# MINUTES

# Hamilton Local Human Service and Justice Coordinating Committee

# Thursday, June 28, 2018, 12:15 p.m. (Lunch)

# 12:30 p.m. – 2 p.m. (Meeting)

# CMHA Office Building, 131 John St. S, Third Floor Board Room

# Present:

| Lori Dunne, Co-Chair                     | Melissa Bond, Recording Secretary  |
|--|------------------------------------|
| Fraya Mortensen, Probation & Parole      | Gene Uchida, Acquired Brain Injury |
|  | Services                           |
| Heather Padgett, Psychiatric             | Heather Saunders, SJH Community    |
| Emergency Services                       | Schizophrenia Integration Services |
| Holly Tasker, John Howard Society        | Jill Pollock, CMHA                 |
| Sandra Kurdziel, Social Navigation       | Liane Taylor, Forensic Services    |
| Program                                  |                                    |
| Michal Siekierski, Schizophrenia Service | Peter Kibor, Barrett Centre        |
| Martha Harvie, DSO                       | Jelena Asanovic, RAAM Clinic       |

### **Regrets**:

| Steve Holmes, Hamilton Police Service | Karen McLeod, ACTT2                |
|---------------------------------------|------------------------------------|
| Kristen Emery, DSO                    | Jennifer Sansalone, Community      |
|                                       | Schizophrenia Integration Services |
| Todd Norman, Crown Attorney           | Keri Zammit                        |
| Deirdra D. Burke, TA Patterson        | Barb Benedict                      |

# Absent:

| Allison Hibbett, Bethesda Services     | John Monetta, ACTT2                   |
|--|---------------------------------------|
| Deborah McGrath, COAST Hamilton        | Gale Melligan, CTO Coordinator        |
| Jon Alsbergas, Hamilton Police Service | Vanessa Heaney                        |
| Lisa Whittingham                       | Kailey Doxtator, Aboriginal Court     |
|  | Services Support Worker               |
| Jennifer Johnston, HWDC                | Elizabeth Coccia, HWDC                |
| Fiona Kouyoumdjian, GP, HFHT           | Kimberley McCallum, GP                |
| Kathryn Lanza, COAST                   | Wil vanDokkumburg, Probation & Parole |
| Michelle Semonovitch, Mental Health    | Lisa Whittingham                      |
| Outreach Program                       |                                       |
| Ranaye Seymour, HRIC                   | Sue Phipps                            |
| Alishau Diebold, Probation & Parole    | Elizabeth Barrett                     |
| Angela Ethelstan                       | Craig Fraser, Crown Attorney          |
|  |                                       |

### • Welcome and Introductions

Lori welcomed everyone and introductions were made around the table.

### • Review of May 24, 2018 minutes

The minutes were reviewed. Heather Saunders approved the minutes and Peter Kibor seconded the minutes.

### • Additions to Agenda

### 1. CWSO Conference Registration – Lori

- Members were provided a handout outlining the CWSO conference details (see attachment)
- The cost of the conference will be paid for by the Regional HSJCC
- Individuals who would like to attend are asked to send an e-mail to Lori before Aug 1, 2018 for the early bird price

### 2. RAAM Clinic Presentation – Yelena Asanovic

- Yelena distributed pamphlets for the RAAM clinic (see attachment)
- The clinic opened June 11, 2018 at 225 James Street South
- Specific to alcohol and opiates as a low barrier option
- Provides quick access to care for addiction issues, including assessments, counselling and prescriptions for medications that may help with lessening cravings and withdrawal symptoms
- The RAAM Clinic will also help patients to navigate access to other addiction services in our community and provide support through transitions
  - Rapid assessment: Patients will be seen by an addiction worker within 24 hours after referral. Patients will be screened and assessed for substance use disorder, with a treatment and medication plan implemented
  - Pharmacological treatment: While not everyone with addictions requires pharmacological treatment, some may benefit from prescription medications that may help with lessening cravings and withdrawal symptoms. Additionally, the RAAM Clinic will support family physicians to ensure they are able to help with pharmacological treatment for addictions. An example of a pharmacological treatment for addiction is the prescribing of anticraving or abstinence medications
  - Connections to community treatment programs: The RAAM Clinic will help patients successful connect with community-based mental health and addiction services. The clinic addiction worker

will help the patient navigate through the transitioning to community programs

- Care team includes addiction workers and doctors
- Some patients will only be seen by addiction workers, some by both an addiction worker and a doctor
- An Inpatient team is also available
- Clinic has temporary funding for a year through SJHH
- Once the funding concludes, the clinic may then be funded under the community instead of SJHH
- Referral process
  - The RAAM Clinic is by appointment only. Initially, the RAAM Clinic will focus on patients who are at high risk and most in need of the service. The RAAM clinic will work closely with emergency services which includes Emergency Department, COAST, and Withdrawal Management programs and referrals will be prioritized based on need
  - Clients are ages 16 and older
  - Referral form can be obtained by calling the clinic (see attached)
  - Contact Information:

Phone: (905) 522-1155 ext. 35800 Cell: (905) 870-2760 Fax: (905) 521-9098

Hours: Monday to Friday, 8:30 am - 4:30 pm

If you have questions about the RAAM Clinic, you can connect with staff between 8:30 a.m. to 8 p.m. seven days per week by calling or texting the cell number (905) 870-2760

#### • Updates

#### I. Resource Binder - Lori

- Hand out given to attendees to complete and return (see attached)
- Suggestions were made by table members
  - Include links to connex and info Hamilton
  - Provide a resource list

#### II. Barrett Centre Crisis Beds - Peter Kibor

- Beginning April 2018, eight (8) programs were provided funding for 4-6 crisis beds each
- Programs which previously didn't have crisis beds, will now have beds
- Next year another 9-10 beds will be added
- Barrett centre currently has 10 crisis beds and will have an additional 5

- The 5 additional beds are intended to support police services, rapid response and COAST
- Clients would be seen at hospital and if not admitted, go to Barrett centre
- Length of stay can be up to 30 days
  - Barrett centre has decided a 30 day length of stay would be challenging for bed flow
  - Length of stay at Barrett centre is to be determined; however five (5) to seven (7) days is being considered
  - During stay clients would be stabilized, provided support and then discharged with referral resources set up
  - Dependant on need, a client's stay could be extended
- Ministry Criteria:
  - Client is agreeable to stay
  - No violet tendencies
  - SI with intent would not be admitted and receive treatment elsewhere
- Some construction is needed at Barrett center to accommodate the additional beds
  - Construction is scheduled to begin the end of July 2018
  - This will delay the availability of these beds until November 2018

## III. Standardization MCRRT/COAST - Lori

- Lori meet with Terry McGurk
- Would like to call police services back to the table to review and obtain feedback
- Lori and LHIN have been invited to the HQO conference to do a poster presentation about the project

# IV. Police Business Planning Meeting - Lori and Steve

- Two day event
- Brought police and community services together
- Police services outlined there infrastructure
- MCRRT and SNP were highlighted
- Peers, police, community were in attendance

# V. CTO Project - Karen McCleod

- On hold due to vacations etc.

#### VI. Low Barrier DBT group - Lori

- Beginning again on July 10, 2018

- The group is 8 sessions and continuously restarts
- Ideally, participants will attend all 8 sessions, but there is no requirement on the number of sessions attended.
- Tuesdays from 11am to 12pm
- Charlton Campus, Level 2 Tower, Classroom A
- Drop in sessions
- No preregistration required
- Only requirement is that participants are able to participate in a group without disrupting the learning of others
- Group will focus on learning skills to deal with strong emotions and difficult situations
- Skills taught in this group are a small sample of the skills taught in Dialectical Behaviour Therapy (DBT)
- Beneficial for clients on waiting lists or that might not fit anywhere else
- Coffee, Tea and Snacks will be provided
- Bus Tickets available upon request

#### VII. Review Terms of Reference - Lori

- Members were asked to review and provide feedback to Lori
- TOA would be included in the orientation package for new members
- Lori asked the group to bring any suggestions for other agencies that would be beneficial to join

# ACTION: Members that would like to attend CSWO conference are to contact Lori

#### ACTION: Members to review TOA and provide feedback to Lori

- Program Updates
  - Barret centre will have a director beginning next week

#### • Case Reviews

- ➣ 5 cases were discussed
- 1 case was closed
- I new case was added