

MINUTES

Hamilton Local Human Services and Justice Coordinating Committee

Thursday, December 19, 2019, 12:15 p.m. (Lunch)
12:30 p.m. - 2 p.m. (Meeting)

CMHA Office Building, 131 John St. S, Third Floor Board Room

Present:

Satar Wahidi, COAST Program Manager	Angela Ethelston
Peter Wiesner, Hamilton Police Service	Lina Caruso, Probation & Parole
Sandra Kurdziel, Social Navigation Program	Katryna McKenna, Dual Diagnosis Justice
Ben Millard, CTO Coordinator	Emily Smith, Notre Dame House
Gene Uchida, Acquired Brain Injury Program	Martha Harvie, DSO
Lisa Gajewicz, John Howard Society of Hamilton, Burlington and Area	Michelle Semonovitch, Mental Health Outreach Program
Ian Lockett	Susan Boyd, Manager ADGS
Jessica Montana, Aboriginal Court Worker	Rose Beaver, Hamilton Regional Indian Center
Megan Mackenzie, RAAM	Clara Menegaldo, Recording Secretary

Regrets:

Tyson Benn, Director of Mental Health, CMHA	Karen McLeod, ACTT2
Lenore Lukasik-Foss, Barrett Center	Barb Benedict, Forensic Psychiatry Program
Keri Zammit, HWDC	Angela Isok
Liane Taylor, SJHH Forensic Services	Carrie Collier
Kristen Emery, DSO	Salomeh Mohajer, HWDC
Danielle Newton, Contact Hamilton	Helen Harris, HealthLinks
Rachel Lamont, Psychiatrist	Sarah Fuller, RAAM Clinic
Cathy Serra, Ministry of Children, Community & Social Services	Heather Saunders, SJH Community Schizophrenia Integration Services
Jennifer Sansalone, SJH Community Schizophrenia Integration Services	Michal Siekierski, Schizophrenia Service

Absent:

Alison Hibbett, Bethesda Services (Mat Leave)	Jennifer Johnston, HWDC
Donna de Jong, John Howard Society	Jillian Collins
Angela DiMarco, HWDC	Lisa Whittingham
Jillian Eaton, PPO	Kimberley McCallum, GP
Ruth Greenspan, John Howard Society	Todd Norman, Crown Attorney
Sue Phipps, CMHA	

• Welcome and Introductions

- Satar introduced himself as the Co-chair. Satar is the Manager of COAST.
- Welcomed everyone and everyone introduced themselves.

- **Review and Adoption of Minutes from November 28, 2019**
 - Angela Ethelston approved the minutes and Sandra Kurdziel seconded the minutes.

- **Announcements**
 - None

- **Additions to the Agenda**
 - None

- **Membership Engagement**
 - If you have any ideas or requests for future presentations, please feel free to contact Tyson or Satar with your suggestions.
 - If you would like to invite someone to the table, please feel free to contact Tyson or Satar.
 - Michael Siekierski, Schizophrenia Service had requested for Satar to invite Rachel Lamont to the table. Rachel has accepted to attend the meetings.
 - Discussion whether conference calls were used in past HSJCC meetings for members who could not attend physically.
 - Conference calls were not used.
 - Satar to discuss with Tyson if this could be an option in the future.
 - Learning initiatives for HSJCC members in the form of presentations.
 - Request to have a presentation from the Crown to clarify members roles in obtaining information.
 - Presentation: Homeless Section will be going through some changes in the spring.

- **Any Program Updates**
 - **COAST**
 - COAST's 10 –10 team, which consists of one non-uniform officer and an MHW, was moved to MCRRT Hamilton. We now have 3 MCRRT Hamilton teams.
 - The transition took place on October 14, 2019 and thus far the transition is functioning well.
 - There is now 1 COAST Mobile team which consists of a non-uniform officer and a mental health worker.
 - We have started a Co Response team which consists of one of the following:
 - 2 Mental Health Workers
 - 1 Mental Health Worker and 1 Crisis Triage Worker
 - 1 Mental Health Worker and, possibly in the future, an addictions attendant or a community support councillor.
 - **RAAM**

- The RAAM Clinic helps clients with alcohol and substance use disorders by:
 - **“Offering rapid assessment:** Patients will be seen by an addiction worker within 24 hours after referral. Patients will be screened and assessed for substance use disorder, with a treatment and medication plan implemented.
 - **Offering pharmacological treatment:** While not everyone with addictions requires pharmacological treatment, some may benefit from prescription medications that may help with lessening cravings and withdrawal symptoms. Additionally, the RAAM Clinic will support family physicians to ensure they are able to help with pharmacological treatment for addictions. An example of a pharmacological treatment for addiction is the prescribing of anti-craving or abstinence medications.
 - **Offering connections to community treatment programs:** The RAAM Clinic will help patients successful connect with community-based mental health and addiction services. The clinic addiction worker will help the patient navigate through the transitioning to community programs.”
- “The RAAM Clinic will focus on patients who are at high risk and most in need of the service. The RAAM clinic will work closely with emergency services which includes Emergency Department, COAST, and Withdrawal Management programs and referrals will be prioritized based on need. Clients are ages 16 and older. The RAAM Clinic's care team includes addiction workers and doctors. Some patients will only be seen by addiction workers, some by both an addiction worker and a doctor.”
- “Clients who are assessed to have an alcohol and/or opioid use disorder may see the NP or physician to initiate pharmacological treatment. Brief counseling is offered to individuals by an Addiction Specialist. The nurse on staff is able to offer brief counselling as well although she will typically do med follow ups and intakes. The nurse is the link between RAAM and Concurrent Disorders. The clinic is trying to remove the barriers so that the nurse can assess the client and then directly refer them without the extra paperwork.”
- The staff at the RAAM clinic consists of:
 - 2 Addiction workers
 - 1 Nurse
 - Roster of physicians and NPs including partnership with Good Shepherd NP for outreach and home visits.
- Stimulants are counseling only stream.
- The RAAM Clinic is located at 225 James St. S. on the corner of Charlton & James St's in the yellow portable. They can be reached at 905-522-1155 x35800.
- The RAAM Clinic hours:
 - Monday – Friday from 8:00 am - 4:00 pm. Self referrals welcome.

- The clinic is generally by appointment only but they do have
Walk-in Hours: Wednesdays 9:30 am - 2:00 pm
 - Limited evening hours are also available for counselling sessions only.
 - For more information please see the St. Joes website.
- **14th Annual Risk & Recovery Forensic Conference**
 - April 15, 2020 – eHARM Pre-Conference Workshop
 - April 16 & 17, 2020 – Conference
 - We will try and send as many people as possible. Let Satar & Tyson know and they will divide per agency.
 - Satar & Tyson are to meet with Joel to discuss the budget.
- **Other Discussions:**
 - Asked about risk assessments and who to talk to about the process for risk assessments
 - Done at the discretion of St. Joe's Forensic Program
 - Needs to be approved by Dr. Chaimowitz
 - Completed for the purposes of sentencing but doesn't help defense
 - Sometimes get requests for risk assessments from judges/crown
 - Would be good to get Mr. McLean to come to a meeting
- **Review of Cases**
 - 10 cases discussed
 - 1 new case opened
 - 2 case closed
- **Date of Next Meeting: Thursday, January 23, 2020**