Inclusive Justice for Individuals with Complex Needs:

Innovation, Adaptations, Collaborations

Vicky Simos, M.ads, BCBA Courtney Hutson, M.A. Samantha Airhart, HBSc Marnie Lye, RSSW

November 16, 2023







CENTRAL EAST

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Land Acknowledgement



CLH Developmental Support Services would like to acknowledge that our offices
 and supported living homes are located on land which is the traditional and
 Treaty territory of the Anishinaabek (A-Nish-Naw-Bek) people, now known as the
 Chippewa Tri-Council - comprised of Beausoleil First Nation, Rama First Nation,
 and the Georgina Island First Nation peoples. We are grateful for the opportunity
 to continue to use the land toward working for the benefit of all people.

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OF SPECIALIZED CARE –
CENTRAL EAST



DUAL DIAGNOSIS
JUSTICE COORDINATION



CLINICAL JUSTICE PROGRAM (CJP)



CASE STUDY



RESOURCES & TIPS

Community Networks of Specialized Care – Central East

Positions of the CNSC-CE

Network Manager	Marnie McDermott
Administrative Assistant	Joanne Boulard
Complex Support Coordinator	Selina McDonald – York & Simcoe Melanie Powell – Durham & HKPR
Dual Diagnosis Justice Coordinator (DDJC)	Vicky Simos – York & Simcoe Courtney Hutson – Durham & HKPR
Justice Adapted-Dialectical Behaviour Therapy Specialist	Marnie Lye – York, Simcoe, Durham & HKPR
Health Care Facilitator	Whitney Faragher – York & Simcoe Sandra Martino – Durham & HKPR
Specialized Transition Coordinator	Cindie Evans – York, Simcoe, Durham & HKPR
Justice Specialist/Behaviour Consultant	Samantha Airhart – York, Simcoe, Durham & HKPR

PATHWAY TO ACCESS COMMUNITY NETWORKS OF SPECIALIZED CARE – CENTRAL EAST (CNSC – CE) POSITIONS

Referral is made to the Developmental Services Ontario Central East Region (DSO CER) by: Agency, Family, Person, by calling: 1-855-277-2121



Referral is triaged by the Community Networks of Specialized Care - Central East (CNSC - CE) Network Manager and the Service Connections Lead with the DSO CER in an off-line manner



Referrals meeting the CNSC-CE Mandate will be formalized through the DSCIS portal



Referral is forwarded to the appropriate CNSC – CE position:
Complex Support
Coordinator, Dual Diagnosis
Justice Coordinator,
Health Care Facilitator

PATHWAY TO ACCESS CNSC - CE SPECIALIZED TRANSITION COORDINATOR (STC)

Referral is made to the STC by: Agency, Family and Person and then triaged by the STC



Referral is forwarded to the Developmental Services Ontario Central East Region (DSO CER) by the STC



Referrals meeting the CNSC-CE Mandate will be formalized through the DSCIS portal

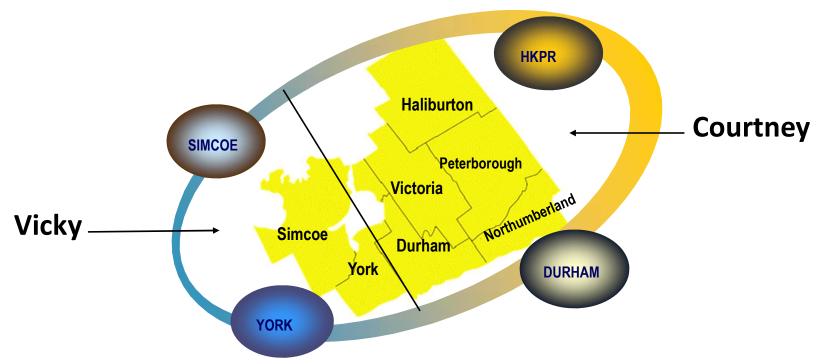


Referral is then forwarded to the CNSC-CE STC

Dual Diagnosis Justice Coordinator

Community Networks of Specialized Care – Central East (CNSC-CE)





 The CNSC-CE coordinates support for the quadrants of Durham, York, Simcoe, Haliburton, Kawartha Lakes and Pine Ridge



Collingwood Court House 49 Huron St. 705- 445-9332



Barrie Court House 75 Mulcaster St 705-739-6111



Orillia Court House 700 Memorial Ave 705-326-2671



Bradford Court House 57 Holland St. E. 905-775-2621



Midland Court House 57 Holland St. E. 905-775-2621



Newmarket Court House 50 Eagle St. W. 905-830-0303





Lindsay Court House 440 Kent St 705-324-1400



Minden Court House 7 Milne St 705-324-1400



Peterborough Court House 70 Simcoe St 705-876-3816



Cobourg Court House 860 William St. 905-372-3751

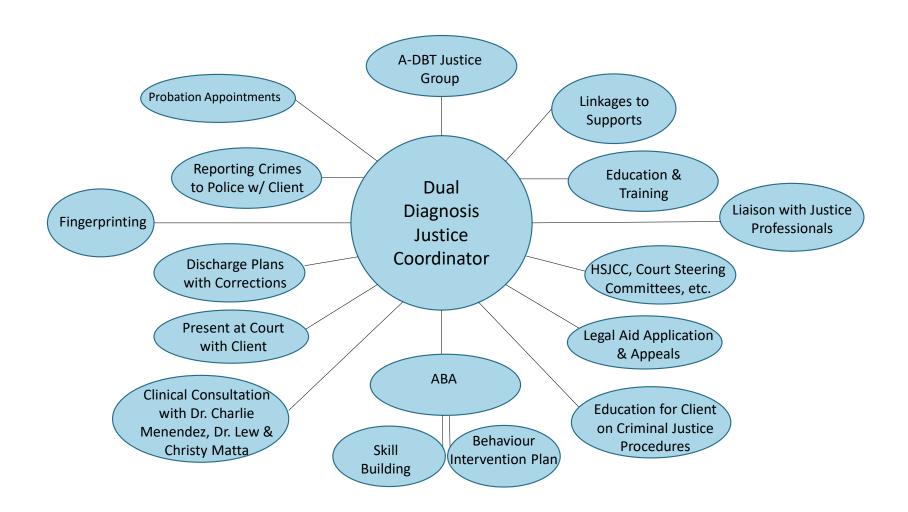


Oshawa Court House 150 Bond St. East 905-743-2640

Dual Diagnosis Justice Coordinator (DDJC)

- Assist the individual no matter what stage of the justice system they are in using a biopsychosocial approach and principles of Applied Behaviour Analysis when needed
- Cross-sectoral partnership and planning
- Coordination of alternative court resolutions (i.e., diversion), discharge planning, central point of contact to connect with other services

Goal: Ensure that the person, whether a victim, witness or accused, experiences the justice system in an equitable manner



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Referral to Clinical Justice Program – CNSC-CE

- DDJC Referral Process:
- Referral is made to Developmental Services Ontario Central East Region (DSO-CER) by a person, family, agency by calling:

905-953-0796

or toll free:

1-855-277-2121

Homepage | DSO (dsontario.ca)

- Access point for all developmental services funded by the Ministry of Children, Community and Social Services (MCCSS) in Ontario
- Must have a developmental disability, live in Ontario and be 18 years old
- If you suspect a person has a disability and would benefit from supports, call DSO
 - Referral to the Dual Diagnosis Justice Coordinator can be made while pending eligibility

Clinical Justice Program



Clinical Justice Program - Timeline





Clinical Justice Program

Pillar I:

The Justice Clinic

ABA Justice Plans

individual skills/behaviour training

Court Support Plan

 teaches justice professionals accommodations for clients in trial

Pillar II:

A-DBT Justice Group

Teach coping skills in areas of:

- Mindfulness
- Emotion regulation
- Distress tolerance
- Interpersonal effectiveness

Pillar III:

Justice App

Building Capacity

- Clients
- Support Systems
- General Public

Pillar IV:

Clinical Justice ABI Resources

Consultation and Resources

- Resource Library
- ABI Clinical
 Consultations for individuals, community
 service providers and justice professionals

Pillar V:

Provincial Justice Training & Education

(In Development)

- Training for Justice
 Professionals
- Publication of a Justice Training and Education Manual
- Justice Clinical Consultation

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Pillar I: The Justice Clinic ABA Justice Plan Examples



- Rules and expectations of both in-person and virtual court
- Decreasing behaviours in the court house
- Rights and responsibilities for a victim/witness
- Adapting/individualizing mental health diversion curriculum
 - (e.g., Anti-Theft, Anger Management, Boundaries, Partner Assault Response)
- Peace Bond conditions
- Probation order conditions to follow and self management schedule

Approaches/Steps to Advocating for Services

- Ask daily guards and/or nurse for service that you require
- Ask daily guards who you can speak to about what you need
- 3. Ask daily guards to speak with a social worker



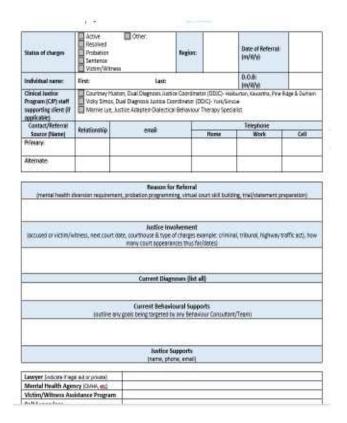


Referral for Justice Specialist/Behaviour Consultant

 Email CNSC-CE's Clinical Justice Program (CJP) to inquire about a referral:

clinical.justice@clhmidland.on.ca

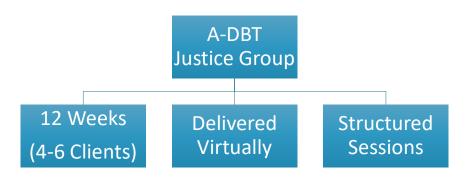
 The CJP will triage the request and forward appropriate referral form based on capacity to support



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Pillar II: Adapted Dialectical Behaviour Therapy (A-DBT) Justice Group





- Goal is to enhance coping skills in the areas of mindfulness, emotion regulation, distress tolerance and interpersonal effectiveness
- Virtual groups run weekly for 12 weeks in one hour sessions with two facilitators and one participant observer
- Co-facilitation team is comprised of rotational multidisciplinary professionals with a Justice A-DBT Specialist dedicated to every session
- Individual review and 1:1 A-DBT justice sessions provided when clinically necessary
- Structured sessions: Starting with Mindfulness, Check-in, Skills Teaching, Ending with Mindfulness
- Support staff present in group and assists client with homework and skills practice between sessions
- Can be used simultaneously with other pillars





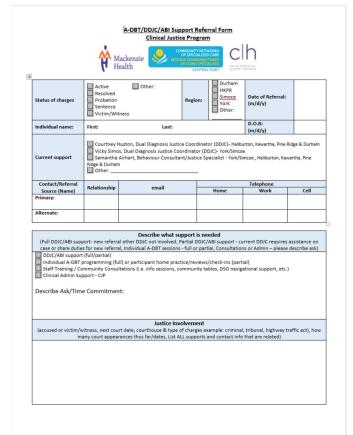
Referral for Justice A-DBT Programming



 Email CNSC-CE's Clinical Justice Program (CJP) to inquire about a referral:

clinical.justice@clhmidland.on.ca

 The CJP will triage the request and forward appropriate referral form based on capacity to support



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Pillar III: Justice App



 The goal of the Justice App is to build capacity and this will be accomplished by outlining information from first contact with police all the way through the criminal justice system





Justice App 2.0 updated to include: Forensic System and Incarceration Systems



Pillar III: Justice App



Developed by the Community Networks of Specialized Care - Central East in partnership with Centre for Behaviour Health Sciences

Link to access the Justice App:

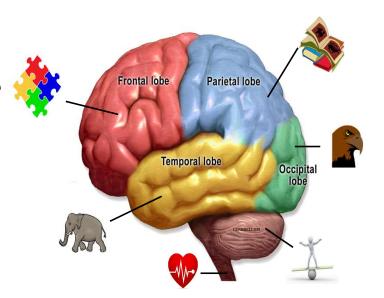
https://justiceapp.community-networks.ca







- Provide justice focused skills & behavioural training adapted to support the neurodiverse needs of the many populations we serve
- Build capacity amongst community partners and service providers
- Create justice focused ABI Resources as needed, including informational brochures, identification cards, visual reminders, etc.
- Co-Lead for Central Region's Provincial ABI Initiative (Neurotrauma Care Pathways)



ABI Resource Library

I can best communicate in a calm manner. Thank you for your patience and kindness.

Symptoms of my brain injury may include difficulty with the following:

- Attention, memory, comprehension, and/or processing
- Confusion and/or disorientation
- · Emotion regulation and/or sudden mood changes
- Balance and/or coordination
- Fatigue, headaches, and/or seizures
- Speech, vision, and/or hearing difficulties



If I appear to be in crisis or in need of assistance, please call my emergency contact listed on the other side of this card.

BRAIN INJURY IDENTIFICATION CARD

Hello. I have a brain injury which may affect my ability to communicate. To avoid misunderstandings, please see reverse.

Name:

Emergency Contact:

Emergency Phone:

Helpful Tips!

- Have I set a reminder in my calendar?
- Do I need to bring anything with me?
- Do I know how to get there?
- If I need extra help, is there someone I could ask to come with me or remind me?

Clinical Justice Program

Community Networks of Specialized Care – Central East







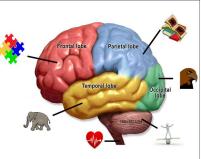
Who is it with?

When is it?

Where is it?

What is it about?

What do I need to bring?



Acquired Brain Injury (ABI) Justice Resources







Clinical Justice Program

The Justice Clinic ABA Justice - Skills and behaviour training Court Support

Program Teach coping - Mindfulness Regulation - Distress Tolerance - Interpersona

A-DBT

Justice

Justice

Clinical Justice ABI Resources Consultation ABI clinical consultations

Pillar IV:



Pillar V: Provincial Justice Training & Education

The Provincial Justice Training and Education pillar will incorporate three main areas of focus:

- 1. Training for Justice Professionals
 - Module or full training offered
 - All justice professionals who encounter individuals with developmental disabilities will be trained to support in an individualized, evidence and skills-based way
- 2. Publication of a Justice Training and Education Manual
 - This manual will have sections mirroring the justice professionals training but further define interventions, strategies, and resource linkages for other areas including family, agencies, persons supported and community.
- Justice Clinical Consultation (Immediate)
 - Regional and provincial consultations for a variety of multidisciplinary community partners
 - Student placements (Laurier University, Durham College, Seneca Polytechnic)



Clinical Justice Program Spotlights

Feature in Lawyer's Daily:

https://www.thelawyersdaily.ca/articles/25374/justice-clinic-improves-outcomes-for-persons-withdevelopmental-disabilities-?spotlight=1

Feature in Connected, CLH DSS Foundation Magazine:

https://www.clhmidland.on.ca/docs/2021-winter-connected/

Justice App added to Georgian College Curriculum and featured in OASIS July 2022 Newsletter

https://justiceapp.community-networks.ca

alone in the court system. ell together – I bring ABA owledge where Courtney is ale in justice and the court*

d Behaviour Analyst (BCBA) working with individuals with and Dual Diagnosis, including ¼ at both the Centre for Behaviour ie Health) and Surrey Place. ABA is ng approach that aims to produce vior changes—in this case, to help in court, whether they're there as sime or the accused Vicky is also the tice Clinic in partnership with Centre clences (Mackenzie Health)

for Haliburton, Kawartha, Pine Ridge tion to her BA in Forensic Psychology inology, she worked at Central East in the Psychology Dept., and the ealth Association in Justice Services VSC-CE in 2018, a few months before

e first pillar) uses Applied Behaviour tool to construct and implement Plans and Court Support Plans The is to build skillis and behavior for the te successfully. Court Support Plans to has a court role during a trial with 1 accommodations to ensure the their evidence. Caurtney and Viday seminars, and "lunch & learns" to mmunity health practitioners and Caurtney says, "The real light in you have an agency that has support, and then they see the 1 hey come back with more and

Vc ectical Behaviour Therapy & havioural Therapy, which va 'ts with a developmental



Lieft: Courtney Hutson Right: Vicky Simos

disability. Since 2008, the CNSC-CE in partnership with a variety of community agencies has been providing weekly A-DBT group sessions across Central East region in 2020, funding from the Central Local Health integration Network (LHIN) gave lift-off to a plot project to bring A-DBT and its focus on core mindfulness, interpersonal effectiveness, emotion regulation and distress tolerance to support individuals in the justice system. These have run (virtually) on a weekly basis with trained A-DBT therapists, with very promising outcomes.

The newest CNSC-CE initiative (and third pillar) is The Justice App. A "what if" conversation in September 2020 about using technology to serve their high needs clients during the pandemic led Vicky, Courtney and Marnie to go to work on a solution. By spring 2021, with help from colleague Justin Neilon, a newly developed app was tested, and then refined.

The final version was publicly launched in November 2021. The Justice App contains heipful information about navigating the court system when it is most needed. With step-by-step photos and examples, supported individuals, their families, and their direct support professionals can walk through the processes and definitions, and better understand the terminology, stages and expectations of the court systems. As Vicky and Courtney make their way through wait lists and the increasing

Funding for these initiatives is not permanent; provincial support is currently in place until March 2022. Recognizing the tremendous outcomes for individuals who have successfully participated in these programs, CLH Developmental Support Services and CLH Foundation are committed to finding iong-term funding solutions.

demand for service, the app can provide individuals and

family members access to information they need all in one



bout the Community Networks of Specialized Care (CNSC) – Octorio

place - in the palm of their hand.

The Community Networks of Specialized Care (CNSC) links specialized services and professionals to collaborate and develop complex support plans for adults who have developmental disabilities with high support and complex care needs. The CNSCs bring together people from many sectors including developmental services, health, research, education and Justics in a common goal of improving novigation, access and quality of services. The CNSC works in four focus areas: Complex Support Coordination, Health Care Facilitation, Service System Resources and Dual Diagnosis Justica Case Management.

CLH Developmental Support Services serves as the accountable agency for the CNSC in Central Bast, which includes Simose, York, Durham, Haliburtan, Kowarthu and Phe Ridge. The mandate focuses on providing complex support and support coordination for individuals, and acting as a resource for other service agendee, Developmental Services Ontario (OSO) and local planning tables. Additionally, CNSC-CE builds sector capacity through education and mentionship to other care managers and service agencies and provides provincial coordination of videoconferencing and French language resources. Case Study





Person Profile



- 31-years-old, male
- Diagnoses of Asperger Syndrome, Fetal Alcohol Spectrum Disorder, Attention Deficit Disorder, Obsessive Compulsive Disorder
- Involved with the youth criminal justice system but no adult criminal history
- Living alone in an apartment and only support was Adult Protective Services
- Charges: Possess Child Pornography, Accessing Child Pornography

Disclaimer: All names and identifying information have been changed to protect confidentiality

- DDJC received referral from APSW. May - Released on bail to reside at his surety's home. 2020 - Completed Legal Aid Ontario application and retained counsel. - Continued delays due to co-accused, further investigations. - By April 2021, it was suggested upfront programming could assist with a potential resolution. 2021 - Connected to Justice Specialist (May 2021) for Applied Behaviour Analysis programming on boundaries/consent. - Justice Specialist completed a Functional Assessment and gathered baseline data. 2021 - Created an Individualized Justice Plan to work on his boundaries/consent content in two parts. - Program was completed and individual was discharged in September 2021.

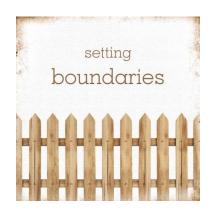


What is a Boundary?

• A limit that we set in our life (a guideline).

Boundaries help us to:

- Decide whether to say "yes" or "no" based on how we feel
- Have healthy relationships
- Make good choices









What are some boundaries that you can set in your life?

RESPONSIBILITY

Make sure you are responsible for your own choices

RESPECT/CONSENT

Respect when others say "no"

POWER

Have the power to decide what choices to make and ask for help when needed







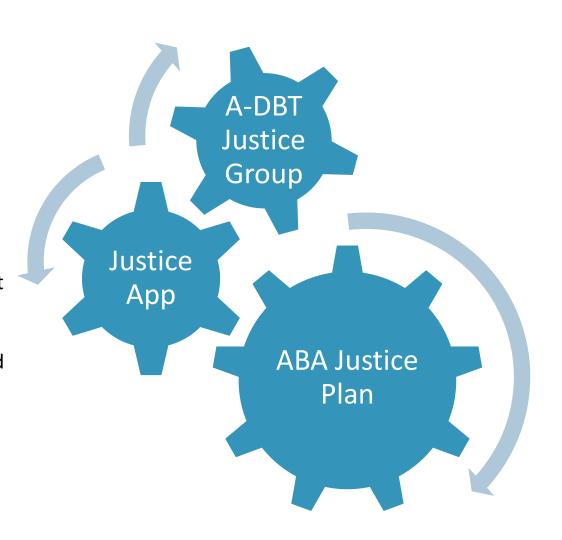


- Completed psychiatric consultation to evaluate if medication changes were required. - Gathered letters of support from his APSW, DDJC, surety etc. 2021 - In further discussions with the Crown, it was determined further programming would be needed. - Supportive housing would also allow for the opportunity to complete house arrest rather than jail sentence. - Enrolled in Justice Adapted Dialectical Behaviour Therapy (A-DBT) virtual group running Oct 2021-Jan 2022. 2021-- Accommodations were made to assist with anxiety (camera off, use of chat function, support person speaking). 2022 - Successfully completed the group and was awarded a certificate of completion. - Explored community supportive housing options but no success. - Decision was made to present him at local table, then mobile resource team and then finally, at the regional level. 2022 - At regional it was determined that he should be put forward for an offence specific treatment home vacancy.

- Completed assessment for the treatment home in-person. - Offered a treatment bed and he accepted the offer. 2022 - Treatment move-in date was not set until end of September due to internal delays caused by staffing issues. - Further delayed due to need to have in-person site visits at the home. - Moved into the treatment home early October 2022. 2022 to - Sentencing completed in March 2023 – 2 years less a day to be served on house arrest conditions due to "exceptional circumstances." 2023 - He will then be bound by a three-year probation order. - Use of developmental service resources and the Clinical Justice Program to ensure that the person had the best 2023 outcome – i.e. treatment instead of straight jail time that wouldn't provide treatment.

The Moving Parts

- Multiple CJP pillars of support utilized to develop a functional and coordinated support plan for this individual.
- Through this comprehensive and collaborated approach, he concluded his justice matters successfully and has new coping skills and provisions in place to support his complex needs.



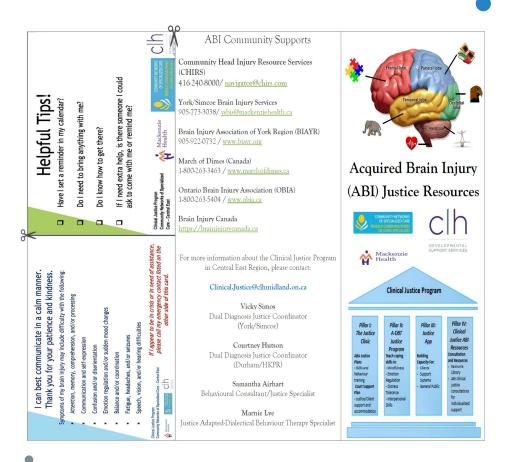


Where are we now?



- Currently residing in the treatment home and has been actively engaging with treatment, community outings and house arrest conditions.
- DDJC continues to participate in service review meetings and be available as needed.
- Clinical Justice Program resources such as ABA and A-DBT materials as well as the Justice App continue to be available for review.

Resources & Tip Sheets

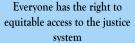


PDF Version of 2-page provincial resource to be included in slide distribution

- Created as a resource for ABI justice involved clients (YORK)
- Pamphlet can be printed out and wallet cards detached



Appointment Reminder





If you suspect that you or a person you are supporting has a developmental disability, please connect with your local Developmental Services Ontario (DSO) for more support and information

Website: https://www.dsontario.ca/ Phone: 1(855) 277-2121

Tips to connect with DSO

- Ensure proof of identification is current and information pertaining to the nature of disability is available – a Psychological Assessment is DSO's preferred proof document
- Have a support person available if possible
- Connect with DSO via their website or phone (listed above)
- Leave a clear spoken voicemail including:
 a. Spelling of your first & last name
 - b. Your date of birth
 - c. Your call back number
 - d. The reason for calling (indicate if it's an urgent matter)

You will likely be required to leave a voicemail due to high volume of calls.

A Service Navigator will be assigned to call you back as soon as possible.

Tips to help someone with a history of ABI in the Justice System

- ✓ Ensure equitable access to information the justice process should happen with the individual, not to the individual
- ✓ Use visuals or give written instructions with simple language
- ✓ Ask for information to be summarized back
- ✓ Assist with planning in multistep processes
- ✓ Include family or other support systems in the processes
- ✓ Look at the whole person biopsychosocial
- ✓ Investigate areas of need that require support (living, housing, behavioural, etc.)
- ✓ Seek out community resources for ongoing/long-term support

Navigational Justice Support Scan the QR code with your phone to visit:



Justice App
For understanding the justice process



BRAIN INJURY IDENTIFICATION CARD
Hello. I have a brain injury which may affect my ability to communicat
To avoid misunderstandings, phase see reverse.
Name:
Emergency
Contact:

Emergency Phone:

What is it about?
What do I need to bring?

X









THE JUSTICE APP

Brought to you by:

The Clinical Justice Program

Created in partnership between the
Community Networks of Specialized Care – Central East,
CLH Developmental Support Services and
Mackenzie Health, Centre for Behaviour Health Sciences

One of the goals of the Clinical Justice Program (CJP) is to enhance public education in order to ensure a more equitable criminal justice process.

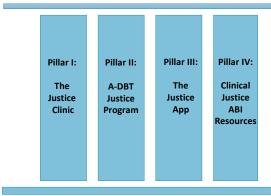
The CJP is building capacity by establishing the JUSTICE APP, a tool which outlines information from first contact with police all the way through the criminal justice system.

You can access this FREE helpful resource below!

https://justiceapp.community-networks.ca



Clinical Justice Program





Justice App 2.0 updated to include: Forensic System and Incarceration Systems

For more information about The Clinical Justice Program please contact: clinical.justice@clhmidland.on.ca

INCLUSIVE JUSTICE TIP SHEET

What we can all do to further support individuals with complex needs in the justice system



- ✓ Promote equitable engagement in the justice process the justice process should be happening "with" the individual, not "to" the individual
- ✓ Communicate effectively use simple language, check comprehension, be an "interpreter"
- ✓ Provide visuals / written instructions (i.e. Justice App, Reminders) break down steps
- ✓ Coordinate tasks in the justice process (i.e. arranging transportation, collating documents, monitoring appointments, etc.)
- ✓ Include family or other personal support systems in the process
- ✓ Screen for co-morbidities (i.e. HELPS Brain Injury Screener) use a biopsychosocial lens, support the *whole* person
- ✓ Link to community resources for ongoing / long term support provide a take-away or
- connection which extends beyond the justice system
- ✓ Collaborate, build capacity, work at a systems level when necessary ADVOCATE



TAKE AWAYS



- Be innovative in providing advocacy and support
- Flexibility in providing programming is the key
- Collaborate with community partners and professionals to provide equitable access to the justice system





Questions?

Contact Information



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