



Comparing Models of Addiction Services

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FRSC 4890
March 25, 2015

Harm Reduction



Abstinence



The Project

- Examine Models of Addiction Services
 - Harm Reduction
 - Abstinence
- Central East LHIN Counties
 - Peterborough City and County
 - City of Kawartha Lakes
 - Northumberland County
 - Haliburton County



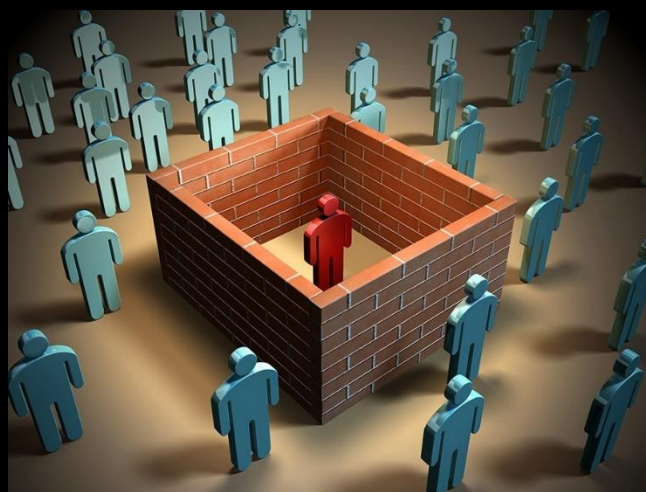
Research Questions

1. What are the differences between harm reduction and abstinence treatment programs
2. What programs are available in the four counties?
3. What programs are needed in these areas?
4. How do younger people relate to programs like AA or NA?

Why Does This Matter?



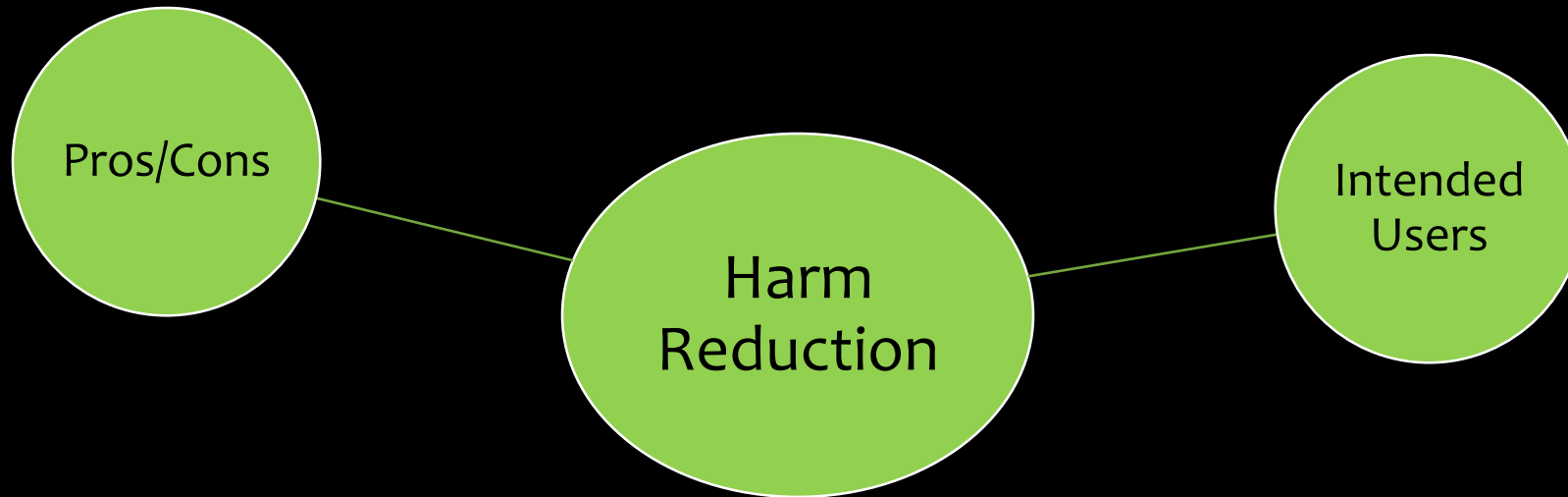
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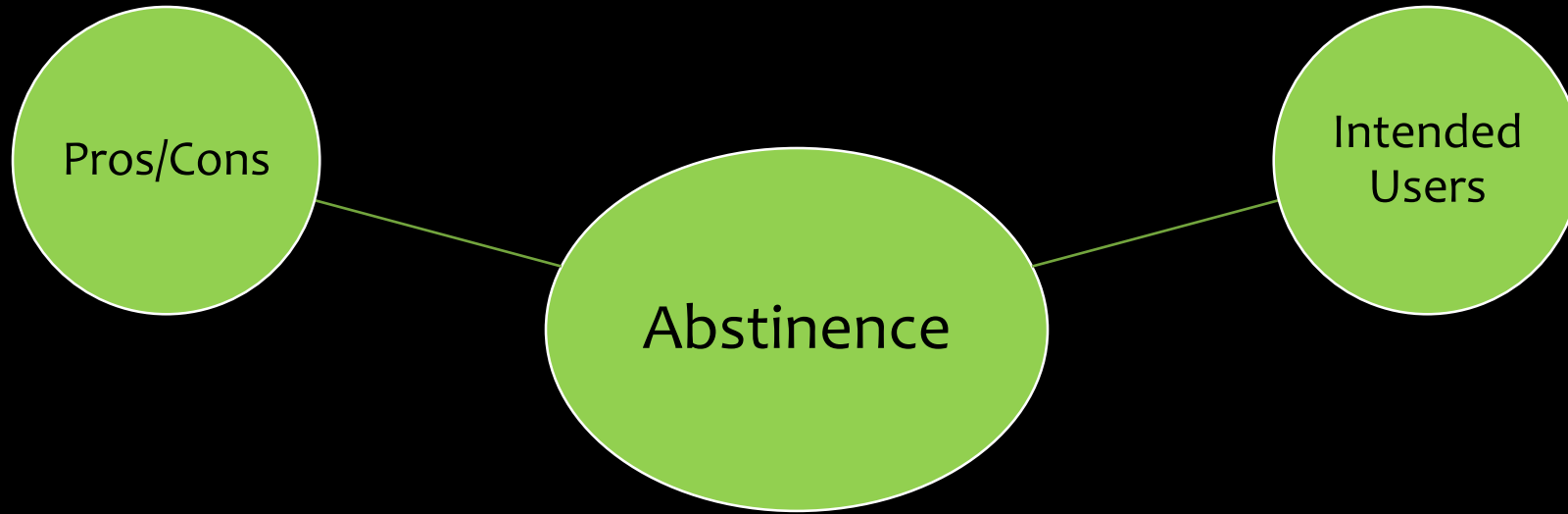
Methods

- Literature Review
- Identified Organizations
- Developed E-Survey and Interview Questions
- Interviewed/Surveyed Services and Front Line Workers

Main Results from Literature Review



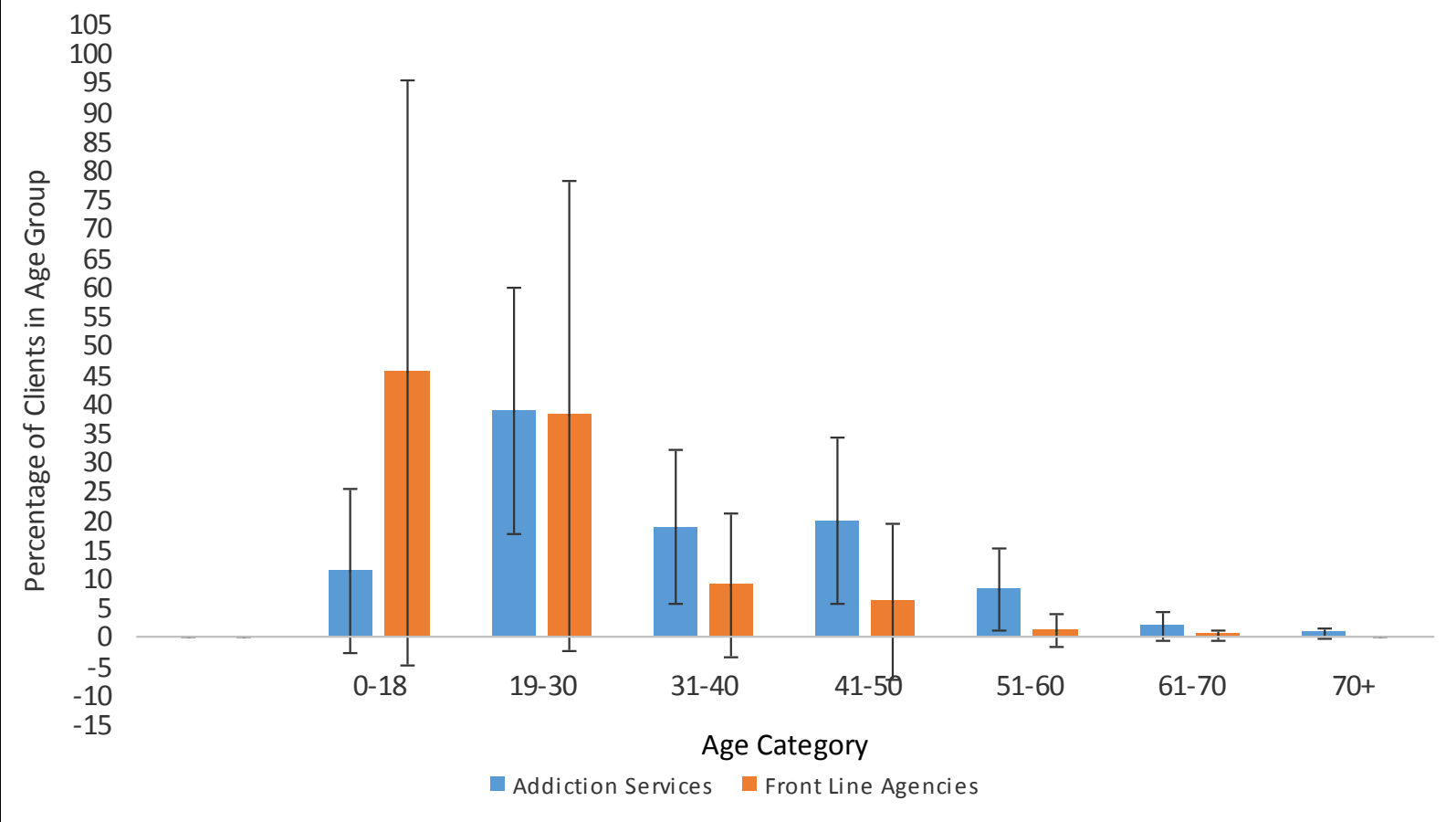
Main Results from Literature Review



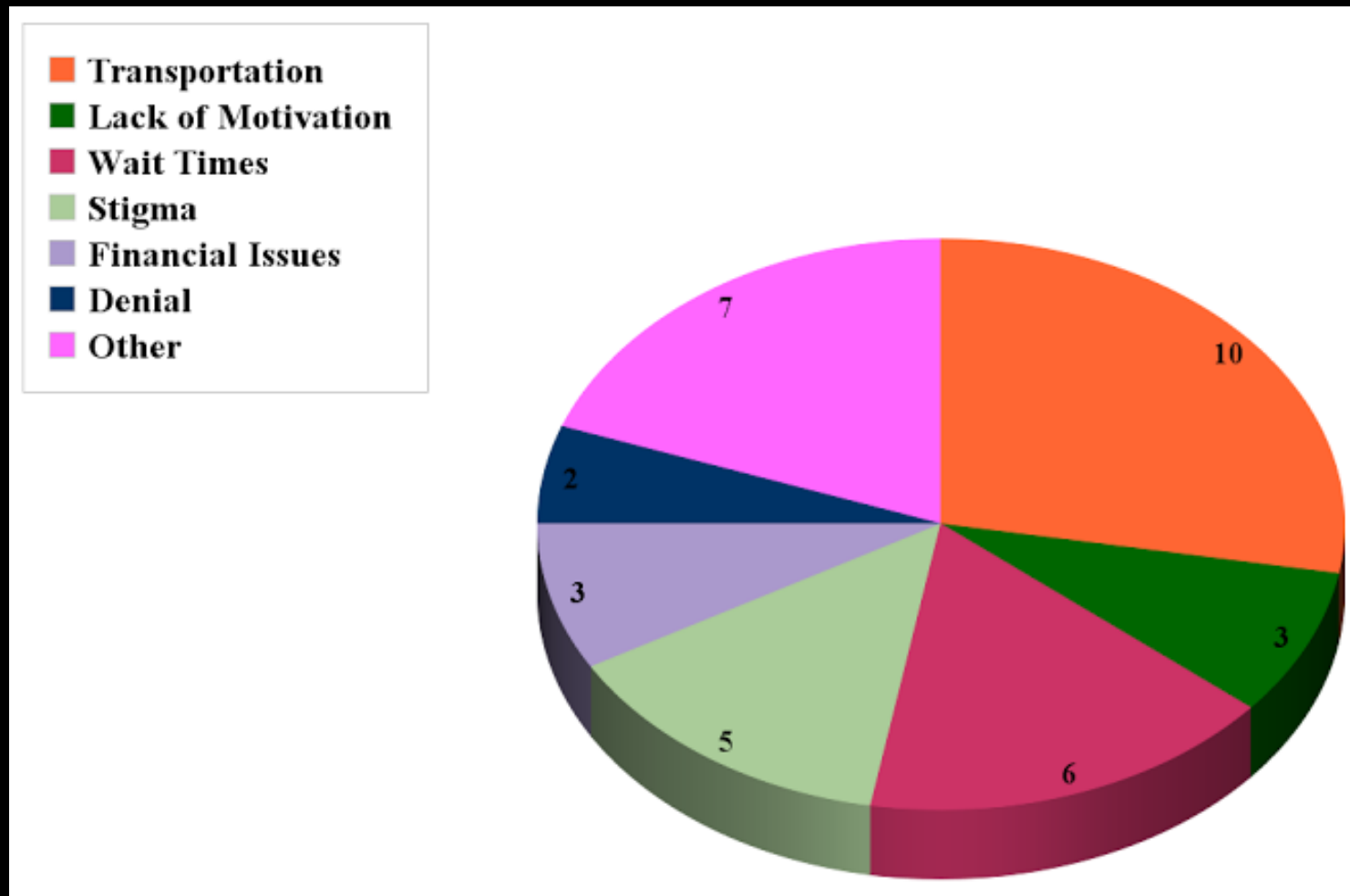
Main Results from Literature Review

- Factors that affect youth success in NA and AA
 - # meetings attended
 - How accessible the meetings are
 - Group atmosphere
 - Spirituality/Religious Aspects
 - Comfort level during meetings

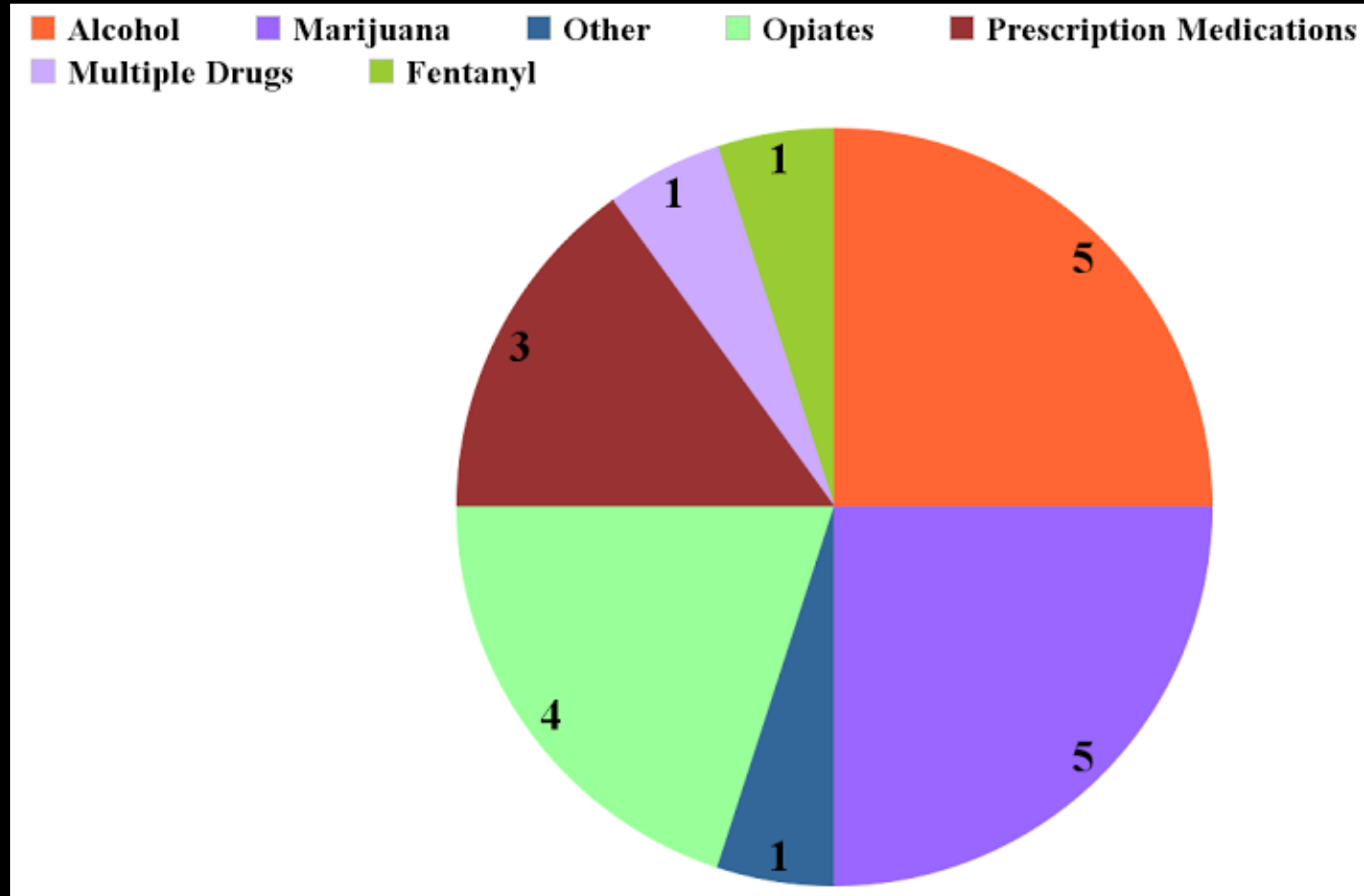
Results – Demographics of Clients



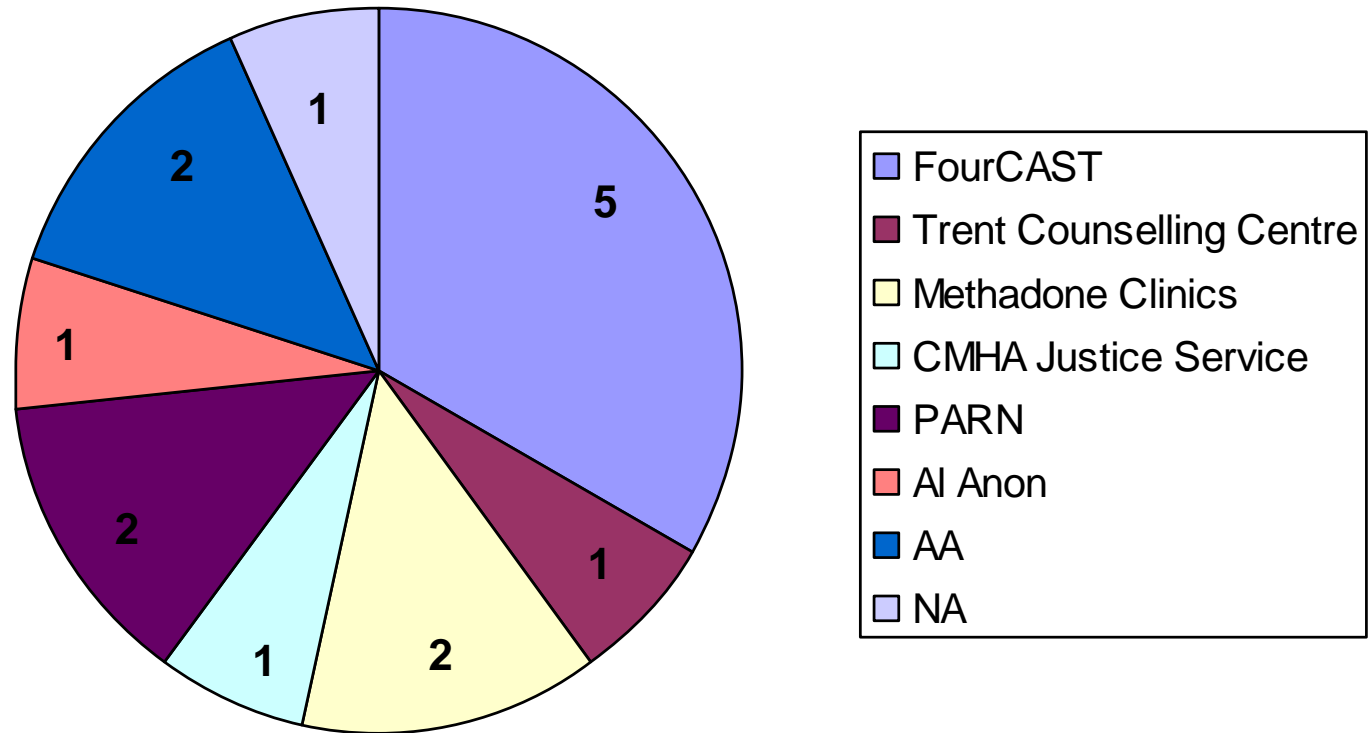
Barriers to Receiving Service



Nature of Dependencies



Where do FLWs refer individuals?



Gaps in the Current Services

- Lack of communication
- Lack of funding
- Lack of resources
- No residential detox program
- No supportive housing units
- For youth, lack of parental involvement

References

1. <http://www.starfm.com/files/needle-exchange1.jpg>
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