



**The Downtown Toronto Human Services and Justice Coordinating Committee
(DT- HSJCC)
Presents
A Lunch N' Learn Session:**

AFFIRMING TRANS AND NON-BINARY GENDER IDENTITIES
With
Carrie Lawford & Julia Loewi

Learning Objectives:

1. Gender 101 - Enhance knowledge of gender identities, expressions, and examine cultural values, assumptions, gender roles and norms, etc.
2. Develop an awareness of key terms and concepts related to gender identity
3. Learn strategies and approaches to create inclusive and equitable spaces and reflect competency with trans and gender diverse communities

Carrie Lawford: they/them pronouns) is a Social Worker in the Adult Gender Clinic at the Centre for Addiction and Mental Health (CAMH) in Toronto. They hold Adjunct Lecturer Status in the Factor-Inwentash Faculty of Social Work at the University of Toronto. At CAMH and within a Toronto-based private practice, Carrie provides assessment and psychotherapy for clients, both emerging in terms of gender identity and expression, and clients moving forward with transition-related surgeries. They are actively involved in promoting knowledge and advancing competencies in healthcare (primary care and allied health) as a means of increasing health equity within trans and gender expansive communities.

Julia Loewi (she/her pronouns) is a Social Worker with over 13 years of experience working at the Centre for Addiction and Mental Health (CAMH) in Toronto. Julia's extensive experience includes assessing and treating individuals, families, and groups in the areas of mood and anxiety, personality disorders, trauma, and addictions. Her integrative, holistic, and trauma-informed approach to psychotherapy is grounded in evidence-based practices including cognitive behavioural therapy, dialectical behavioural therapy, and mindfulness based cognitive therapy. Julia is presently working at the Adult Gender Identity Clinic providing assessment, counseling, and groups to trans and gender expansive clients.

When: Monday, March 9, 2020

Where: Old City Hall, 60 Queen St, West Room 155

Time: 1:00 p.m. – 2:00 p.m. (Light lunch will be provided)

RSVP: Domenica Dileo domenica.dileo@rogers.com by March 6, 2020