

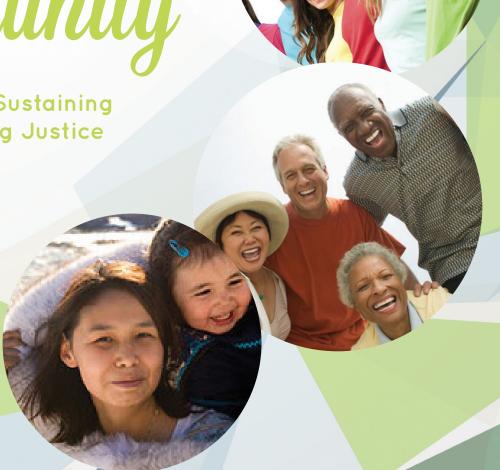
The Provincial Human Services & Justice Coordinating Committee

2015 Provincial Conference

# Mobilizing Community

Promoting Resiliency, Sustaining Recovery and Restoring Justice

November 16-18th, 2015 Toronto Marriott Eaton Centre



# Welcome from the PHSGCC Conference Committee

Dear Colleagues and HSJCC Members,

Welcome to the 5th Bi-annual Provincial Human Services and Justice Coordinating Committee (HSJCC) Conference.

Building on the success of our previous conferences, and with sponsorship from the Ministry of Health and Long Term Care, Ministry of Children and Youth Services, the Ministry of the Attorney General, Toronto HSJCC, Adams and Company and University of Guelph Humber. The conference will celebrate and highlight the work done by you with individuals at many intersections of various systems. The theme "Mobilizing Community - Promoting Resiliency, Sustaining Recovery and Restoring Justice" reflects that work.

The oral presentations and posters will be a knowledge exchange of promising practices, innovation and collaboration. It will be an opportunity to share ideas and a great place to meet and talk with current and future leaders in mental health and justice.

We would like to thank you for attending the conference and bringing your expertise to the gathering, and those who have sponsored this important event.

The conference would not be a success without the tremendous work and support of the Conference Planning Committee; we applaud their commitment, humour and ideas.

Sincerely,

Alice Bellavance (BISNO) and Gord Boyd (YSB) Co-Chairs, PHSJCC 2015 Conference Committee

# Thank you to the Provincial HSGCC Conference Committee

Tom Poray	CMHA Halton
Trevor Tymchuk	PHSJCC CKT Committee
Lori Ingriselli	Elizabeth Fry Society, Sudbury
Tricia Korbut	Connex
Michael Dunn	CMHA Start Talking
Jonathan King, Co-Chair	CMHA York Region & South Simcoe
Alice Bellavance, Co-Chair	Brain Injury Services of Northern Ontario
Susan Adams	Adams & Company
Robert Bernie	OPP Kenora
Katie Nanson	Welcome Centre , Womens Shelter, Windsor
Devon Gregory	
Sara Dias	
Karen Summers	MCSCS
Ryan Fritsch	LAO
Lin Sallay	Loft Community Services
Jenna Hitchcox	CMHA Ontario
Gord Boyd, Co-Chair	Youth Services Bureau

# Welcome from the PHS9CC

#### Welcome to the HSJCC 2015 Conference

#### Dear Colleagues

As co-chairs of the provincial Human Services and Justice Coordinating committee we welcome you to our 5th biennial conference, Mobilizing Community: Promoting Resiliency, Sustaining Recovery and Restoring Justice.

We anticipate that this learning and network opportunity will be as successful as the past conferences held in Toronto (2007, 2011, and 2013), and Niagara Falls (2009). We are very pleased to be able to continue to offer the high calibre of presenters and keynote speakers that you have come to expect.

We are grateful to the many members of the Human Service and Justice Coordinating Committee network who will be sharing their innovative practices, knowledge and experiences. This opportunity to collaborate results in a synergy that we expect will be essential as we continue to improve upon and develop new resources for our communities.

This year's conference will focus on how our communities have responded to the diverse needs of those we serve. We are very much aware of the importance of recognizing the unique needs of youth, adults and the elderly; and the many challenges faced by not only by individuals, but by the organizations that strive to help them effect positive and lasting change in their lives.

We would like to thank the conference committee members who have taken on the enormous job of hosting a conference of this magnitude. We are also extremely grateful for the financial support of our sponsors, without whom a conference of this scale would not be possible.

Please enjoy your time learning, pondering, networking and collaborating with your colleagues. All the best to you as you implement what you have learned when you return to you communities.

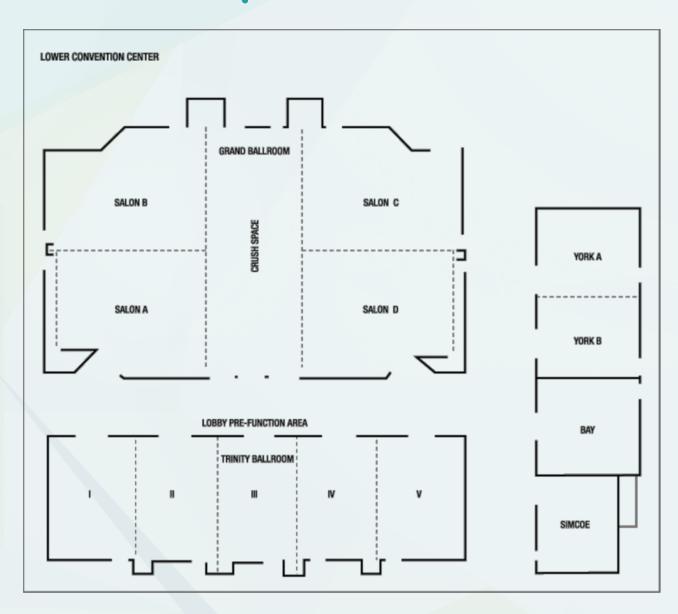
Please enjoy your next two and a half days.

Sincerely,

#### Katie Almond & Michael Dunn

Co-Chairs of the Provincial Human Services and Justice Coordinating Committee

# Venue Map





# About the PH9SCC

The Human Services and Justice Coordinating Committees (HSJCC's) were established based on the 1997 Provincial Strategy to Coordinate Human Services and Criminal Justice Systems in Ontario, in response to a recognized need in the province to coordinate resources and services, and plan more effectively for people who are in conflict with the law. Priority consideration is made for people with a serious mental illness, developmental disability, acquired brain injury, drug and alcohol addiction, and/or fetal alcohol spectrum disorder.

The HSJCC's grew out of a joint collaboration between the provincial Ministries of the Attorney General, Community and Social Services, Health and Long-Term Care, Community Safety and Correctional Services, and Children and Youth Services. Members of the HSJCCs come from various health and social services, and community mental health and addictions organizations across Ontario. All ministry representatives are ex-officio members. The 14 Regional HSJCC's coordinate communication and service integration planning between health, social, and criminal justice organizations within specific regions, and the 42 Local HSJCC's provide input to these regional groups and address local matters. The Provincial HSJCC, consisting of regional chairs and ministry and organizational partner representatives, has been developed as a provincial planning body.

# News & Updates

#### ACHIEVEMENTS OF THE PROVINCIAL HSJCC

In 2013, the Provincial HSJCC successfully hosted their biennial provincial conference in Toronto, New Realities: The Changing World from Youth to Seniors in Human Services and Justice. Over 400 participants from all human services and justice sectors gathered during this event to share their learning and successes to better meet the needs of youth and seniors. The Provincial HSJCC was very pleased to be able to support 15 people with lived experience to attend the conference in 2013, a support that has also been able to be provided to individuals for the 2015 conference by the provincial and many regional HSJCCs.

The Provincial HSJCC has delivered 10 province-wide webinars since the last HSJCC conference, covering a range of topics including: The HARM (Hamilton Anatomy of Risk Management) Tool, Fetal Alcohol Spectrum Disorder and Justice Related Services, and the Region of Waterloo Drug Treatment Court. These webinars have been a tremendous success for the HSJCC Network as a whole, and registration usually fills up within a few hours of their announcement. Most of the webinars are recorded and can be viewed by visiting the HSJCC website at www.hsjcc.on.ca.

The HSJCC Newsletter is now a bimonthly publication that offers information about the initiatives of local, regional and the provincial HSJCCs, information on new and promising practises, new research and articles, as well as educational and networking opportunities.

# News & Updates

#### (continued from page 4)

In 2013, the Provincial HSJCC began work to increase awareness about and address issues relating to police accompanied visits to emergency departments. Phase 1 of the project resulted in an Info Guide outlining initiatives throughout the province that aim to improve police-hospital transitions for individuals experiencing a mental health crisis. Phase 2 of this project created a brief report which outlined 3 promising protocols which could be considered for broader adaptation and implementation in Ontario. These 3 protocols came from Hamilton, Waterloo and Prescott and Russell County. The Provincial HSJCC conducted consultations with police, emergency department staff, and people with lived experience to inform this work. Phase 3 of this work is currently underway, and is focused on developing a provincial framework for police-hospital transfers in partnership with the Ministry of Community Safety and Correctional Services and the Ministry of Health and Long-Term Care.

In 2014, work began on a Specialized Courts and Court Support Programs Project that looked at creating a data base of Ontario specialized problem-solving courts including mental health courts, drug treatment courts, youth courts, Aboriginal courts, domestic violence courts and new specialized courts that are being proposed. A data base of court support programs from across Ontario generated by ConnexOntario was also a major aspect of this project.

The Provincial HSJCC has been very active in sharing its experience in the Human Services and Justice sectors with stakeholders and policy makers. Some of the submissions that the Provincial HSJCC has developed over the last two years include a: letter to the Ministry of the Attorney General's Justice on Target Bail Expert Table responding to the final recommendation in their report; letter to the Federal Minister of Justice regarding Bill C-14 Not Criminally Responsible Reform Act; response to Legal Aid Ontario's Mental Health Strategy Consultation Paper; and Pre-Budget Submissions to the Ontario Minister of Finance in 2014 and 2015 focused on access to housing. The police-emergency department protocol work of the P-HSJCC was presented at the 2013 HSJCC Conference, 2014 CMHA Nation-wide conference and the 2015 Addictions and Mental Health Ontario Conference. The Provincial HSJCC work on Strategies for Community Service Providers for Engaging in Communication with Correctional Facilities in Ontario Info Guide was also presented at the Annual National Correctional Services Healthcare Conference in 2014.

In the summer of 2015, the Provincial HSJCC received additional staffing resources to support the committee's ongoing system enhancement and coordination work at the provincial level. The additional staffing resources are available to the Provincial HSJCC through an enhanced partnership with the Canadian Mental Health Association Ontario (CMHA Ontario), the Provincial System Support Program (PSSP) at the Centre for Addiction and Mental Health (CAMH), and ConnexOntario, with support from the Strategic Policy Branch of the Ministry of Health and Long-Term Care (MOHLTC).

The additional staffing resources will also provide us the opportunity to initiate new system enhancement and coordination projects that will help the HSJCC Network better meet the needs of individuals who come into contact with the criminal justice system. The Provincial HSJCC wants to thank CMHA Ontario, PSSP/CAMH, ConnexOntario and MOHLTC for their ongoing support for the HSJCC Network.

# Current Work

# The Provincial HSJCC is focusing on the following projects and initiatives:

- Creating a 3 year workplan for the Provincial HSJCC by consulting with the local/regional HSJCCs and Provincial HSJCC partners through a priority setting exercise. Conference participants are welcome to participate in this exercise by completing the Priority Setting Exercise Questionnaire that has been included in the 2015 HSJCC Conference delegate bags.
- Redeveloping the HSJCC Network website to enhance online collaboration and information sharing.
  - Continuing to work on the issue of police-hospital wait times through a partnership project with the MOHLTC and the MCSCS.
- Hosting monthly webinars and producing bimonthly newsletters for the HSJCC Network.
- The Provincial HSJCC has created a working group focused on Mental Health Courts (also known as problem solving court, community courts, or specialized courts) in Ontario with the purpose of trying to better understand how these courts are created and implemented across the province.

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# Special Events

### Monday, November 16th, 2015



### Book Signing with Sheldon Kennedy

10:30am • Conference Foyer

Join us for a book signing with Sheldon Kennedy immediately following his keynote presentation. Books available for purchase at registration for \$20 cash.

### Monday, November 16th, 2015



#### Welcome Reception

5:00pm - 7:00pm • Conference Foyer



Join us for an evening of networking and light appetizers and cash bar. Music by Josh Dion. Reception and entertainment sponsored by Adams & Company.

### Tuesday, November 17th, 2015



## Meet & Greet: HSJCC Secretariat and Provincial Co-Chairs

12:30pm - 1:30pm • York AB

Over the summer, the Provincial HSJCC received funding to hire new staff members to support the work of the HSJCC Network. These staffing positions have now been filled and here is your opportunity to meet them! Katie Almond and Michael Dunn (Co-Chairs of the Provincial HSJCC), and Trevor Tymchuk (Chair of the Provincial HSJCC Communications and Knowledge Exchange Committee) will be available to meet and answer questions about the HSJCC Network. They will also be available for Regional and Local HSJCC Chairs to ask questions about the new reporting template that will be required for the 2015/2016 fiscal year to showcase HSJCC activities and accomplishments.

## Tuesday, November 17th, 2015



#### Film Presentations

6:00pm - 8:30pm

Three Voices: Discovery, Recovery, Hope - Salon 5

Healing Neen: Tonier Cain - Salon 1-2

Out of Sight, Out of Mind - Bay



# Conference Day 1

Monday, November 16th, 2015

# Conference At A Glance

Monday, November 16, 2015

TIME	EVENT	DETAILS
8:00am - 9:00am	Continental Breakfast Registration	Grand Ballroom Foyer
9:00am - 9:30am	Welcome & Opening Remarks	Grand Ballroom
9:30am - 10:30am	Keynote Speaker Grand Ballroom	Sheldon Kennedy
10:30am - 11:00am	Book Signing Health Break	Sheldon Kennedy Grand Ballroom Foyer
11:00am - 12:30pm	H1-H6 Concurrent Sessions	H1 – Grand Ballroom H2 – Bay H3 – York AB H4 – Salon 5 H5 – Salon 1-2 H6 – Salon 3-4
12:30pm - 1:30pm	Buffet Lunch	Grand Ballroom Foyer
1:30pm - 2:30pm	Keynote Speakers Grand Ballroom	Dr. John Bradford Inspector Chris Boddy
2:30pm - 3:00pm	Health Break	Grand Ballroom Foyer
3:00pm - 4:00pm	Mental Health & Justice Panel Grand Ballroom	Justice Peter De Freitas, Dr. Karen De Freitas, Constable Scott Logan Yolanda Diston, RN
4:00pm - 5:00pm	<b>S1-S5</b> Concurrent Sessions	S1 - Salon 3-4 S2 - Salon 1-2 S3 - Salon 5 S4 - York AB S5 - Bay
5:00pm - 7:00pm	Networking Reception	Grand Ballroom Foyer

Visit our poster presentations, Exhibitors and Sponsors located in the Grand Ballroom Foyer.

### Monday, November 16, 2015

# Keynote Speaker

# Day 1 AT A GLANCE

8:00am - 9:00am	Continental Breakfast
9:00am - 9:30am	Opening Remarks
9:30am - 10:30am	Sheldon Kennedy
10:30am - 11:00am	Kennedy Book Signing Health Break
11:00am - 12:30pm	Concurrent Sessions
12:30 pm - 1:30 pm	Buffet Lunch
	Buffet Lunch  Dr. Bradford & Inspector Boddy
	Dr. Bradford & Inspector Boddy
1:30 pm - 2:30 pm	Dr. Bradford & Inspector Boddy Health Break
1:30pm - 2:30pm 2:30pm - 3:00pm 3:00pm - 4:00pm	Dr. Bradford & Inspector Boddy Health Break

## Sheldon Kennedy

### 9:30am - 10:30am GRAND BALLROOM



Sheldon Kennedy has skated for three teams in his eight year NHL career but is best known for his courageous decision to charge his Major Junior Hockey League Coach with sexual assault for the abuse he suffered over a five year period while a teenager under his care.

Sheldon has become an inspiration to millions of abuse survivors around the world and a committed, outspoken child advocate. His life story was made into an award winning movie, he has appeared on Oprah, ABC's Nightline, W-5 and the Fifth Estate.

He has received several awards for his tireless work including the Scotiabank Humanitarian Award, an Honorary Doctorate of Law Degree from the University of the Fraser Valley, 2012 Calgary Citizen of the Year, the 2014 David Foster Foundation Humanitarian Award and in 2015, Sheldon was named Member of the Order of Canada.

He has influenced change in Canadian Law and has taken his message to the International Olympic Committee and the US Senate. Sheldon serves on the Board of the Sheldon Kennedy Child Advocacy Centre, the first of its kind in Canada, offering full wrap-around services for victims of child abuse. Sheldon continues to influence social change through Respect Group, the company he co-founded that provides empowering on-line education for the prevention of abuse, bullying, and harassment in youth serving organizations, schools and the workplace.



Book Signing with Sheldon Kennedy

Monday, November 16th following his keynote presentation. Books available for purchase at registration \$20 cash.

### Monday, November 16, 2015

#### 11:00am - 12:30pm

GRAND BALLROOM	BAY	YORK AB	SALON 5	SALON 1-2	SALON 3-4
H1: DISCHARGE FROM COURT PROTOCOL  PRESENTERS: Maureen Harvey, Francine Poulin, Johanne Renaud	H2: ONE PATIENT ONE PLAN: THE INTERSECTION OF RISK & RECOVERY PRESENTERS: Hélène Philbin Wilkinson	H3: SYSTEM IMPROVEMENT THROUGH SERVICE COLLABORATIVES (SISC) PRESENTERS: Marla Banning, Tania Breton, Gina Clark, and Uppala Chandrasekera	H4: NORTHEAST REGIONAL JUSTICE OUTCOMES PROJECT PRESENTERS: Sarah Gauthier, Hélène Philbin- Wilkinson, Brian Tramontini	H5: TRAUMATIC BRAIN INJURY AND THE CRIMINAL JUSTICE SYSTEM PRESENTERS: Flora Matheson, Kathryn McIsaac and Pam Nir & Kate Moore	H6: DEVELOPMENTAL DISABILITIES AWARENESS IN THE JUSTICE SYSTEM PROJECT  PRESENTERS: Lisa Holmes, Susan Morris, Patti Hancock, Dr. Ron Hoffman

#### H1: DISCHARGE FROM COURT PROTOCOL

#### **GRAND BALLROOM**

PRESENTERS: Maureen Harvey and Francine Poulin, Ottawa Carleton Detention Centre,
Johanne Renaud, CMHA Champlain East

The Red Bag Program, now called the Discharge from Court Protocol, was signed in 2010 as a Pilot Project for OCDC with Champlain East and with Renfrew County. These sealed, red envelopes are used to facilitate the transfer of special needs offenders' belongings from Ottawa-Carleton Detention Centre to their respective courts. Such belongings consist of the inmate's wallet, identification, keys, medication and/or prescription. The ultimate purpose is to assist people 18 years or older with mental health disorders who are currently in custody to transition back into their community more successfully and to avoid further police, court and jail involvement.

#### H2: ONE PATIENT, ONE PLAN: The Intersection of Risk & Recovery

**BAY** 

PRESENTER: Hélène Philbin Wilkinson, North Bay Regional Centre

There are a number of unanswered questions about how to best apply the principles and practices of patient partnered care and recovery in a forensic mental health setting and whether these are even achievable. This session will take you through the NBRHC Journey that meshed the Recovery Philosophy with the practical applications of More Time To Care "MT2C" to integrate best practice along side the adoption of an interprofessional approach to patient and family partnered care.

Monday, November 16, 2015

11:00am - 12:30pm

H3: SYSTEM IMPROVEMENT THROUGH SERVICE COLLABORATIVES
(SISC): Implementing Cross-Sectoral Initiatives within the
Justice System to support Children and Youth with Mental Health
& Addiction Needs

YORK AB

PRESENTERS: Marla Banning, Gina Clark and Tania Breton, CAMH,
Uppala Chandrasekera, CMHA Ontario

Learn how the Niagara Champlain and Kenora Rainy River Justice Collaboratives have used implementation science and a community-led process to support the exploration of system challenges, stakeholder engagement, the brokering of unique partnerships across sectors, and the development of relevant and sustainable innovations in the justice system, to support youth with mental health and addictions needs.

#### H4: NORTHEAST REGIONAL JUSTICE OUTCOMES PROJECT

SALON 5

**PRESENTERS:** Sarah Gauthier, CMHA, Hélène Philbin-Wilkinson, North Bay Regional Health Centre, Brian Tramontini, Statrim

The Northeast Regional Justice Programs, comprised of 8 community mental health agencies and the North Bay Regional Health Centre, have been working on a unique collaborative project to develop a set of commonly defined outcomes to measure the success rate of mental health diversions, release from custody rates, admission aversion rates and more. This presentation will review the measures developed as well as the web based portal system to collect and analyze the data; demonstrating how universally defined measures will allow us to better analyze the effectiveness of the Justice programs as well as identify and evaluate local and regional trends in the system. This supports the direction towards improved quality and accountability as set forth in the Excellent Care for All Act.

# Conference Exhibitors

Grand Ballroom Foyer

Connex Ontario

ConnexOntario

Health Services Information
Information sur les services de santé

**EMHWare** 



Canadian Hockey League



Sigma Promotions



Monday, November 16, 2015

11:00am - 12:30pm

#### H5: TRAUMATIC BRAIN INJURY AND THE CRIMINAL JUSTICE SYSTEM SALON 1-2

PRESENTERS: Flora Matheson & Kathryn McIsaac, St. Michaels Hospital,
Pam Nir & Kate Moore, Cota

In this workshop, you will learn about the burden of traumatic brain injury (TBI) among correctional populations and approaches to practice when you encounter someone with a TBI. Using problembased group learning you will explore case studies and develop your own action plan to work with the case you are presented with.

## H6: DEVELOPMENTAL DISABILITIES AWARENESS IN THE JUSTICE SYSTEM PROJECT

SALON 3-4

**PRESENTERS:** Lisa Holmes, Ongwanada, Susan Morris, Patti Hancock, Solution-S, Dr. Ron Hoffman, Nipissing Unversity

In its Knowledge Gap Analysis of Individuals with a Developmental Disability and Interactions with the Law, the Inter-ministerial Mental Health & Justice Committee identified a need to build capacity and share knowledge within the justice sector about people with developmental disabilities. This presentation will provide an overview of an ongoing project aimed at addressing the identified knowledge gap including findings from a literature review and analysis of the RAI-MH Database on the characteristics for individuals with a developmental disability who have come into contact with the justice system and an update on tools and resources under development to assist professionals in the justice system in their interactions with people with a developmental disability.

"Some say you have to hit rock bottom to learn life's most important lessons. I disagree. On this tour we've seen so many young people experience breakthroughs when they hear the tragic and inspiring stories of others. We help people discover their gifts, rather than focus on their failings. We help them to learn not just to survive, but to lead a life of significance. I don't want others to have to go through a near death experience like I did.... before they learn to live!"

-Robb Nash

# Keynote Speakers Monday, November 16, 2015

### The lacobucci Report

#### 1:30pm - 2:30pm GRAND BALLROOM

Dr. Bradford and Inspector Chris Boddy will discuss the Iacobucci Report with a focus on dealing with seriously mentally ill persons without the use of lethal force. A brief background of the association with mental illness and violence; a review of how much the work the Toronto police are doing in managing/providing service to seriously mentally ill individual and a discussion on whether there are better ways to be dealing with seriously mentally ill persons on the streets and their violent and potentially violent behaviour.

### Dr. John Bradford



Dr. John Bradford is the former Associate Chief (Forensic) of the Royal Ottawa Health Care Group, Ottawa, ON. He is the former Chair of the Division of Forensic Psychiatry, Faculty of Medicine and is a full Professor in the Dept. of Psychiatry at the University of Ottawa.

Dr. Bradford is a graduate in medicine and received a diploma of psychological medicine from the University of Capetown, South Africa. He holds specialist certification in psychiatry from South Africa, the UK, USA and Canada, and also has a sub-specialty certification in forensic

psychiatry from the USA. Dr. Bradford's expertise in the field of forensic psychiatry is well recognized not only from his peers, media and judiciary but from many levels of government as well. He has sat on task forces, expert panels, served as expert witness and provided special consultation to national and international working groups.

His work has been recognized by the Canadian Academy of Psychiatry and the Law and he was the first recipient of the Bruno Cormier award for service to forensic psychiatry in Canada in 1994. Dr. Bradford has also been recognized by the American Academy of Psychiatry and the Law, receiving the Seymour Pollock award in 2007. He was the recipient of the Isaac Ray Award at the 2009 annual meeting of the American Psychiatric Association. He was awarded the Order of Canada on November 4, 2011.

## Inspector Chris Boddy



Inspector Chris Boddy is a Staff Sergeant, police officer at Toronto Police Service. As a devoted member of the Toronto Police, Chris is committed to improving public safety on the Toronto streets. He is an active tweeter, keeping the community informed and updated on what's happening in Toronto, and offering tips to keep you and your family safe.

### Monday, November 16, 2015

# Mental Health & Justice Panel

## The Geriatric Patient – Lost and Wondering in the Forensic System

3:00pm - 4:00pm GRAND BALLROOM

A panel conversation about the Forensic system and Geriatric Patients.

### **Justice Peter DeFreitas**



Peter DeFreitas was appointed to the Ontario Court of Justice in 2008 and sat in Oshawa until his appointment as Associate Chief Justice in 2015.

Before his appointment, Justice DeFreitas was General Counsel and Criminal Appeals Coordinator with the Public Prosecution Service of Canada. Justice DeFreitas joined the PPSC in Toronto after his call to the bar in 1994 and conducted trials and appeals at all levels of court. He is a frequent speaker on trial advocacy and criminal law topics.

### Dr. Karen De Freitas



Dr. Karen De Freitas is a forensic psychiatrist and Medical Director of the Forensic Program at Ontario Shores Centre for Mental Health Sciences (Ontario Shores). Dr. De Freitas is also a member of the Ontario Review Board and a lecturer in the Department of Psychiatry at the University of Toronto.

### Monday, November 16, 2015

# Mental Health & Justice Panel

## The Geriatric Patient – Lost and Wondering in the Forensic System

3:00pm - 4:00pm GRAND BALLROOM

A panel conversation about the forensic system and Geriatric Patients.

## Cst. Scott Logan



Constable Scott Logan joined the Durham Regional Police Service in 2006 as a Frontline Office in the City of Oshawa. In 2009 until present, Scott has been a member of the Mobile Crisis Intervention Team, where he co-facilitates the training of officers in responding to mental health related calls. Scott is also a member of the DRPS Public Safety Unit, a unit responsible for responding to large public disturbances and searching for missing people. Prior to Policing, Scott worked as a Pathology Assistant, where he assisted with autopsy procedures and as well as in the healthcare security field.

## Yolanda Diston, R.N.



Yolanda Diston, R.N., BScN, is a Registered Nurse with more than 25 years of experience providing a strong and varied skill set in Mental Health care. Yolanda holds Certification of Competence as a Registered Nurse through the Ontario College of Nurses, the New York State Education Department, The Nursing Board of Western Australia and the Washington State Department of Health. In addition, Yolanda holds Certification of Forensic Mental Health from the University of Toronto. She is currently employed by Durham Mental Health Services working in partnership with Durham Regional Police as a Registered Nurse with the MCIT (Mobile Crisis Intervention Team).

### Monday, November 16, 2015

#### 4:00pm - 5:00pm

SALON 3-4	SALON 1-2	SALON 5	YORK AB	BAY
S1: THE CHANGING LANDSCAPE OF TREATMENT IN FORENSIC PSYCHIATRY SOCIAL INCLUSION & NEIGHBOURHOOD OPPOSITION PRESENTERS: Ken Laprade, and Dr. Bradford	S2: TRAUMA, PTSD, AND THE PROBATION CLIENT PRESENTERS: Dr. Julian Gojer, Adam Ellis and Sarah Easterbrook	S3: VOICES AGAINST STIGMA EVERYWHERE PRESENTERS: Aubry Andrus	S4: SPECIALIZED CRISIS TEAM: PSYCHIATRIC ASSISTANCE AT POLICE INCIDENTS PRESENTERS: Inspector Doug Sheppard and Carmen Abel	S5: ADDRESSING COMPASSION FATIGUE PRESENTERS: Patricia Baigent

## S1: THE CHANGING LANDSCAPE OF TREATMENT IN FORENSIC PSYCHIATRY

SALON 3-4

PRESENTERS: Ken Laprade, The Royal Hospital, and Dr. Bradford

As we face legislative changes, precedent-setting court decisions and institutional re-structuring, it behooves us to generate innovative solutions for consumers of forensic psychiatric services. Individuals never-before considered viable for community placement are now successfully treated and managed in community settings. Novel approaches and practices are proposed along with suggested performance indicators and evaluation criteria.

# S2: TRAUMA, PTSD, AND THE PROBATION CLIENT: Shifting Paradigms, Investigating the Need for a Trauma Informed Approach

SALON 1-2

**PRESENTERS:** Dr. Julian Gojer, Toronto Western Hospital, Adam Ellis, U of Ontario Institute for Technology, and Sarah Easterbrook, MCSCS

Probation clients often have significant histories of trauma exposure, are at an increased risk of revictimization, further trauma exposure and developing other co-morbid mental health issues. Barriers to trauma disclosure and treatment will be examined as we sensitize practitioners in the criminal justice system towards adopting "a trauma-informed approach."

### Monday, November 16, 2015

4:00pm - 5:00pm

#### S3: VOICES AGAINST STIGMA EVERYWHERE (VASE)

SALON 5

PRESENTER: Aubry Andrus, Durham Mental Health Services, and VASE Speakers

Voices Against Stigma Everywhere (VASE), grew from the initial recognition that personal stories make powerful and tangible change in the lives of people, both the people listening and the people speaking. Our speakers share their journeys of recovery from Mental Health & Addictions issues and have spoken at local events within our community and international conferences to help reduce stigma and increase knowledge.

# S4: SPECIALIZED CRISIS TEAM: Psychiatric Assistance at Police Incidents

YORK AB

**PRESENTERS:** Inspector Doug Sheppard, Waterloo Regional Police Services, and Carmen Abel, CMHA WWD

The Waterloo Regional Police Service, Canadian Mental Health Association and the Local Health Integration Network (LHIN) have been involved in a partnership since February of 2013 to deliver enhanced mental health crisis services directly to those in need. Police officers attending mental health incidents can ask for a psychiatric nurse to attend with them, seven days a week. The Specialized Crisis Team (SCT) nurses offer direct assistance to persons in crisis, either with the attending officer or in many cases after they have relieved the officer from the incident itself. Learn about this excellent example of a effective partnership among agencies for the betterment of those in mental health need in our community.

#### **S5: ADDRESSING COMPASSION FATIGUE**

BAY

PRESENTER: Patricia Baigent, CMHA Oxford

Compassion Fatigue and vicarious trauma are natural consequences of the work carried out by those employed in law enforcement, mental health and the justice occupations. We can no longer afford to view the 'burned out' staff as an anomaly. We must take action to protect the psychological well-being of helping professionals.



# **CAVERSHAM**booksellers

Tuesday, November 17th • 11:00am • Grand Ballroom Foyer

#### A SUCCESS STORY

#### INDEPENDENT BOOKSELLING:

Caversham's success stems from having actual books on shelves – and a lot of them. Our vast selection runs between 6,000-8,000 titles: a serious investment in inventory. Most of our books are professional titles with short discounts as opposed to trade books (like cookbooks and novels) which have much larger discounts. The average net margin for independent bookselling is 4%. Ours is approximately half of that. That said, we offer amazing service and prompt delivery because



the book you want or didn't know you wanted is in our shop.

Caversham stays relevant by being part of the mental health community by attending conferences, hosting book launches, and by promoting rare and hard to find books. And above all else our staff is why we are a success. We know what we are doing and we are passionate about it. Hand in hand with this, our customer base is fiercely loyal and satisfied.

www.cavershambooksellers.com 1-800-361-6120

### THE DELORAINES BAND

#### Tuesday, November 17th • 12:30pm - 1:30pm Lunch Entertainment





**Members:** Richard Bales - Bass Warner Clarke - vocals, guitar, banjo pedal steel Steve Lurie - vocals, drums, Bill Mansfield - vocals, guitar & Malcolm Stewart - vocals, guitar

Genre: Eclectic Garage Band Hometown: Toronto



# Conference Day 2

Tuesday, November 17th, 2015

# Conference At A Glance Tuesday, November 17, 2015

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TIME	EVENT	DETAILS
8:00am - 9:00am	Continental Breakfast Registration	Grand Ballroom
9:00am - 10:00am	Keynote Speaker Grand Ballroom	Dr. Phil Klassen
10:00am - 11:00am	<b>J1-J6</b> Concurrent Sessions	J1 - York AB J2 - Bay J3 - Salon 5 J4 - Salon 3-4 J5 - Adelaide J6 - Salon 1-2
11:00am - 11:30am	Health Break	Grand Ballroom Foyer
11:30 am - 12:30 pm	C1-C6 Concurrent Sessions	C1 - Salon 1-2 C2 - Salon 5 C3 - Bay C4 - York AB C5 - Salon 3-4 C6 - Adelaide
12:30pm - 1:30pm	Buffet Lunch Entertainment Grand Ballroom Foyer	The Deloraines Band
1:30pm - 3:00pm	<b>01-06</b> Concurrent Sessions	O1 - York AB O2 - Salon 3-4 O3 - Adelaide O4 - Salon 5 O5 - Bay O6 - Salon 1-2
3:00pm - 4:30pm	Keynote Speaker Grand Ballroom	Robb Nash
6:00pm - 8:30pm	3 Movie Choices	Three Voices - Salon 5 Healing Neen - Salon 1-2 Out of Sight - Bay

Visit our poster presentations, Exhibitors and Sponsors located in the Grand Ballroom Foyer.

## Tuesday, November 17, 2015

# Keynote Speaker

# Day 2 AT A GLANCE

8:00am - 9:00am Continental Breakfast

9:00am - 10:00am Dr. Phil Klassen

10:00am - 11:00am Concurrent Sessions

11:00am - 11:30am Health Break

11:30am - 12:30pm Concurrent Sessions

12:30pm - 1:30pm Buffet Lunch

1:30pm - 3:00pm Concurrent Sessions

3:00pm - 4:30pm Robb Nash

6:00pm - 8:30pm 3 Movie Choices

# A Quality Standard for Forensic Mental Health Services in Ontario: What matters most?

#### 9:00am - 10:00am GRAND BALLROOM

The presentation will give an overview of the Quality Standard process for schizophrenia in Ontario, and will propose a similar process for forensic service users.

## Dr. Philip Klassen



Dr. Philip Klassen brings more than 15 years of psychiatric experience to his role as Vice-President of Medical Affairs at Ontario Shores Centre for Mental Health Sciences (Ontario Shores). Dr. Klassen works closely with the medical and clinical leadership teams to support the organization's objectives within an evolving healthcare system to ensure a sustainable and comprehensive network of services.

He is also an Assistant Professor in the Department of Psychiatry and the Department of Medicine at the University of Toronto. An active researcher and well-published forensic psychiatrist,

Dr. Klassen's particular areas of interest include violence risk assessment, clinical sexology, assessment of post-traumatic symptomatology and assessment of professional misconduct.

### Tuesday, November 17, 2015

10:00am - 11:00am

YORK AB	BAY	SALON 5	SALON 3-4	ADELAIDE	SALON 1-2
J1: MENTAL HEALTH DIVERSION PROGRAM  PRESENTERS: Vonnie Burke, Lani Gilkes and Bob Gehl	J2: UNDERSTANDING THE IMPLICATIONS OF UNDIAGNOSED BRAIN INJURY IN CHILDHOOD PRESENTERS: Alice Bellavance, Joseph Rule	J3: SAFE PATHWAYS: SUPPORTING DEMENTIA IN THE GUELPH AND WELLINGTON COUNTY JUSTICE SYSTEM PRESENTERS: Dr. Jennifer Gilles, Sian Lockwood and Andrea Ninacs	J4: THE GA INQUEST ON YOUTH SUICIDE: LESSONS LEARNED  PRESENTERS: Honourable Justice Mary Teresa Devlin	J5: PROVINCIAL APPROACH TO COMMUNITY SAFETY & WELL- BEING  PRESENTERS: Oscar Mosquera and Shannon Christofides	J6: NAVIGATING THE CRIMINAL JUSTICE AND MENTAL HEALTH SYSTEMS PRESENTERS: Jenna Hitchcox and Seble Makonnen

#### J1: MENTAL HEALTH DIVERSION PROGRAM

YORK AB

PRESENTERS: Vonnie Burke, Lani Gilkes and Bob Gehl, CMHA Lambton Kent

People living with mental health symptoms or diagnosis, or a developmental disability may access alternatives to criminal prosecution. This process is known as a mental health diversion. If the crown attorney believes the symptoms of mental health are related to the criminal activity, he or she may determine that mental health diversion is an appropriate action. The Canadian mental health association Lambton Kent branch's mental health court support service provides support to these individuals with mental health diagnosis or symptoms of mental heath who have been charged with a criminal offence navigate this system.

## J2: UNDERSTANDING THE IMPLICATIONS OF UNDIAGNOSED BRAIN INJURY IN CHILDHOOD

**BAY** 

PRESENTERS: Alice Bellavance, Brain Injury Services of Northern Ontario, and Joseph Rule

When childhood brain injury is identified and treated a legacy of trauma, mental health and addiction challenges, contact with the justice system can be prevented and/or reduced in severity.

Tuesday, November 17, 2015 10:00am - 11:00am

#### J3: SAFE PATHWAYS: SUPPORTING DEMENTIA IN THE GUELPH AND WELLINGTON COUNTY JUSTICE SYSTEM

SALON 5

PRESENTERS: Dr. Jennifer Gilles, Alzheimer Society Waterloo Wellington, Sian Lockwood, Safe Pathways and Andrea Ninacs, Guelph Police Services

In the Guelph Wellington community, a collaborative community approach was created to support and guide individuals with dementia and their care partners away from and/or through the Judicial System. Safe Pathways aims to reduce the likelihood that persons with dementia will enter the judicial system due to behaviours that may cause harm and result in a criminal offence. Safe Pathways is funded by the Ministry of Community Safety and Correctional Services in partnership with the Alzheimer Society Waterloo Wellington, Guelph Police Services, Ontario Provincial Police, Crown Attorney, Canadian Mental Health Association, Seniors at Risk, Victim Services and St. Joseph's Health Centre, Guelph.

#### J4: THE GA INQUEST ON YOUTH SUICIDE: Lessons Learned

SALON 3-4

PRESENTER: Honourable Justice Mary Teresa Devlin

On May 13, 2008, GA, a 17 year old youth, committed suicide. At the time of his death, GA was in custody on a remand from the Ontario Court of Justice. He died the night before his sentence hearing. On October, 24, 2011, the Coroner released its Jury Verdict following the Inquest into GA's death. The purpose of this presentation is to fulfill the Coroner's central recommendation that the GA case be widely studied and analyzed.

#### J5: PROVINCIAL APPROACH TO COMMUNITY SAFETY & WELL-BEING

**ADELAIDE** 

PRESENTERS: Oscar Mosquera and Shannon Christofides, MCSCS

MCSCS has been working with its inter-ministerial, policing and community partners on the development of the Provincial Approach. This work support multi-sectoral, collaborative relationships between local organizations/agencies to enhance the effectiveness of service delivery and community safety and well-being overall.

#### J6: NAVIGATING THE CRIMINAL JUSTICE & MENTAL HEALTH SYSTEMS

SALON 1-2

PRESENTERS: Jenna Hitchcox, HSJCC Secretariat and Seble Makonnen, CMHA Ontario

The mental health and criminal justice systems map - which aims to assist individuals who have come into contact with the law, their friends and family, and service providers, in navigating the two systems - will be outlined. Local and Regional HSJCCs will learn how they can adapt the companion booklet to reflect the resources in their area.

Tuesday, November 17, 2015

11:30am - 12:30pm

SALON 1-2	SALON 5	BAY	YORK AB	SALON 3-4	ADELAIDE
C1: TRAUMA AND VIOLENT OFFENDING: UNDERSTANDING GANG VIOLENCE THROUGH THE LENS OF AN EX- GANG MEMBER PRESENTERS: Dr. Julian Gojer and Adam Ellis	C2: BUILDING INTEGRATED YOUTH FORENSIC ASSESSMENT SERVICES: THE JOURNEY PRESENTERS: Natalie Genereux, Hélène Philbin Wilkinson and Lindsay Sullivan	C3: MEETING THE NEEDS OF ABORIGINAL WOMEN IN ONTARIO CORRECTIONS THROUGH PROGRAMS AND SERVICES PRESENTERS: Lori Anne Kruger and Donna McLeod	C4: MOBILE CRISIS INTERVENTION TEAM (MCIT) PRESENTERS: Dr. Vicky Stergiopoulos, Denise Lamanna, Kristina Niedra, Superintendent Scott Gilbert and Linda Young	C5: OPTIMIZING THE COLLABORATION BETWEEN DETENTION CENTRE AND MENTAL HEALTH SERVICES PRESENTERS: Dr. Michael Siekierski, Heather Saunders and Gale Melligan	C6: FASD AND THE CRIMINAL JUSTICE SYSTEM - A POOR FIT PRESENTERS: Lynda Legge and Sheila Burns

#### C1: TRAUMA AND VIOLENT OFFENDING: Understanding Gang Violence Through the Lens of an Ex-Gang Member

SALON 1-2

PRESENTER: Dr. Julian Gojer, Toronto Western Hospital and Adam Ellis, UOIT

The aim of this article is to examine how violent traumatic exposure over the life course can lead to future gang membership, violent offending and subsequent contact with the law. Drawing on a case study approach and a first person narrative our research explores the interpersonal nature of violent offending including the psychological impact of these offences on mental health. More specifically, we argue that traumatic exposure to violence may a) lead to the development of post-traumatic symptoms such as aggression, violence and dissociation, b) a need to repeat the trauma to self-cure or relieve the trauma and c) increase the likelihood of contact with the criminal justice system where trauma survivors are re-victimized and develop further violent coping strategies to 'cure' the trauma.

We are all inventors, each sailing out on a voyage of discovery, guided each by a private chart, of which there is no duplicate.

The world is all gates, all opportunities.

- Ralph Waldo Emerson

Tuesday, November 17, 2015

11:30am - 12:30pm

C2: BUILDING INTEGRATED YOUTH FORENSIC ASSESSMENT SERVICES: The Journey

SALON 5

PRESENTERS: Natalie Genereux, Hélène Philbin Wilkinson and Lindsay Sullivan, North Bay Regional Centre

The Youth Forensic Service is a new provincial ministry initiative, intended to provide alternate care pathways for youth with mental health disorders who find themselves in conflict with the law. By way of forensic assessments, our service's primary goal is to inform the courts about the influence of mental illness upon a young person's offending behaviour. This session will provide background information that support the need for these types of assessments in Ontario and describe the process taken by the North Bay Regional Health Centre (NBRHC) to develop this service for the Northeast Region of Ontario. Participants will be provided with an overview about how the NBRHC team carefully considered and integrated the unique needs of the Region while adhering to the Ministry of Health and Long Term Care (MOHLTC) guidelines. In addition, the speakers will focus on how essential it was to establish partnerships and service protocols with key internal and external stakeholders to deliver on the promise of providing flexible care pathways to expedite the court process, minimize the disruption in the lives of young people, and ultimately altering the trajectory of youth facing mental health issues.

#### C3: MEETING THE NEEDS OF ABORIGINAL WOMEN IN ONTARIO CORRECTIONS THROUGH PROGRAMS AND SERVICES

BAY

PRESENTERS: Lori Anne Kruger, Ontario Correctional Services, and Donna McLeod, Advisor, Aboriginal Services

This presentation will provide an overview of the programming and service strategies Ontario is using to address the needs of Aboriginal women who find themselves involved in correctional services; also how these programs and services can assist Aboriginal women in successful reintegration back into the community. Included in the presentation are Statistics, issues and the why's of Aboriginal women involved in correctional services, Identification of the needs and challenges of Aboriginal women involved in correctional services, Risk, Need and Responsivity (RNR) in relation to Aboriginal women, Program development philosophy, program descriptions and offerings, next steps.



Share your experiences at the HSJCC Conference! Participate in online conversations about the conference, tweet your favourite workshop, keynote or activity! Tweet using #HSJCC2015

Tuesday, November 17, 2015

11:30am - 12:30pm

C4: MOBILE CRISIS INTERVENTION TEAM (MCIT):

Development and Evaluation of Toronto's Co-Responding Police

Mental Health Service Team

YORK AB

PRESENTERS: Dr. Vicky Stergiopoulos and Denise Lamanna, St Michaels Hospital,
Kristina Niedra, Toronto East General Hospital, Superintendent Scott Gilbert,
Toronto Police Services, and Linda Young, Toronto East General Hospital

The Mobile Crisis Intervention Team (MCIT) is a co-responding police-mental health program. This presentation will share the process of coordinating MCIT's across hospital, LHIN, and justice/healthcare boundaries. The results of a mixed-method outcome evaluation will be presented, focusing on clients' experiences with both MCIT and police-only response teams.

# C5: OPTIMIZING THE COLLABORATION BETWEEN DETENTION CENTRES AND MENTAL HEALTH SERVICES THROUGH THE USE OF COMMUNITY TREATMENT ORDERS

SALON 3-4

**PRESENTERS:** Dr. Michael Siekierski, Heather Saunders and Gale Melligan (St. Josephs Healthcare Hamilton)

In this session, we will discuss our experiences with community treatment orders (CTO's), including the value and limitations of CTOs and barriers and challenges to using CTOs for mentally ill offenders. We will describe innovative justice-healthcare collaborations and the essential components that facilitated effective use of CTOs.

#### C6: FASD AND THE CRIMINAL JUSTICE SYSTEM - A Poor Fit

**ADELAIDE** 

**PRESENTERS:** Lynda Legge, Southern Network of Specialized Care and Sheila Burns, MCYS FASD Expert Group

People with Fetal Alcohol Spectrum Disorder are overrepresented in the justice system. This session will describe the disability and emerging effective approaches which include collaboration across systems. An overview of activities in Ontario will be shared along with current provincial and federal initiatives. A video of people sharing their stories will be shared.

#### Tuesday, November 17, 2015

1:30pm - 3:00pm

YORK AB	SALON 3-4	ADELAIDE	SALON 5	BAY	SALON 1-2
O1: A FAMILY EXPERIENCE OF YOUTH JUSTICE: REDESIGNING RESPONSIVE APPROACHES  PRESENTERS: Chris Higgins, Denise Jennings, Hélène Philbin Wilkinson, Don Roth and Aaron Stauch	O2: TAKING THE NEXT STEP: DESIGNING EFFECTIVE TREATMENT SUPPORTS FOR COMMUNITY REINTEGRATION OF FORENSIC PATIENTS PRESENTERS: Mark Rice and Rob Adams	O3: REINTEGRATION CENTRE INCEPTION AND DEVELOPMENT: MOBILIZING THE COMMUNITY  PRESENTERS: Amber Kellen, Stephanie Gloyn, Sylvia Starosta, Lindsay Jennings, Peter Leslie and Harold Johnson	O4: MAKING A DIFFERENCE PRESENTERS: Charlotte Tozer, Brian McInnes and John Smith	O5: OPENING THE DOORS OF JUSTICE: AN ATTEMPT TO MAKE TRUE JUSTICE ACCESSIBLE TO PEOPLE WITH AN INTELLECTUAL DISABILITY PRESENTER: Mark Pathak	O6: "WHAT YOU NEEDED TO ASK ME:" NEW TOOLS AND TRAINING TO ENHANCE MENTAL HEALTH LEGAL ADVOCACY  PRESENTERS: Ryan Fritsch and Uppala Chandrasekera

# O1: A FAMILY EXPERIENCE OF YOUTH JUSTICE: Redesigning Responsive Approaches with New Guides and a New Forensic Model for Youth Justice

YORK AB

PRESENTERS: Chris Higgins, MOHLTC, Denise Jennings, Hélène Philbin Wilkinson, North Bay Regional Health Centre, Don Roth, CMHA WWD, & Aaron Stauch, Lutherwood

This panel discussion will frame challenges and provide solutions to issues faced by mental health addictions, and justice sectors in addressing the needs, and enabling the strengths of young people under 18-years-of-age and their families. Through discussion of a family's experience, and the service system response, we identify key needed resources and actions to improve and optimize services. The process of documented learnings from the experience of creating the WWHSJCC Discussion Paper on Designing Justice Services with Youth and Families (December 2014) will be highlighted. Key new resources for the community will be identified. A new, more responsive model for youth forensic assessment services will be presented and discussed.

# O2: TAKING THE NEXT STEP: Designing Effective Treatment Supports for Community Reintegration of Forensic Patients

SALON 3-4

PRESENTERS: Mark Rice, Ontario Shores, and Rob Adams, Durham Mental Health Services

Taking the next step towards full community reintegration of forensic patients involves a qualitative departure from the structured hospital system. It must be done in a thoughtful and comprehensive way designed to address the individual risks unique to each forensic patient as they prepare themselves for discharge. The transition-to-discharge system developed collaboratively by Ontario Shores Centre for Mental Health and Durham Mental Health Services in Durham Region is the focus of this 60 minute presentation.

### Tuesday, November 17, 2015

1:30pm - 3:00pm

# O3: REINTEGRATION CENTRE INCEPTION AND DEVELOPMENT: Mobilizing the Community

**ADELAIDE** 

PRESENTERS: Amber Kellen, Lindsay Jennings, Peter Leslie and Harold Johnson,
John Howard Society, Stephanie Gloyn, CAMH, Sylvia Starosta, COTA

The Reintegration Centre locates various service providers under one roof to address the reintegration needs of releases. In this pioneering model, it is expected that enhanced service continuity for men immediately upon discharge will increase community safety, reduce likelihood of recidivism and even prevent deaths resulting from accidental drug overdoses.

#### **04: MAKING A DIFFERENCE**

SALON 5

PRESENTERS: Charlotte Tozer, Brian McInnes and John Smith

The focus of our presentation will include our development as a committee and how we function. We will also be updating everyone on what we have done since our last presentation at the Provincial Conference in 2011 such as peer support projects and presentations. The session will conclude with a question and answer period.

# O5: OPENING THE DOORS OF JUSTICE: An Attempt to Make True Justice Accessible to People with An Intellectual Disability Who Have Been The Victims Of A Crime In Canada'

BAY

PRESENTER: Mark Pathak, Mackenzie Health Centre for Behavioural Health Sciences

Mark Pathak pioneered a model of work to enable people with intellectual disabilities engage with the criminal justice system as complainants. The framework provides specialist support to help witnesses prepare for the courtroom experience while helping the court understand in advance the capabilities of the witnesses.

# O6: "WHAT YOU NEEDED TO ASK ME" NEW TOOLS AND TRAINING TO ENHANCE MENTAL HEALTH LEGAL ADVOCACY

SALON 1-2

PRESENTERS: Ryan Fritsch, Legal Aid Ontario, and Uppala Chandrasekera, CMHA Ontario

Legal advocates are professionally bound to operate on the basis of client instructions - but identifying those legal options is closely tied to understanding where a client is coming from and the issues in their life. Legal Aid Ontario and the Canadian Mental Health Association of Ontario have teamed up to develop a training curriculum, materials and tools to guide legal advocates in better identifying health and social support issues, relating those to legal issues and consequences, and thus creating more and better options for their clients.

### Tuesday, November 17, 2015

# Keynote Speaker

#### One Last Breath

#### 3:00pm - 4:30pm GRAND BALLROOM

Find out why over 300 students have handed Robb Nash their suicide notes after presentations in schools across Canada. Through his songs and stories, hear what this Lead Singer of a Canadian Top 40 Rock band discovered through a horrific car accident that left him dead at the scene, and how he has used that experience to discover purpose and meaning in life

#### Robb Nash



Why have over 300 students handed Robb Nash their suicide notes? Why has he received hundreds of razor blades from those who self harm? Students are relinquishing bottles of pills and other drugs... Why?

Robb Nash is becoming nationally known for leaving a successful music career to share his incredible story with thousands of young people, performing in schools, reservations and detention centres across Canada. Robb's presentations are made at no cost to these facilities.

Robb was the victim of a serious auto accident, a head on collision with a semi truck. He was found with a fractured skull and pronounced dead by first responders. But by the time the ambulance had arrived at the scene to take his body to the hospital, Robb's pulse had miraculously returned. After a difficult recovery, and despite significant physical and emotional scars. Robb was left with a new outlook on life.

He started a band as a way to leverage the power of music to share his philosophy, and soon had songs in the Canadian Top 10. Robb saw musical success as a platform from which to influence and motivate young people. He put aside performing to large audiences, and began speaking to youth in their schools across the country, playing his songs and sharing their meaning with his young audiences. Robb and his band bring their presentation to more than 200 schools through 150 shows each year. He speaks to over 60,000 students directly, and touches another 500,000 through other mediums like Facebook and YouTube. He walks head on into difficult topics, knowing that these are the things on young peoples' minds, bullying, addiction, self harm... and suicide.

Robb exudes positive energy in story and song, and sensitively deals with the serious issues that he's experienced first hand. His relatable and approachable style creates credibility and trust with the students he meets. Their inevitable undivided attention allows Robb to plant a message of hope and inspiration in their minds and hearts. He challenges them to make changes in themselves and the world around them.

# Film Presentations

### Tuesday, November 17th • 6:30pm to 8:30pm

#### THREE VOICES: DISCOVERY, RECOVERY, HOPE

SALON 5

A quiet dancer, a feisty photographer, an idealistic social worker three strangers, three voices, one certainty — living with mental illness is a lifelong journey. Alyshia, Stella and Asante don't know each other, but together their voices tell a poignant tale of the confusion, despair, stigma and hope that accompany them on their journey. They lose hope. They get help. They find support. They have good days and bad.

Three Voices is a raw and heart-wrenching documentary about what mental illness really looks and feels like. It is a story about losing your grip on who you are and then rediscovering yourself through art, through self expression, through compassion for others. Three Voices is a film for those too afraid or too ashamed to use their own voice to ask for help. It is encouragement to do so.

#### **HEALING NEEN: TONIER CAIN DOCUMENTARY**

SALON 1-2

The transcendent story of Tonier "Neen" Cain's emergence from drug addiction, multiple incarcerations and two decades of homelessness to become a tireless advocate and educator on the devastating impact of childhood abuse...and the need to rethink how we treat the shattered adults severely traumatized children become.

#### OUT OF SIGHT, OUT OF MIND

**BAY** 

2nd in the NCR series by John Kastner.

New documentary by maker of NCR: Not Criminally Responsible looks at dangerous cases inside Brockville Mental Health Centre.





# Conference Day 3

Wednesday, November 18th, 2015

# Conference At A Glance Wednesday, November 18, 2015

TIME EVENT	DETAILS	
8:00am - 9:00am	Continental Breakfast	Grand Ballroom Foyer
9:00am - 10:00am	N1-N6 Concurrent Sessions	N1 – Bay N2 – Salon 1-2 N3 – York A N4 – York B N5 – Salon 3-4 N6 – Salon 5
10:00am - 10:15am	Health Break	Grand Ballroom Foyer
10:15am - 11:15am	T1-T5 Concurrent Sessions	T1 – Bay T2 – Salon 3-4 T3 – York AB T4 – Salon 5 T5 – Salon 1-2
11:15am - 12:15pm	Keynote Speaker Grand Ballroom	Justice Heather Perkins McVey
12:15pm - 12:30pm	Summary and Closing Remarks	Grand Ballroom

Visit our poster presentations, Exhibitors and Sponsors located in the Grand Ballroom Foyer.

"The greatest glory in living lies not in never falling, but in rising every time we fall."

-Nelson Mandela

Wednesday, November 18, 2015

# Keynote Speaker

# $\mathcal{D}$ ay $\mathcal{J}$ at a glance

8:00am - 9:00am	Continental Breakfast
9:00am - 10:00am	Concurrent Sessions
10:15am - 11:15am	Concurrent Sessions
11:15am - 12:15pm	Justice Perkins McVey
12:15pm - 12:30pm	Closing Remarks

## Mental Health Courts - 11:15am - 12:15pm Finding Institutional GRAND BALLROOM Resilience and Promoting Justice

Specialized Courts have been a fixture of the criminal justice system for almost 20 years. In the same way that personal resilience is important to one's well being so is institutional resilience to ensure that a program is responsive to changing circumstances and evidence. This presentation will provide an overview of a growing body of research which has identified which key components make a difference in ensuring reduced recidivism and improved wellness. The results are not what you may think.

Is it time to rethink our approach to Mental Health Court?

# The Honourable Justice Heather Perkins-McVey



Justice Heather Perkins-McVey was appointed to the Ontario Court of Justice in June 2009 and presides over Criminal matters in Ottawa and the East Region of Ontario and since September 2013 has been the Local Administrative Judge for Ottawa. Justice Perkins-McVey is the Judicial representative of the Mental Health Court Committee. Justice Perkins-McVey was actively involved with others in 2007 in setting up the Ottawa Adult Mental Health Court and in May 2008 in setting up the Ottawa Youth Mental Health Court. Justice Perkins-McVey now sits on the Justice and Mental Health Expert Panel for the Provincial Youth Justice Collaborative Program.

### Wednesday, November 18, 2015 9:00am - 10:00am

BAY	SALON 1-2	YORK A	YORK B	SALON 3-4	SALON 5
N1: THE HAMILTON ACQUIRED BRAIN INJURY (ABI) - CORRECTIONS WORKING GROUP PRESENTERS: Terry McGurk and Veronica Pepper	N2: BUILDING A SERVICE RESOLUTION FUNCTION IN TORONTO PRESENTERS: Jason Newberry and Jaime Brown	N3: THE DRPS JUSTICE/ HEALTHCARE COLLABORATIVE AS IT RELATES TO SENIORS  PRESENTERS: PC Dawn Murray and Jennifer Josephson	N4: THE NORTH COMMUNITY NETWORK OF SPECIALIZED CARE SKILLS SYSTEMS GROUP PRESENTERS: Stephen White, Stacy Talbot, Amy Betzner-Massana and Kim McEntee	N5: EVALUATING A MOBILE MENTAL HEALTH UNIT FOR ADOLESCENTS PRESENTERS: Calvin Au, Chanelle Moore, Emily Grice and Michelle Hermans,	N6: THE FORENSIC EARLY INTERVENTION SERVICE: A NEW PATHWAY INITIATIVE TO MENTAL HEALTH CARE PRESENTER: Kiren Sandhu

# N1: THE HAMILTON ACQUIRED BRAIN INJURY (ABI) Corrections Working Group - Integrating Multiple Sectors for Better Complex Case Management

BAY

**PRESENTERS:** Terry McGurk, St Joseph's Healthcare Hamilton, and Veronica Pepper, Hamilton Niagara Haldimand Brant LHIN

This presentation will describe the development of the Hamilton Acquired Brain Injury (ABI) - Corrections Working Group which addresses the concerns of adults suspected of having an ABI, are at high risk in the community and have frequent contact with the criminal justice system. It will also include other work of the Group.

# N2: BUILDING A SERVICE RESOLUTION FUNCTION IN TORONTO: Recommendations for Meeting the Needs of People with Complex Mental Health & Justice Challenges

SALON 1-2

PRESENTERS: Jason Newberry and Jaime Brown, Taylor Newberry Consulting

We will present findings from our recent research conducted for the T-HSJCC, from which we developed the characteristics of distinctive models of service resolution tailored for the Toronto context, for people with complex mental health and addictions needs involved (or at risk of involvement) with the criminal justice system.

# N3: THE DRPS JUSTICE/HEALTHCARE COLLABORATIVE AS IT RELATES TO SENIORS

YORK A

PRESENTERS: PC Dawn Murray and Jennifer Josephson, Durham Regional Police Services

Many communities are seeing an increase in senior related calls for service. This is true for police, hospitals, community health care providers and families. The issues surrounding seniors are multifaceted. In Durham region, we have recognized that a community partnership approach is fundamental in successfully addressing complex issues. We will discuss advances we have made and use case studies that clearly support a collaborative approach moving forward that can assist others in their communities.

### Wednesday, November 18, 2015 9:00am - 10:00am

N4: THE NORTH COMMUNITY NETWORK OF SPECIALIZED CARE SKILLS

SYSTEMS GROUP - An Adaptation Of Dialectical Behaviour Therapy

For People With Developmental Disabilities Delivered By Videoconference

**PRESENTERS:** Stephen White, NCNSC, Stacy Talbot, Amy Betzner-Massana, CMHA Nipissing, Kim McEntee, CMHA Timmins

The NCNSC Skills System Group provides this adaptation of DBT via videoconference to people across northern Ontario who have developmental disabilities \*DD (and problems with emotion regulation). It is proving to be effective in helping people with DD reduce challenging behaviour while building capacity across sectors.

#### N5: EVALUATING A MOBILE MENTAL HEALTH UNIT FOR ADOLESCENTS SALON 3-4

PRESENTERS: Calvin Au, Chanelle Moore, Emily Grice and Michelle Hermans, CMHA York Region

Mental health disorders are the single most common cause of disability in youth, with 70% of disorders being diagnosed before age 25. If left untreated, such conditions can impede many aspects of health and leave youth feeling socially isolated and stigmatized. The Canadian Mental Health Association is proposing to improve adolescents' well-being by providing accessible, barrier-free mental health services via MOBYSS, Ontario's first mobile mental health clinic for youth aged 12-25.

# N6: THE FORENSIC EARLY INTERVENTION SERVICE: A New Pathway Initiative to Mental Health Care

SALON 5

PRESENTER: Kiren Sandhu, CAMH

The Centre for Addiction and Mental Health (CAMH) and Forensic Early Intervention Service (FEIS) is a new program housed in the Toronto South Detention Centre. TSDC). FEIS is a partnership between CAMH, the Ministry of Long Term Care (MOHLTC) and the Ministry of Community Safety and Correctional Services (MCSCS). FEIS will work collaboratively with the TSDC to provide consultation and assessment to individuals in custody. This service is an alternative care pathway, with the goal of enhancing timely access to acute forensic services for inmates at the TSDC.

Wednesday, November 18, 2015

10:15am - 11:15am

BAY	SALON 3-4	YORK AB	SALON 5	SALON 1-2
T1: MOBILE CRISIS RAPID RESPONSE TEAM PRESENTERS: Terry McGurk and Sarah Burtenshaw	T2: INNOVATIONS IN MENTAL HEALTH DIVERSION: LIFE SKILLS GROUPS FOR MENTAL HEALTH & JUSTICE CLIENTS PRESENTERS: Rhona Zitney and Leslie Morris	T3: FORENSIC VOCATIONAL REHABILITATION SERVICES DESIGNED TO BEST SERVE THE NEEDS OF THE NOT CRIMINALLY RESPONSIBLE CLIENTS	T4: PARENT'S PERSPECTIVE OF RAISING CHILDREN AFFECTED BY FASD AND ACCSS TO SERVICES PRESENTER: Alice Bellavance	T5: FACTORS INFLUENCING MENTAL HEALTH AND CRIMINAL JUSTICE INVOLVEMENT: BRIDGING THE GAP BETWEEN TWO SECTORS BY ADDRESSING THE SOCIAL DETERMINANTS OF HEALTH
		PRESENTER: Lori McGuire		PRESENTERS: Uppala Chandrasekera Frank Sirotich, Ryan Fritsch, and Michael Dunn

#### T1: MOBILE CRISIS RAPID RESPONSE TEAM

**BAY** 

PRESENTERS: Terry McGurk and Sarah Burtenshaw, St Joseph's Healthcare

In 2013, the Hamilton Mobile Crisis Rapid Response Team (MCRRT) was formed. 50% of all mental health apprehensions came from the core of the city (Division 1). All referrals would come directly through Police dispatch via 911 and the team whenever possible would be the first responder to the mental health crisis. Officers participating in the program with M.C.R.R.T. were questioned as to whether they would have apprehended the individual if the Mental Health Professional was not on scene. Officers advised they would have apprehended the individual an average of 70% of the time compared to M.C.R.R.T., apprehending only 27.6% of the time. The M.C.R.R.T. is meeting its objective of reducing the number of individuals being taken to hospital.

# T2: INNOVATIONS IN MENTAL HEALTH DIVERSION: Life Skills Groups For Mental Health & Justice Clients

SALON 3-4

PRESENTERS: Rhona Zitney and Leslie Morris, Fred Victor

This workshop will introduce a new Life Skills Group offered by the Fred Victor Mental Health Court Support Program, created in collaboration with the Ministry of Community Safety and Correctional Services. The rationale for this innovation in Mental Health Diversion programming will be provided; initial observations and results will be discussed and next steps explored.

Wednesday, November 18, 2015 10:15am - 11:15am

#### T3: FORENSIC VOCATIONAL REHABILITATION SERVICES DESIGNED TO BEST SERVE THE NEEDS OF THE NOT CRIMINALLY RESPONSIBLE CLIENTS

YORK AB

PRESENTER: Lori McGuire, Ottawa Mental Health Centre

The Forensic Intensive Recovery Support Team (FIRST) of the Royal Ottawa Mental Health Centre presents newly established vocational rehabilitation services that are assisting clients with achieving personal vocational goals and enacting pro-social choices which supports and sustains their recovery in successfully addressing complex issues. We will discuss advances we have made and use case studies that clearly support a collaborative approach moving forward that can assist others in their communities.

#### T4: PARENT'S PERSPECTIVE OF RAISING CHILDREN AFFECTED BY FASD AND ACCESS TO SERVICES

SALON 5

PRESENTER: Alice Bellavance, Brain Injury Services of Northern Ontario

Challenges of accessing appropriate and sustainable supports and services for adults at the higher end of the FASD, i.e. ARND (Alcohol Neurological Disability) and how this sets the stage for involvement with the criminal justice system, homelessness and other poor social outcomes.

#### T5: FACTORS INFLUENCING MENTAL HEALTH AND CRIMINAL JUSTICE INVOLVEMENT: Bridging the Gap Between Two Sectors by Addressing the Social Determinants of Health

SALON 1-2

PRESENTERS: Uppala Chandrasekra, CMHA Ontario, Frank Sirotich, CMHA Toronto, Ryan Fritsch, Legal Aid Ontario and Michael Dunn, Provincial HSJCC

Five social determinants of health (income and employment; housing; education; discrimination; and social inclusion) and how they impact mental health and criminal justice involvement will be outlined. Promising practices and an expert panel discussion on future opportunities for system change and next steps will follow with an opportunity for questions.



# Poster Presentations

### Monday - Wednesday • Conference Foyer

TITLE: THE FORENSIC EARLY INTERVENTION SERVICE: A NEW PATHWAY

INITIATIVE TO MENTAL HEALTH CARE

**AUTHOR:** Kiren Sadhu

The Centre for Addiction and Mental Health (CAMH) Forensic Early Intervention Service (FEIS) is a new program housed in the Toronto South Detention Centre, TSDC). FEIS is a partnership between CAMH, the Ministry of Long Term Care (MOHLTC) and the Ministry of Community Safety & Correctional Services (MCSCS). FEIS will work collaboratively with the TSDC to provide consultation and assessment to individuals in custody. This service is an alternative care pathway, with the goal of enhancing timely access to acute forensic services for inmates at the TSDC.

BIOS: Kiren Sandhu, Seby Joseph, FEIS Clinical Team and 1 Toronto South Detention Centre Staff.

TITLE: ABI AND CORRECTIONS COLLABORATIVE

**AUTHORS:** Sharon Howard and Omer Vandevyvere

The ABI and Corrections Project in London, Ontario is a joint venture of multiple service providers including addictions, mental health, primary care, corrections, ABI and Housing. The goal of the project is to provide enhanced, wrap around supports to individuals who are frequent users of the health care and corrections systems. By identifying and supporting these individuals in a more comprehensive manner the hope is to reduce their recidivism and provide a greater level of hopefulness.

**BIOS: Omer Vandevyvere,** MSW, RSW works as the Regional Coordinator of Acquired Brain Injury Service for Southwestern Ontario at St. Joseph's Healthcare London. He provides complex case management for individuals with an ABI as well as addiction, mental health, legal and housing concerns. Omer also acts as the identified ABI System Navigator for Southwestern Ontario. He is cochair of the ABI network of Southwestern Ontario.

**Sharon Howard,** DSW works at Dale Brain Injury Services (DBIS) as an Outreach Service Manager. She began her career 28 years ago at DBIS and has seen their program grow from an old farmhouse supporting eight clients to a robust multi program organization supporting nearly 300 individuals over seven counties. She is co-chair of the ABI Network of Southwestern Ontario.

# 2015 PHSGCC Membership

<b>Provincial HSJCC Members</b> *PHSJCC Steering Committee Men Co-chairs	Katie Almond* and Michael Dunn*	
Policy Support	Seble Makonnen*	
HSJCC Secretariat	Jenna Hitchcox* (Project Manager) Kashfia Alam* (Implementation & Training Officer)	
	Joseph Szamuhel* (Administrative Officer)	
Communications and Knowledge Exchange	Trevor Tymchuk*	
Regional HSJCC Representatives (Voting Members) *PHSJCC	Steering Committee Member	
Regional HSJCC	Chair, Co-chairs and Delegate	
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Durham Regional HSJCC	Rob Adams	
Haliburton/Kawartha Lakes/Pine Ridge Regional HSJCC	Dave Jarvis	
Halton Regional HSJCC	Jason Barr	
North East Regional HSJCC	Camille Bigras	
North West Regional HSJCC	Liisa Leskowski	
Peel Regional HSJCC	David Smith	
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York-South Simcoe Regional HSJCC	Amber Kuhne and Andrea Sinclair	
Ministry Representatives (Ex-Officio) *PHSJCC Steering Comm	nittee Member	
Ministry	Representative	
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Ministry of Children and Youth Services	Brian Smegal* and Ryan Baird	
Ministry of Community and Social Services	Reshmi Majumder	
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Ministry of Health and Long Term Care	Sean Court, Amanda Baine*, Chris Higgins* and Mélusine Klein	
Ministry of the Attorney General	Michael Callaghan*	
Other Members (Ex-Officio) *PHSJCC Steering Committee Me	ember	
Canadian Mental Health Association, Ontario Division	Uppala Chandrasekera*	
	Mike O'Shea	
Local Health Integration Network Representation		
Local Health Integration Network Representation  Community Networks of Specialized Care	Lisa Holmes	
	Lisa Holmes Brad Davey	
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# Conference Notes

# PHS9CC Structure

#### PROVINCIAL HSJCC

HAMILTON/NIAGARA	/BRANT/HALDIMAND/NORFOLK (LHIN 4)
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Haldimand-Norfolk Local HSJCC Niagara Local HSJCC

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Pembroke Local HSJCC Stormont-Dundas-Glengarry Local HSJCC

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Haliburton Local HSJCC Northumberland Local HSJCC

Kawartha Lakes Local HSJCC Peterborough Local HSJCC

HALTON REGIONAL HSJCC

NORTH EAST REGIONAL HSJCC

Algoma District Local HSJCC Parry Sound District Local HSJCC

Cochrane District Local HSJCC Sudbury-Manitoulin District Local HSJCC

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