



# Breaking Bad: Partnering to Remove Barriers

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# Acknowledgements

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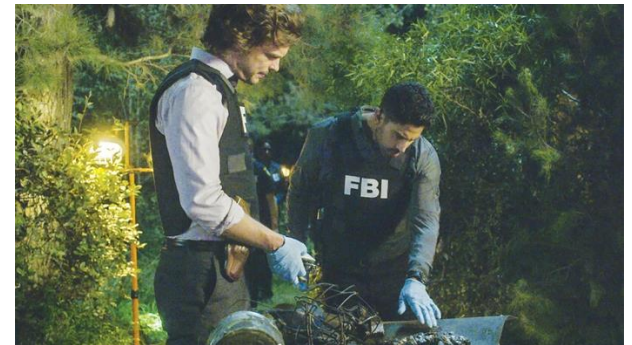
# Overview

- Understand the key components of building a partnership
- Recognize the needs of inmates with serious mental illness
- Reflect on the importance of self-care in the area of mental health and corrections
- Discussion/Questions

# STIGMA



camh





# Old vs. New

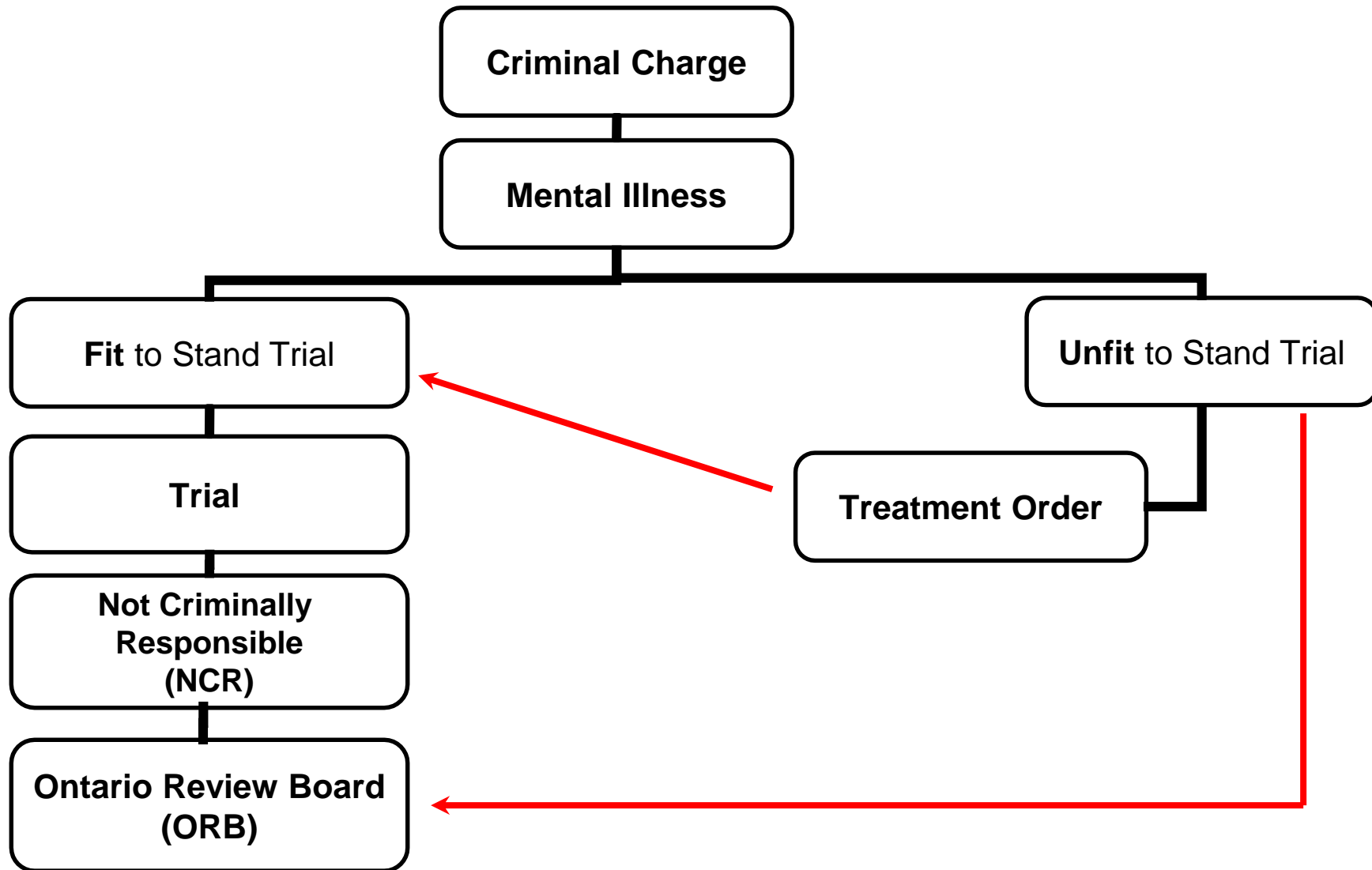




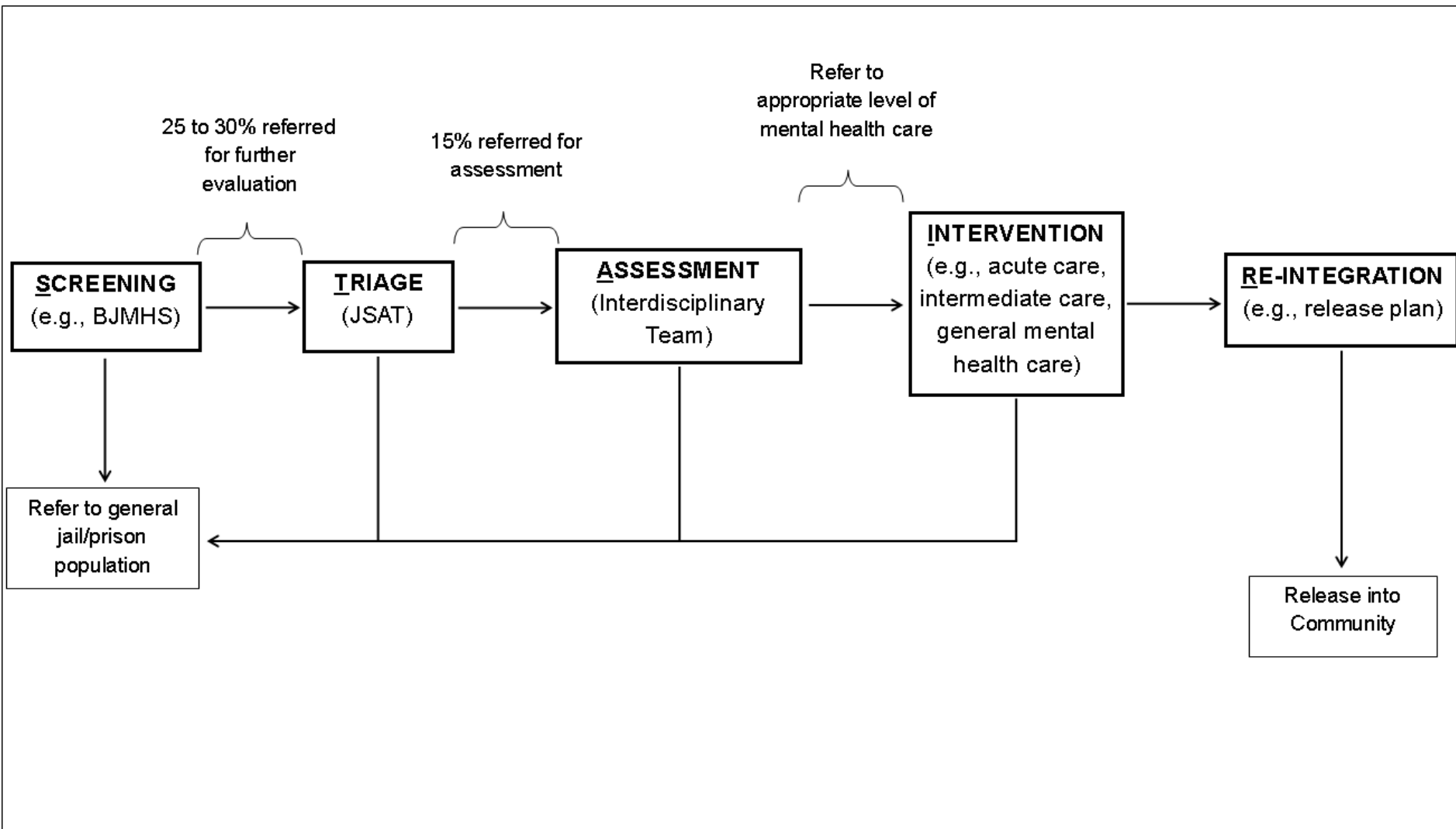
The Forensic Early Intervention Service (FEIS) is a result of a collaboration between:

- Centre for Addiction and Mental Health (CAMH).
  - Ministry of Community Safety and Correctional Services (MCSCS).
  - Ministry of Health and Long Term Care (MOHLTC).
- 
- Operational at TSDC since January, 2015.
  - Operational at VCFW since April, 2017

# Ontario Forensic Mental Health System



# FEIS Intake Pathway





# FEIS Referrals

## November 2015 – September 2017

<b>Total clients referred:</b>	4110
<b>Total clients with CAMH history:</b>	2645 (64.36%)
<b>Total clients potentially unfit/assessed for NCR:</b>	548 (13.33%)

## April 2017 – October 2017

<b>Total clients referred:</b>	831
<b>Total clients with CAMH history:</b>	300 (36.10%)
<b>Total clients potentially unfit/assessed for NCR:</b>	79 (9.51%)

# How We Collaborate – Nursing Perspective

- Provide initial BJMHS to clients
- Identify individuals at risk and refer to FEIS when appropriate
- Review recommendations received from FEIS
- Coordinate treatment plans with FEIS
- Attend daily check-in meetings and weekly clinical meetings



# BRIEF JAIL MENTAL HEALTH SCREEN

## Section 1

Name: _____ <small>First MI Last</small>	Detainee #: _____	Date: ____/____/____	Time: _____ AM PM
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## Section 2

Questions	No	Yes	General Comments
1. Do you <i>currently</i> believe that someone can control your mind by putting thoughts into your head or taking thoughts out of your head?			
2. Do you <i>currently</i> feel that other people know your thoughts and can read your mind?			
3. Have you <i>currently</i> lost or gained as much as two pounds a week for several weeks without even trying?			
4. Have you or your family or friends noticed that you are <i>currently</i> much more active than you usually are?			
5. Do you <i>currently</i> feel like you have to talk or move more slowly than you usually do?			
6. Have there <i>currently</i> been a few weeks when you felt like you were useless or sinful?			
7. Are you <i>currently</i> taking any medication prescribed for you by a physician for any emotional or mental health problems?			
8. Have you <u>ever</u> been in a hospital for emotional or mental health problems?			

## Section 3 (Optional)

Officer's Comments/Impressions (check *all* that apply):

<input type="checkbox"/> Language barrier	<input type="checkbox"/> Under the influence of drugs/alcohol	<input type="checkbox"/> Non-cooperative
<input type="checkbox"/> Difficulty understanding questions	<input type="checkbox"/> Other, specify: _____	

**Referral Instructions:** This detainee should be referred for further mental health evaluation if he/she answered:

- YES to item 7; OR
- YES to item 8; OR
- YES to at least 2 of items 1 through 6; OR
- If you feel it is necessary for any other reason

☐ Not Referred

☐ Referred on \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_\_

Person completing screen \_\_\_\_\_

# Brief Jail Mental Health Screen (BJMHS)

## Items 1-8 and Section 3

1. Do you currently believe that someone can control your mind by putting thoughts into your head or taking thoughts out of your head?
2. Do you currently feel that other people know your thoughts and can read your mind?
3. Have you currently lost or gained as much as two pounds a week for several weeks without even trying?
4. Have you or your family or friends noticed that you are currently much more active than you usually are?
5. Do you currently feel like you have to talk or move more slowly than you usually do?
6. Have there currently been a few weeks when you felt like you were useless or sinful?
7. Are you currently taking any medication prescribed to you by a physician for any emotional or mental health problems?
8. Have you ever been in a hospital for emotional or mental health problems?

### **Section 3 of the BJMHS:**

Comments / impressions

Language barrier

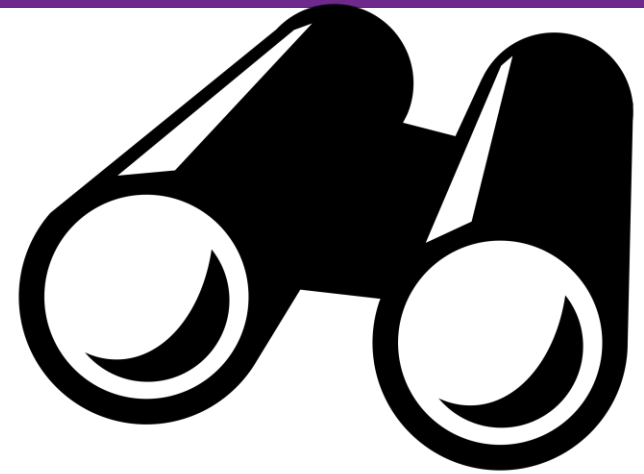
Difficulty answering questions

Under the influence of drugs/alcohol

Non-cooperative

# How We Collaborate – Social Work Perspective

- TSDC Social Work Team
- JSATS informing ICP's
- Family Meetings
- Discharge Planning





# Challenges

- Coordination of care among multiple teams
- Communication and building relationships
- Information silos and integration of care
- Difficulty accessing critical information due to clients refusing to give consent

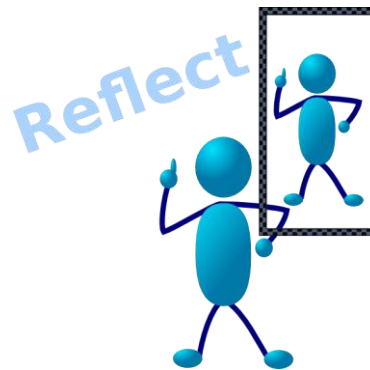
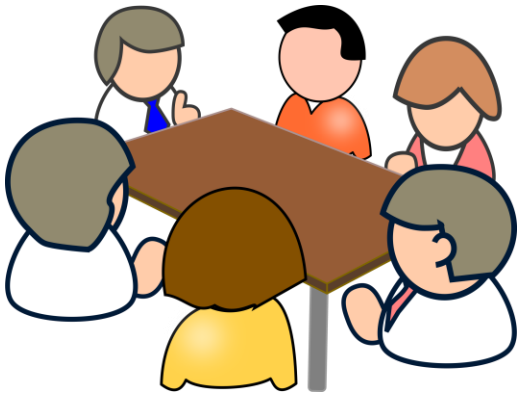




- Building relationships
- Weekly interdisciplinary clinical meetings
- Ongoing education and increased understanding of mental health needs in a correctional setting
- Improved communication and collaboration
- Recognizing our common goal

# Self Care

FUN Fridays



# Summary – Mr. John's Story

- Came to Canada from abroad for a business interview
- Attempt Murder charge after assaulting victim with a weapon
- No substance use; unknown psychiatric history; no prior criminal history; previous long term employment

# John's story continued



BJMHS received by FEIS; JSAT completed

- Paranoid, believed food and water was poisoned, did not eat for 3-4 months, believed a chip was implanted
- Substantial weight loss; meal plan; hospitalization



Rapport building for 2 months; client disengaged for 10 months then resumed communication

# John's story continued



Liaised with TSDC social work and mental health nursing team regarding unit transfer and medication (started medication after 10 months)

- Client transferred from Special Handling Unit (SHU) to Mental Health Assessment Unit (MHAU) and then Special Needs Unit



Ongoing FEIS / TSDC social workers liaising with family and lawyer

# John's story continued

- Fitness assessment at court; found Fit to Stand Trial
- 2 NCR assessments completed; Found NCR within 8 months

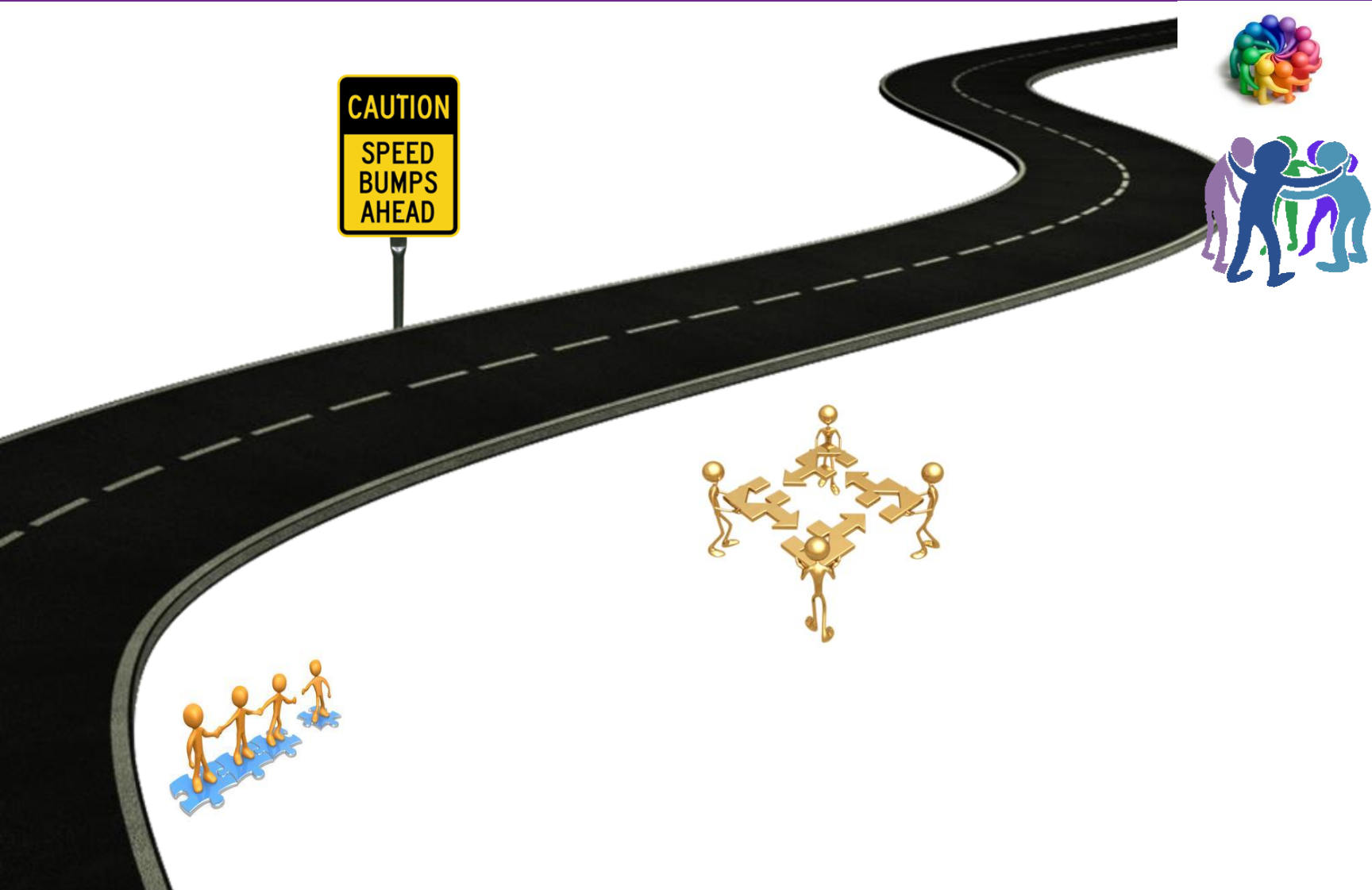


Awaiting transfer to a forensic hospital and the ORB

- Currently stable and engaging in recovery groups; currently the unit server



# Conclusion



# Thank You!

