



# Durham Regional Human Services and Justice Coordinating Committee

## Meeting Minutes

Date: December 13<sup>th</sup>, 2018

Durham HSJCC Members (Delegate, if applicable)	Organization	✓	R
Rob Adams Chair - Durham HSJCC	Durham Mental Health Services (DMHS)	✓	
Christina Morino Project ( <i>Admin</i> ) Support - Durham HSJCC	Consultant & Communications Specialist - Mental Health & Addictions	✓	
Paul Secord Stand in Chair/Co-Chair ( <i>when required</i> )	Canadian Mental Health Association (CMHA) Durham		R
Vickie Jennings (Delegate - Nicola Crow)	Durham Family Court Clinic (DFCC)	✓	
Dianna Eastwood (Delegate - Shelley Lawrence)	John Howard Society (JHS) Durham	✓	
Karly Kirk	Victim Witness Assistant Program - Ministry of Attorney General (MAG)		R
Lauren Chitra (Delegate - Jai Mills)	Central East Local Health Integration Network (LHIN)		R
Denise Wright	Durham East Probation and Parole		R
Michael Newell	Ministry of Attorney General (MAG)	✓	
Greg O'Driscoll	Ministry of Attorney General (MAG)	✓	
Shelley Passfield	Ministry of Community Safety and Correctional Services (MCSCS)	✓	
Sue Pearce	Ministry of Children, Community and Social Services (MCCSS)		R
Michele Rampino	Ministry of Children, Community and Social Services (MCCSS)		R
Judy Kyle	Ministry of Attorney General (MAG)		R
Jim McNamee	Ontario Shores Centre for Mental Health Sciences		R
Vida Vaitiekunas (Delegate - Helen Hamblin)	Central East Correctional Centre		R
Justice (Mary Teresa) Devlin	Ontario Court of Justice		R
Cindy Dionne	Ministry of Children, Community and Social Services (MCCSS)	✓	
Sarah Potter	Toronto Bail Program (Oshawa)		R
Valerie Mussington	Durham Mental Health Services (DMHS)	✓	

Lorna Frost	Salvation Army Correctional and Justice Services, Durham Regional Court		R
Cherie Banbury	Ministry of Children, Community and Social Services (MCCSS)		R
Courtney Hutson	Haliburton, Kawartha, Pine Ridge & Durham Community Networks of Specialized Care Central East		R
Paul McGary	Lakeridge Health, Pinewood Centre		R
Lisa Matheson	Canadian Mental Health Association (CMHA) Durham	✓	

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Item for Discussion	Discussion
1. Welcome and Introductions	Rob welcomed everyone as Chair. Members introduced themselves around the table. Welcome to New Member Lisa M from CMHA Durham. Also, welcome Guest Speakers – Emma and Michael from Ontario Shores - Big White Wall, and guest attendee David Clarke from DMHS.
2. Approval of Today's Agenda	Members reviewed and approved the Agenda for December 13, 2018 meeting. Rob added an additional item – brief SWOT Analysis of Durham Regional HSJCC.  <b><u>ACTION:</u></b> SWOT Analysis and Provincial HSJCC's Priority Setting Exercise Questions added to today's Meeting Agenda. <b><u>MOTION:</u></b> Approved the Agenda.
3. Approval of Minutes from previous meeting - September 25, 2018.	Members reviewed and approved the (amended) minutes for the meeting held on September 25, 2018.  <b><u>MOTION:</u></b> Approved meeting minutes with exception of correction of the Organization name for Shelley P. Correction of MCCSS to MCSCS (Ministry of Community Safety and Correctional Services).
4. Guest Speakers	<b>Emma Adams and Michael Filer - Ontario Shores Centre for Mental Health Sciences, Mental Health and Addiction Strategy Implementation</b> provided an overview presentation on Big White Wall (BWW). <ul style="list-style-type: none"> <li>• BWW is a free site/resource. Government of Ontario has purchased 10,000 licenses. Please note to visit the .ca site (listed below) as the .com site has a cost.</li> <li>• Several cases were presented to demonstrate the various supports of BWW.</li> <li>• BWW is most utilized at 2:30am.</li> <li>• Need internet to access this resource which is only available (currently) in English. Concerns were brought up by Members that not everyone has internet access and some people are not even comfortable using the internet, and/or have language/literacy barriers. Also, it is not a crisis service, nor seems for people with severe mental health issues. Does not have ALL accessibility (i.e. for hearing impaired). It is best used on computer, although can be used on phones. The site does have zoom capability (for ease of reading).</li> <li>• There are Organizations that are integrating the resource into their EAP.</li> <li>• BWW started in England and UK. Now available in Ontario, New Zealand and the USA. With over 75,000 members since 2007.</li> <li>• Available 24 hours a day and has "Wall Guides" that actively monitor the site at all times.</li> <li>• Meaning of the name: <b>Big</b> - Human Emotion; <b>White</b> – Canvas; <b>Wall</b> - Shelter and Support and Barriers needed to break through to improve mental health.</li> </ul>

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	<ul style="list-style-type: none"> <li>Brochures, cards, posters and information packages were distributed to committee. For more information visit <a href="http://bigwhitewall.ca">bigwhitewall.ca</a> and <a href="mailto:bounceback@ontario.cmha.ca">bounceback@ontario.cmha.ca</a></li> </ul> <p><b>ACTION:</b> Christina to send out full BWW presentation/info to group. Christina sent presentation to group, via email, on December 14, 2018.</p>
<p>5. Provincial HSJCC Updates/Information</p>	<ul style="list-style-type: none"> <li>Christina previously sent via email, along with December Agenda for the Durham HSJCC Meeting, the Provincial HSJCC November 20, 2018 Meeting Package and (2 page) Highlights document.</li> <li>Durham HSJCC members were asked to review it prior to December 13, 2018 given there would be no time for review during the meeting.</li> </ul>
<p>6. Why Do We Exist? Terms of Reference (TOR).</p> <p><i>*Added Agenda Item - SWOT Analysis and responses to questions for Provincial HSJCC Priority Exercise*</i></p>	<p>SWOT Analysis and discussion conducted:</p> <p><b>Strengths</b></p> <ul style="list-style-type: none"> <li>Diversity of representation at the table.</li> <li>Number of Organizations represented at the table.</li> <li>Desire and perseverance to address service coordination and respond to system issues, community education events.</li> <li>Consistency of Chair and project support/management keeps this Regional Committee on goal and organized.</li> <li>Table to identify issues with multi-sectors involved.</li> <li>Issues at practical level are tied to larger themes and put in context to relate to larger initiatives.</li> <li>Criminal Court office able to be involved.</li> <li>Meetings, goals, collaboration efforts on track.</li> </ul> <p><b>Weaknesses</b></p> <ul style="list-style-type: none"> <li>Limited engagement from across the sectors.</li> <li>Durham Regional Police Services (DRPS) and Lakeridge are not actively involved at the table.</li> <li>Not allot of authority. Could have additional decision makers at the table – would be beneficial.</li> </ul> <p><b>Opportunities</b></p> <ul style="list-style-type: none"> <li>Continue educational focus, continue input to Provincial HSJCC.</li> <li>Look at possibilities of teleconference capability for meetings in order to increase attendance at the table.</li> </ul>

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	<p><b>Threats</b></p> <ul style="list-style-type: none"> <li>• Inability to maintain momentum and realize the impact of change efforts, consistent participation.</li> <li>• Various factors are barriers for participation at the table (i.e. travel restrictions, time allowed away from office, etc.)</li> <li>• Uncertainty of funding from Government, as well as uncertainty of LHINs.</li> </ul> <p><b>Priority Setting Exercise Questions from Provincial HSJCC:</b></p> <p><b>What new initiatives are occurring in your environment that are impacting the work of your HSJCC? How are these initiatives changing or shaping the HSJCC's role in your community?</b></p> <ul style="list-style-type: none"> <li>• Central East LHIN review of Mental Health and Addictions System and Coordinated Access. Uncertainty as to how the outcome will affect or impact our Regional Committee and the Organizations that are representing at the table.</li> <li>• Durham District School Board (DDSB) and Durham Catholic District School Board (DCDSB) collaborating with other partners regarding Opioid and substance use. We had this set as a goal in our 2018-2019 Workplan but the community took initiative to work on it before we (as a committee) could start to work on it.</li> </ul> <p><b>What are the top three issues or challenges in human service and justice coordination in your community?</b></p> <ol style="list-style-type: none"> <li>1. Housing Issues (lack of housing)</li> <li>2. Access to free counselling</li> <li>3. Resource Capacity</li> </ol> <p><b>What are the top three initiatives that your Local/Regional HSJCC will be leading over the next year?</b></p> <ol style="list-style-type: none"> <li>1. Enhancing Membership</li> <li>2. Community Education/Training (<i>Mental Health 1<sup>st</sup> Aid and ASIST - Suicide Intervention Training</i>), as well as committee knowledge exchange/Guest Speakers at HSJCC Meetings</li> <li>3. Try to enhance client opportunities for (free) counselling</li> <li>4. Working Group on Fitness Assessments in Court System</li> </ol> <p><b>What support would your Local/Regional HSJCC like to receive from the Provincial HSJCC to achieve your mandate?</b></p> <ul style="list-style-type: none"> <li>• Updates on Provincial website and keeping all information from Local/Regional HSJCCs as current as possible.</li> <li>• More Leadership position of supporting collaboration of initiatives across Ontario.</li> </ul>

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	<ul style="list-style-type: none"> <li>• Successful/sustainable systems collaboration and development strategies.</li> </ul> <p><b>Durham Regional HSJCC TOR</b></p> <ul style="list-style-type: none"> <li>• Last approved Durham HSJCC Terms of Reference (TOR) was from 2011.</li> <li>• Christina created a new DRAFT of the Durham Regional HSJCC, which follows the Provincial HSJCC TOR as much as possible given there have been many changes in the formation of Regional HSJCC in the past couple of years.</li> <li>• TOR DRAFT was reviewed by Members at the table. One minor change on Page 3 noted to add the word “is” between representative and unable.</li> </ul> <p><b>ACTION:</b> Christina to enter responses from Durham HSJCC, of SWOT and Priority Setting questions, on Provincial HSJCC Survey link by the December 14, 2018 deadline.</p> <p><b>ACTION:</b> Greg will connect with DRPS Chief of Police to encourage them to have active representation on Durham HSJCC.</p> <p><b>ACTION:</b> Christina to email Members who were unable to attend today’s meeting to include them in providing feedback/edits for the TOR reviewed/edited by everyone at the table today. Christina sent email out on December 17, 2018 with request of feedback due from Members by December 21, 2018.</p> <p><b>ACTION:</b> Following feedback deadline, from all Members, Christina will work on the TOR DRAFT again to finalize for approval at January 31<sup>st</sup>, 2019 Meeting.</p>
<p>7. 2018 - 2019 Workplan Report Review/Planning/Questions</p>	<ul style="list-style-type: none"> <li>• Christina explained this report is due to Provincial HSJCC on March 1<sup>st</sup> of every year. This “<i>Workplan Report</i>” lays out the plans/goals of our Durham Regional HSJCC for the fiscal year ahead. The other report we provide to Provincial HSJCC is due June 1<sup>st</sup> each year and is called the “<i>Annual Report</i>”. The <i>Annual Report</i> reflects/reports our actual outputs and outcomes from our <i>Workplan</i> plans/goals.</li> <li>• Brief review and discussion ensued of the Durham Regional 2018 - 2019 Workplan Report.</li> <li>• Rob stated, as per our Workplan Goals, we will move forward with offering (free) training opportunities to Professionals and the community. Training focus will be Mental Health 1<sup>st</sup> Aid and/or ASIST (Applied Suicide Intervention Skills Training). These are each 2-day training sessions. We budgeted \$8,000 of our Durham Regional HSJCC funding so that the training sessions would be offered for free to participants.</li> </ul> <p><b>ACTION:</b> Rob will move forward with planning to offer free training in early Spring 2019.</p>

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Item for Discussion	Discussion
<p><b>Guest Speaker for Upcoming Meetings.</b></p>	<p><b>ACTION:</b> Rob to inquire with Durham Region Family Services for a Guest Speaker to present at our January 31<sup>st</sup>, 2019 Meeting.</p>
<p><b>Meeting adjournment</b>  <b>Next Meeting:</b> Thursday, January 31<sup>st</sup>, 2019, 9:15am-11:00am  <b>Location:</b> Whitby Mall, 1615 Dundas St., West Tower, Suite 202, DMHS Boardroom</p>	