthy Sexuality (P.A.T.H.S.) since 2003. She currently holds the position of Clinical Programs Consultant and specializes in the area of assessment and treatment of sexually abusive behaviours and persons with intellectual disabilities. She provides clinical consultation, training and workshops for community partners.
**E1-E5 Concurrent Sessions**

**November 5 // 2:15 p.m. - 3:15 p.m.**

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**Forensic Mental Health and Justice Services in Ontario**

The 2019 Ontario Budget announced investments of $174 million in 2019-20 to support community mental health and addictions services, mental health and justice services, supportive housing, and acute mental health inpatient beds. This presentation will focus on new investments in Mental Health and Justice Services, as well as provide updates on Forensic Mental Health Services in the province.

**Presenters:** Dianna Cochrane, Amy Herskowitz, Kaitlin Yousif

**Dianna Cochrane** is currently the Manager for the Forensic Mental Health and Justice Unit of the Ministry of Health. This unit is the lead for the forensic Mental Health provincial program, supporting system planning and development. Prior to this, Dianna spent over 15 years in hospitals within the forensic division, both as a clinician and an administrator.

**Amy Herskowitz** has over 18 years experience in the public service and is dedicated to the community mental health and justice service sectors. She’s managed a broad range of programs and issues within her portfolio, including Acquired Brain Injury, Assertive Community Treatment, and complex clients who require inter-ministerial collaboration to bridge service gaps.

**Kaitlin Yousif** is a dedicated mental health advocate with a strong passion for social justice. She has been with the public sector for over 5 years supporting different programs, portfolios and levels of government.

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**Down the Rabbit Hole**

Youturn has a unique perspective of what travelling through the YCJS can look like for youth and the professionals who work with them. Through activities, discussions and knowledge sharing, the presenters will demonstrate how these perspectives have increased engagement and lowered recidivism. Participants will leave with an understanding of the processes and challenges youth may face and how to best support them.

**Presenter:** Matt Kennedy, Luke Smith

**Matthew Kennedy** is a counsellor currently employed at Youturn Youth Support Services within the Community Support Team and Intensive Support and Supervision Program. He works with high risk youth referred through Youth Probation Services and the Children’s Aid Society.

**Luke Smith** is a graduate of the Algonquin College Child and Youth Care program and currently employed at Youturn Youth Support Services as a counsellor for their On Point Program working with at risk gang involved youth.
The HSJCC Network Member Engagement Plan

The HSJCC Network Member Engagement Plan was developed by the HSJCC Secretariat as a part of the Provincial HSJCC’s ongoing work to support the efforts of the Local and Regional committees. The purpose of the Member Engagement Plan is to improve the participation and communication of HSJCC Network members, as well as the flow of information between different committees. This presentation will provide an overview of the conception, development and implementation of the HSJCC Network Member Engagement Plan over the past two years. The presentation will feature results from the work that has happened so far and discuss what is to come in the future. It will also highlight the challenges and lessons learned from the engagement work that has happened since the Member Engagement Plan was released.

Presenters: Tasha Rennie, Candace Vena

Tasha Rennie is the Network Engagement and Communications Officer for the HSJCC Secretariat. She provides support in the areas of communication, member engagement and knowledge exchange. Tasha has worked with the HSJCC Secretariat, housed at CMHA Ontario, since 2017. Tasha has a background in digital communications and international development.

Candace Vena works in the Public Policy Department at the Canadian Mental Health Association, Ontario Division. As the Network Coordinator for the HSJCC Secretariat, Candace acts as the first point of contact for the Provincial HSJCC and is responsible for the administration and coordination of this provincial planning body. Candace also provides operational support to the Regional and Local committees. Prior to this role, Candace worked in a variety of community-based mental health and justice settings, including work with individuals charged with domestic violence offences, youth with complex mental health needs involved in the justice system and homeless populations.

Bolstering Resiliency in Professionals and Clients

Many individuals are impacted by the aftermath of traumatic and victimizing experiences, resulting from accidents, illnesses, interpersonal violence and other traumas. About 75% of these individuals will evidence resilience (Meichenbaum, 2012). Resilience is the ability to bounce back after trauma by utilizing effective coping strategies to handle ongoing adversities. Resilience is not a characteristic trait that we either have or do not have, but instead determines core competencies within ourselves that can be nurtured, developed and learned. This presentation aims to provide practical tools to help increase personal growth after experiencing trauma for staff and clients. More specifically, this presentation will cover specific ways to bolster our own resilience in six domains: physical, interpersonal, emotional, cognitive, behavioural and spiritual. Finally, this presentation will consider ways to tailor these resilience behaviours to promote quality of life.

Presenter: Sumeet Shergill

Sumeet Shergill graduated from University of Wales with a MSc in Applied Behaviour Analysis in 2010. Sumeet earned a Bachelor of Science (Hons) in Psychology and Sociology from the University of Toronto in 2009. She is a behaviour consultant at York-Simcoe Brain Injury Services and a professor at Seneca College. Sumeet became a registered psychotherapist in May 2015.
Building Bridges/Empowering a People in a Remote Indigenous Community

Pikangikum First Nation is a remote Ojibway community in the Kenora District of Northwestern Ontario. Due to the high number of youth suicides, addictions, and mental health calls for service, the OPP brought the Community Response Unit (CRU) principles to this remote community. Building bridges with community partners and fostering relationships built on trust and respect for cultural beliefs and the safety of the community. The CRU is comprised of police (OPP/Pikangikum FN Police) and local Mental Health workers. Together, this team rose above political and cultural barriers to provide compassionate service around the issues of addiction, mental health and suicide.

Presenters: Sergeant Jennifer Neamtz, Calib Reiger

Sgt. Jennifer Neamtz has been a member of the Ontario Provincial Police for 15 years. She has been a part of two successful Mental Health Teams prior to her current role as Sergeant at the Provincial Communications Center in Orillia. Jennifer has had the pleasure of assisting in the creation and execution of the Community Response Unit in Pikangikum, a First Nation Community in the Kenora District.

Calib Reiger hails from the Niagara area. He is a mental health worker with the Pikangikum Health Authority. He was active in the successful implementation and realization of the Community Response Unit in Pikangikum.

POLICE-HOSPITAL TRANSITIONS
Framework and Toolkit

Improving Police-Hospital Transitions: A Framework for Ontario
A framework designed to provide police services and hospitals in communities across Ontario with a roadmap to establish effective police-hospital transition protocols.

Tools for Developing Police-Hospital Transition Protocols in Ontario
A complimentary guideline designed to assist with the implementation of the framework. These tools and resources were developed based on existing promising practices in Ontario.

Available for download at: hsjcc.on.ca
Keynote Speaker
November 5 // 3:15 p.m. - 6:00 p.m.

Phil Borges
Documentary Film Maker

CRAZYWISE Film and Workshop

Crazy…or wise? The traditional wisdom of indigenous cultures often contradicts modern views about a mental health crisis. Is it a ‘calling’ to grow or just a ‘broken brain’? The documentary CRAZYWISE explores what can be learned from people around the world who have turned their psychological crisis into a positive transformative experience.

Our post-modern societies are currently experiencing a mental health crisis—especially in our youth. Depression is now the leading cause of disability in the world and suicide rates in the US have increased 24% in the last 15 years.

Join Phil Borges in a discussion to explore what could be causing this negative shift in our societies’ mental health and what could help us meet and support our mental and emotional needs.

For nearly thirty years Phil Borges has been documenting indigenous and tribal cultures, striving to create an understanding of the challenges they face. His work is exhibited in museums and galleries worldwide and his award winning books have been published in five languages.

Phil’s documentary, CRAZYWISE reveals a paradigm shift that’s changing the way Western culture defines and treats “mental illness”. The film highlights a survivor-led movement demanding more choices from a mental health care system in crisis.

Phil has hosted television documentaries on indigenous cultures for Discovery and National Geographic channels. He regularly lectures at universities and conferences worldwide and has spoken at multiple TED events.
# Conference Agenda

## Day 3 // November 6

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<tr>
<td>7:30 a.m. - 9:00 a.m.</td>
<td><strong>REGISTRATION AND CONTINENTAL BREAKFAST</strong></td>
<td>Toronto Foyer</td>
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<td>7:30 a.m. - 8:30 a.m.</td>
<td><strong>YOGA FOR WELLNESS AND RECOVERY</strong></td>
<td>Simcoe (Lobby Level)</td>
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<td>8:00 a.m. - 9:00 a.m.</td>
<td><strong>BP4-BP5 BREAKFAST SESSIONS</strong></td>
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<td><strong>BP4</strong> Peterborough Community Support Court: An Evaluation in Recidivism</td>
<td>Harris / Macdonald</td>
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<td><strong>BP5</strong> Mental Health Training for Correctional Officers: An Innovative Educational Approach</td>
<td>Carmichael / Jackson</td>
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<td>9:00 a.m. - 10:30 a.m.</td>
<td><strong>KEYNOTE PANEL</strong></td>
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<td>A Discussion with Ontario Deputy Ministers</td>
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<td><strong>Panelists:</strong> Paul Bonifermo, Deputy Attorney General</td>
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<td>Mario Di Tommaso, Deputy Solicitor General, Community Safety</td>
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<td>Melanie Fraser, Associate Deputy Minister, Health Services</td>
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<td>Janet Menard, Deputy Minister, Children, Community and Social Services</td>
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<td>Deborah Richardson, Deputy Solicitor General, Correctional Services</td>
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<td>10:30 a.m. - 10:45 a.m.</td>
<td><strong>HEALTH BREAK</strong></td>
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<td><strong>KEYNOTE SPEAKER</strong></td>
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<td>Michael Bryant</td>
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<td>Author and Former Attorney General</td>
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<td>11:45 a.m. - 12:00 p.m.</td>
<td><strong>SUMMARY AND CLOSING REMARKS</strong></td>
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Peterborough Community Support Court: An Evaluation in Recidivism

Problem-solving courts were developed to treat the root cause of criminality. Mental health and drug courts are two of the most common types of problem-solving courts in Canada. The models adopted by MHCs and DTCs vary substantially across jurisdictions in Canada. The Peterborough Community Support Court (CSC) is a specialized criminal court established in 2011 to address the mental health and addiction issues contributing to criminal behaviours and thus reduce the recidivism rate among the populations of offenders facing these problems. It is unique in that it is one of the only concurrent disorder model courts in Canada. An evaluation of the CSC was completed in 2018. Data for the study was provided by a Peterborough Crown attorney who developed and managed the Peterborough CSC. The Crown recorded information on treatment program characteristics, completion status, criminal history, and mental health and/or addiction history of each participant. Recidivism data was provided by the Peterborough Police.

Presenters: Kate Bertrand, Kelly Eberhard

Kate Bertrand has been an Addictions Counsellor in the Court Support role at Four Counties Addiction Services Team (FourCAST) in Peterborough, ON, for the past two years. She is part of the Community Support Court, Peterborough’s mental health and drug court, multidisciplinary team.

Kelly Eberhard is currently an assistant Crown Attorney. She was called to the Bar in 1999 (British Columbia) and 2000 (Ontario). Her work experience includes private defence/civil work, public defence work with Legal Aid Ontario and presently with the Ministry of Attorney General.
Mental Health Training for Correctional Officers: An Innovative Educational Approach

In Ontario, overrepresentation of individuals with psychiatric diagnoses in correctional settings is well-established. Correctional officers play a central role in supporting individuals with mental illness. Nonetheless, the training that correctional officers (COs) receive in mental health is often considered to be inadequate. The presentation will provide an overview of the curriculum and evaluation results of a Correctional Officers Mental Health Training delivered by the Centre for Addiction and Mental Health (CAMH) at the Toronto South Detention Centre (TSDC) and Vanier Centre for Women in response to training needs. The curriculum focused on general mental health awareness; specific focus on psychotic, personality, and substance use disorders; assessment of suicide and violence risk; communicating with inmates in distress; and maintaining one’s own mental health. The day included two live simulations, which provided COs the opportunity to identify signs of mental illness, assess risk and respond strategically to manage and de-escalate each situation.

Presenters: Tanya Connors, Dr. Shaheen Darani, Dr. Kiran Patel

Tanya Connors, MSW, has over 20 years of experience working in mental health and addictions. Tanya is the manager of the Forensic Early Intervention Service (FEIS), a jail based mental health and triage program with CAMH. Tanya is an Adjunct Lecturer with the Factor-Inwentash Faculty of Social Work at the University of Toronto.

Dr. Shaneen A. Darani is a Staff Forensic Psychiatrist in the Forensic Division at the Centre for Addiction and Mental Health; Consultant Psychiatrist at the Unified Mental Health Court at Old City Hall, Toronto; and an Assistant Professor in the Department of Psychiatry at the University of Toronto.

Dr. Kiran Patel is a Staff Psychiatrist within the Forensic Division at CAMH and Assistant Professor at the University of Toronto. He is the Clinical Head for the CAMH FEIS, a partnership with the MCSCS. He is the Medical Head – Criminal Justice Interface – a CAMH leadership and coordination position.
Keynote Panel
November 6 // 9:00 a.m. - 10:30 a.m.

A Discussion with Ontario Deputy Ministers

The HSJCC Network was established to facilitate better coordination of resources and services, and plan more effectively for people with unique needs who come into contact with the criminal justice system. This important intersectoral work is made possible by the collaborative efforts of the Network’s four partner ministries. This panel brings together Deputy Ministers from the Ministry of Health, Ministry of the Solicitor General, Ministry of the Attorney General and Ministry of Children, Community and Social Services to share updates on their work in support of the Network’s priority populations, including Ontarians living with mental health and addictions issues, acquired brain injuries, developmental disabilities, and fetal alcohol spectrum disorder.

Join us for this important conversation which will touch on topics of interest to Local, Regional and Provincial HSJCC members.

Sara Dias (Moderator)
Executive Director, Canadian Mental Health Association, Kenora Branch and Provincial HSJCC Co-Chair

Sara Dias is the Executive Director of the Canadian Mental Health Association, Kenora Branch. Sara has completed a Bachelor of Arts with a Major in Criminology and a Minor in Native Studies, as well as a Bachelor of Social Work and a Master of Social Work all from the University of Manitoba. Sara has also completed a Diploma in Health Care Management through the Ontario Hospital Association and has been the Executive Director of the Canadian Mental Health Association, Kenora Branch since 2014.

Sara was instrumental in initiating the Mental Health Court in Kenora. In addition, her thesis research was focused on examining the Mental Health Court in Kenora and whether or not the court reduced individuals contact with the criminal justice system and with hospital emergency rooms.

Sara is the Co-Chair of the Kenora Rainy River District HSJCC, the Northwest Regional Centre of Responsibility and the Provincial HSJCC. Sara was also appointed to the Kenora Police Services Board in 2018 and in 2019 has been appointed as the chair for this Board.
Keynote Panel
November 6 // 9:00 a.m. - 10:30 a.m.

Paul Boniferro
Deputy Attorney General

Paul Boniferro became Ontario’s Deputy Attorney General on January 3, 2018. Prior to joining the ministry, Paul was a partner with McCarthy Tétrault in their National Labour and Employment Group, practicing in both Toronto and Calgary. As partner, Paul held several management roles and served on the Senior Leadership Team as National Leader of Practices and People, playing a leadership role in the management of the firm’s multiple offices and practice groups.

Paul has also served as a senior policy advisor to the Ontario Minister of Labour, working on wide range of policy and program initiatives. He provided expert and strategic advice on complex labour and employee relations issues that required a high level of sensitivity, insight and collaboration.

Paul holds a BA in Political Science from the Western University (1987) and received his LL.B from Osgoode Hall Law School in 1991. He was called to the Ontario Bar in 1993 and the Alberta Bar in 1997.

Mario Di Tommaso
Deputy Solicitor General, Community Safety

Mario Di Tommaso was appointed Deputy Minister of Community Safety in October 2018 and became Deputy Solicitor General, Community Safety, when the Ministry became the Ministry of the Solicitor General in April 2019.

Previously, Mario held the rank of Staff Superintendent of Communities and Neighbourhood Command with the Toronto Police Service. Mario has more than 38 years of progressive policing experience in community safety, homicide, major crime, intelligence, national security, drug investigations, major incident management, community relations, professional standards, and divisional policing.

Mario held several positions over his career at the Toronto Police Service and served on various committees, the Mayor’s Committee on Supervised Injection and Overdose Prevention sites and the Toronto Drug Strategy Implementation Panel, among others. Mario also co-chaired the Chief of Police’s Muslim Community Consultative Committee.

Mario holds a bachelor’s degree in Justice Studies from the University of Guelph Humber and a Certificate in Law Enforcement and Administration from the University of Toronto and is a Graduate of the Senior Management Institute for Police. He also holds the Certified Municipal Manager designation. In 2017, Mario graduated from the IALG – Pearls in Policing Program, a Senior International Police Leadership Program.
Melanie Fraser
Associate Deputy Minister, Health Services, Ministry of Health

Melanie Fraser was appointed the Associate Deputy Minister, Health Services in October 2018. Known as an effective organizational transformation leader, Melanie is driving health system’s transformation while focusing on the patient, quality, effectiveness and efficiency of the system.

Prior to her current role, Melanie held several senior positions. Most recently, she was the Corporate Chief Information Officer. She has also held the role of the Chief Administrative Officer/Assistant Deputy Minister, Corporate Services Division with Treasury Board Secretariat; Director of Operational Services for the Death Investigation System supporting the Office of the Chief Coroner & Ontario Forensic Pathology Service; and Chief Financial Officer and Director of Executive Support to the Deputy Minister, Ministry of Community Safety and Correctional Services.

Before she started her career in the Ontario government, Melanie worked for a Mutual Fund and Securities dealer in Toronto’s financial district. Melanie is a graduate of the Executive Development Program at the Richard Ivey School of Business and holds a Masters and Honours Bachelor of Arts from Wilfrid Laurier University.

Janet Menard
Deputy Minister, Children, Community and Social Services

Janet Menard was appointed Deputy Minister of Children, Community and Social Services and Deputy Minister Responsible for Women’s Issues in June 2018. She previously served as Deputy Minister of Community and Social Services and Deputy Minister Responsible for Poverty Reduction, bringing with her nearly 40 years of experience in the field of human services from Peel and Halton Regions and the City of Toronto.

Janet was named the Commissioner of Human Services at Peel in 2009 following leadership roles in Social Services and Housing. There, she led the integration of human services and child care transformation to align with full-day kindergarten. Janet has been on numerous community boards, including mental health, supportive housing, legal clinics and community planning, as well as the Ontario Municipal Social Services Association and the Ontario Non-Profit Housing Association.

In 2018, Janet was recognized as a Distinguished Alumna of Renison University College (University of Waterloo) and received the Ontario Municipal Social Services Association’s Champion of Human Services Award.
Deborah Richardson
Deputy Solicitor General, Correctional Services

Deborah Richardson is well-known for her caring and collaborative style. Her proficiency at building relationships has resulted in wide-ranging, positive impacts across the Ontario Public Service.

Deborah obtained her undergraduate degree in Sociology and Law from Carleton University, completed her Bachelor of Laws at the University of Ottawa, and was called to the Bar in 1996. She began her career in criminal law and then moved into the finance industry, where she worked in business banking before becoming the Manager of Diversity for the Royal Bank of Canada.

In 2014, Deborah became Deputy Minister of the Ontario Ministry of Indigenous Affairs. She has led province-wide, comprehensive reconciliation efforts with Indigenous peoples, including a provincial response to the Truth and Reconciliation Commission’s Calls to Action; initiatives geared towards ending violence against Indigenous women and girls; resolving land claims; implementing OPS-wide Indigenous Cultural Competency Training; and many economic development initiatives.

In July 2019, she was appointed Deputy Solicitor General, Correctional Services, responsible for the operations and progressive strategic direction of one of Ontario’s largest ministries.

Deborah is a proud Mi’gmaq woman with strong ties to her home community of Pabineau First Nation in New Brunswick.
Keynote Speaker
November 6 // 10:45 a.m. - 11:45 a.m.

Michael Bryant
Former Attorney General | Bestselling Author of *28 Seconds*

28 Seconds

A night that began with a dinner to celebrate his 12th wedding anniversary ended in a jail cell for Michael Bryant. He was charged with dangerous driving causing death and criminal negligence causing death. Ironically, he had helped write the legal test for the same charges sixteen years earlier. The charges were eventually dropped, but nothing could undo what had happened to cyclist Darcy Sheppard – or Michael Bryant.

In this gripping presentation, Bryant chronicles the fateful aftermath of that late summer evening in August 2009, an evening when everything changed for the Harvard-educated lawyer, politician, and CEO. Bryant speaks publicly for the first time of personal challenges and his own battle with some of the very demons shared by Darcy Sheppard. Michael Bryant is the ultimate insider, and his perspective is a fascinating assessment of what happens on both sides of the law.

Michael Bryant became Ontario’s youngest ever Attorney General in 2003. A Harvard-trained lawyer, he had clerked at the Supreme Court of Canada, taught law at King’s College, London, and at Osgoode Hall Law School. He had practiced law on Wall Street and Bay Street, was a Member of the Ontario Provincial Parliament for a decade; and was a Cabinet Minister for six years. The tables turned for him forever, soon after leaving politics in 2009, when Bryant was charged with dangerous driving causing death and criminal negligence causing death. A Special Prosecutor dropped all charges against him in 2010, but more adversity followed. In 2012, Bryant authored the #1 Canadian bestseller, *28 Seconds: A True Story of Addiction, Tragedy and Hope*.

Bryant now practices criminal defence law, mostly in mental health courts, defending the unrepresented and unrepresentable as a public defender in the Greater Toronto Area. He also serves as a director on charitable boards — one serving inmates, another treating young people struggling with mental illness and addiction.

Bryant has also worked in indigenous affairs since 1988, as a litigator, negotiator, scholar, teacher and Cabinet Minister. He was Ontario’s first Minister of Aboriginal Affairs, and recently served as a First Nation’s Chief Negotiator on a historic $100 Million Ontario land claim settlement.
Poster Presentations

Toronto Foyer

PP1: CSI – Care, Support & Innovation: PSWs in Mental Health & Justice

Presenters: Fritzie Casuga, Cylene Rainville

PP2: Meet Me Where I Am: Providing Care to ‘Hard to Reach’ Groups

Presenters: Jawad Bhatti, Halimo Hashi, Sharon Williams

PP3: DDu TRHP’in

Presenters: Stephen Gibbs, Lyndsay Grant, Natasha Lorincz, Heather Perketa, Eric Remnkema

PP4: Released From Custody at Court Program – Possible Anywhere!

Presenter: Lucie Charbonneau

PP5: Mental Health Pre-Charge Diversion Programs

Presenter: Johanne Renaud

PP6: A Pilot Examination of Opportunities to Further Increase the Benefits Accrued from Police and Crisis Service Collaborations

Presenters: Shawnna Balasingham, Talitha Dykstra, Dr. Roland Jones

PP7: Exploring the Continuum of Care...One Size Doesn’t Fit All

Presenters: Ainsley Galipeau, Michelle Murray, Paola Palozzi, Shelly Schneider,
Poster Presentations

Toronto Foyer

PP8: Victim-Offender Reconciliation – An Introduction and Why it Works!

Presenters: Audrey Isenor, Andrew Lewis, Helen Lightstone

PP9: From Implementation Sustainability: The Ontario Safewards Community of Practice

Presenters: Matt Le Blanc, Kendra Moore, Uzo Nnawuchi

PP10: Using a Multi-Disciplinary Approach in Supporting Complex Persons Across the Developmental and Justice Sectors

Presenters: Aamir Khan, Scott Skinner
Exhibitors

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