



Gerstein Crisis Centre provides mental health crisis intervention, wellness and recovery activities, and training and education. Our 24/7 telephone crisis line continues to operate at full capacity by calling 416-929-5200 if you are in crisis.

STAY CONNECTED

Virtual Italian Wellness Support Group

We are hosting an 8- week ONLINE Italian Wellness Support Group on Tuesdays from 10:00 am to 11:30 am starting April 21 to June 9, 2020. These groups are free of charge and open to Italian speaking people. Space is limited and will be on first come basis.

To register please click the Gerstein Crisis Centre website link below:

<http://gersteincentre.org>

Tap on the Online Groups & Workshops and click on Virtual Italian Wellness Support Group, complete the sign-up form for registration.

You will receive the online video link after you register. Please note that you can join the group by virtual or call-in. We encourage people to participate using video view. Instruction on how to use Zoom in Italian will be sent prior to the group session.

If you have any questions, please contact Nicki Casseres at ncasseres@gersteincentre.org