

camh Centre for Addiction
and Mental Health

Community Treatment Orders

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Learning Objectives

- Purpose of CTOs
- What is a CTO?
- Eligibility Criteria
- Potential Benefits
- CTO Process
- CTO Coordinator Role

Purpose of CTOs

- “... to provide a person who suffers from a serious mental disorder with a comprehensive plan of community-based treatment or care and supervision that is less restrictive than being detained in a psychiatric facility.”
 - Source: MHA s. 33.1 (3)

Purpose of CTOs continued

- “Without limiting the generality of the foregoing, a purpose is to provide such a plan for a person who, as a result of mental disorder ... is admitted ... stabilized ...released ... stops treatment ... the person’s condition changes and, as a result, ... must be re-admitted to a psychiatric facility.”
 - Source: MHA s. 33.1 (3)
 - *N.B. emphasis added*

What is a Community Treatment Order (CTO)?

Legal mechanism and treatment option for people with serious persistent mental illness whereby an individual can receive treatment/care and supervision in the community rather than in hospital

CTO Eligibility

1) During the previous 3 years the person has been a:

- Patient in a psychiatric facility on at least 2 separate occasions OR
- Patient in a psychiatric facility once for at least 30 days
- Subject of a CTO

CTO Eligibility cont.

2) A community treatment plan (CTP) has been developed for this person by the physician, person OR substitute decision maker (SDM) and other members of person's health care team

The Community Treatment Plan (CTP)

CTP contains obligations of parties involved:

- Physician follow-up
- Community follow-up
- Medication compliance
- Lab work
- SDM
- Reporting/information sharing
- Consequences for not following through with the plan

CTO Eligibility cont.

- 3) In the 72 hours prior to entering into the CTP the doctor has examined the person and believes that:
 - a) The person will require continuing treatment/care or supervision in the community for their mental illness
 - b) The person either meets Form 1 criteria or will meet Form 1 criteria without treatment
 - c) The treatment/care or supervision needed is available and the person is able to comply

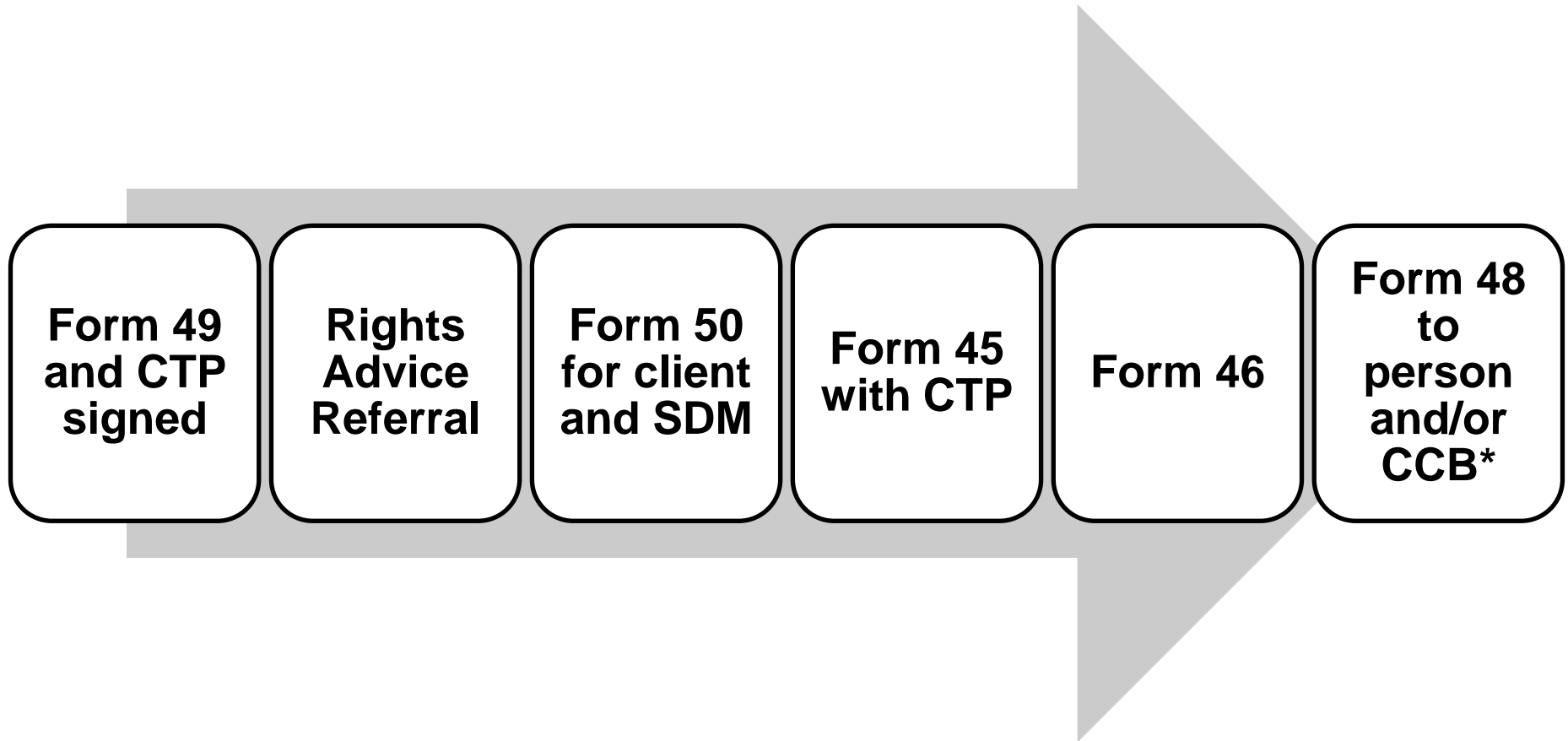
More Eligibility Criteria for CTOs

- 4) The doctor has consulted with other parties in the plan
- 5) The person subject to the CTO and his/her SDM have consulted with a rights advisor and been advised of their legal rights
- 6) The person or his or her SDM consents to the treatment plan

Potential Benefits of CTOs

- Help people remain in housing
- Offer a chance to keep the person stable for longer
- Decrease in family burden
- Increase in engagement with treatment services
- Increase stability for the client
- If client is on an injectable, compliance can be tracked
- Community integration and recovery in the community

CTO Process Overview



*Every 2nd Renewal requires a mandatory CCB hearing

How Can I Help?

- Work alongside physicians to identify client suitability
- Provide assistance throughout the CTO process
- Facilitate development of Community Treatment Plans (CTP)
- Provide education on CTOs to clients, SDM, family, stakeholders etc.

Thank you

Any Questions?

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