



Mental Health and Addictions Services Available in Northwest Ontario First Nations Communities

The Ministries of Health and Long Term Care, Community Safety and Correctional Services, Community and Social Services, Attorney General, Children and Youth Services, Housing, among others have initiated a strategy, “Keeping Persons with Mental Illness Out of the Criminal Justice and Correctional Systems”. The Strategy recognizes that pressures have been escalating in inappropriate sectors such as the police, courts, corrections, and hospital emergency rooms due to a lack of access to appropriate mental health services in the community.

The target population are people with a mental illness, developmental disability, brain injury, concurrent disorder and dual diagnosis who have come into conflict with the law and are at risk of being charged by the police, have been charged by the police, have been found unfit to stand trial, not criminally responsible or are under and Ontario Review Board disposition, and whose offense is considered low risk and whose mental health issue can be appropriately managed through services based in the community.

In order to ensure Interministerial and interagency cooperation the strategy has included the development of Human Services and Justice Coordinating Committees at the Provincial, Regional and District levels. These committees are funded and mandated to provide leadership to support the implementation of the policy framework for persons who come into contact with the criminal justice system and who have needs that can be met by one or more of the human service systems; to identify solutions to systemic problems, and to provide a forum for information sharing across systems (www.hsjcc.on.ca).

Committee membership is expected to include agencies funded by the participating Ministries; community mental health and substance abuse providers, mental health programs of hospital forensic programs, police services, Crown Attorney’s offices, probation and parole services, children’s services, developmental services sectors, police, District Services Boards, District Jail personnel, among others.

The Kenora Rainy River District HSJCC has an active work plan that includes the development of a directory of mental health & addiction resources that are located within First Nation Communities. The resources listed are only resources that are housed within the communities listed and do not reflect mental health and addiction services that come into the community from outside larger urban areas. The intention of the directory will be to disseminate across all community partners, families and clients for information on these resources to allow for more awareness of on the ground resources to clients and community agencies on navigating services available in these communities.

The directory will be reviewed annually by the Kenora Rainy River District Human Services & Justice Coordinating Committee and amended as needed and disseminated to the network.

TABLE OF CONTENTS

PROGRAMS BY COMMUNITY

Animbiigoo Zaagi'igan Anishinaabek (Lake Nipigon Ojibway)	4	Pays Plat	14
Anishinabe of Wauzhushk Onigum (Rat Portage)	4	Pic Mobert	14
Anishnaabeg of Naongashiing (Big Island)	4	Pikangikum	14
Aroland	4	Poplar Hill	15
Bearskin Lake	4	Rainy River First Nations	15
Big Grassy	5	Red Rock	15
Biinjitiwaabik Zaaging Anishinaabek (Rocky Bay)	5	Sachigo Lake	16
Buffalo Point First Nation Big Grassy	5	Sandpoint	16
Cat Lake	5	Sandy Lake	16
Couchiching First Nation	5	Seine River First Nation	16
Deer Lake	6	Shoal Lake No. 40	17
Eabametoong First Nation (Fort Hope)	6	Slate Falls Nation	17
Eagle Lake	6	Stanjikoming First Nations	17
Fort Severn	7	Wabaseemoong Independent Nations (One Man Lake, Swan Lake, and White Dog)	17
Fort William	7	Wabauskang First Nation	17
Ginoogaming First Nation	7	Wabigoon Lake Ojibway Nation	18
Grassy Narrows First Nation	7	Wapekeka (Angling Lake)	18
Gull Bay	7	Wawakapewin (Long Dog)	18
Iskatewizaagegan #39 Independent First Nation (Shoal Lake 39)	8	Webequie	18
Kasabonika Lake	8	Whitesand	19
Kee-way-win	8	Wunnumin	19
Kingfisher	8		
Kitchenuhmaykoosib Inninuwug (Big Trout Lake)	9		
Lac Des Mille Lacs	9		
Lac La Croix	9		
Lac Seul	9		
Long Lake #58 First Nation	10		
McDowell Lake	10		
Mishkeegogamang (New Osnaburgh/OZ)	10		
Muskrat Dam Lake	10		
Naicatchewenin	11		
Naotkamegqanning (Whitefish Bay)	11		
Neskantaga First Nation	11		
Nibinamik First Nation (Summer Beaver Band)	11		
Nicickousemenecaning	12		
North Caribou Lake (Also called Weagaomow & Round Lake)	12		
North Spirit Lake	12		
Northwest Angle No. 33	13		
Northwest Angle No. 37	13		
Obashkaandagaang (Washagamis Bay)	13		
Ochiichagwe'babigo'ining First Nations (Dalles)	13		
Ojibway Nation of Saugeen	13		
Ojibways of Onigaming First Nations (Sabaskong Bay 35)	13		
Ojibways of the Pic River First Nation	14		

PROGRAM INFORMATION

NNADAP	20
Community Wellness Program	20
Cat Lake Wellness Program	20
Crisis Intervention Program	20
Detox Center	21
Mental Health and Addictions Services	21
Mental Health Program	21
Fort William Community Addictions	21
Mamow Against Drugs	21
Community Wellness Worker	22
Youth Suicide Prevention	22
Mental Health and Addictions	22
Case Management Program	22
Mental Health Program	22
Minosaywin Project	22
Wilderness Healing Program	23
Sioux Lookout First Nations Health Authority	23

Treaty 3 Police Services 23

Animbiigoo Zaagi'igan Anishinaabek (Lake Nipigon Ojibway)

PROGRAMS	CONTACT	URL
None listed.		

Anishinabe of Wauzhushk Onigum (Rat Portage)

PROGRAMS	CONTACT	URL
NNADAP	Contact: Gary Skead (Addictions Worker) Phone: 807-548-6340	http://search.211north.ca/record/KEN0984

Anishnaabeg of Naongashiing (Big Island)

PROGRAMS	CONTACT	URL
NNADAP	Mia Seymour (Native Alcohol and Drug Awareness Worker) Phone: 807-488-5602 EXT: 222 Email: nnadap@naongashiing.ca	http://search.211north.ca/record/RRD0326

Aroland

PROGRAMS	CONTACT	URL
NNADAP	Samson Meshake (Addictions Worker) Phone: 807-329-8686 ext. 204 Email: arolandhealthcentre@yahoo.ca	http://search.211north.ca/record/TBY3426
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors		www.sfnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)		Phone: 807-737-6137

Bearskin Lake

PROGRAMS	CONTACT	URL
NNADAP	Joseph Nothing (Addictions worker)	http://search.211north.ca/records/KEN0963
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors		www.sfnha.com

PROGRAMS BY COMMUNITY

Big Grassy

PROGRAMS	CONTACT	URL
NNADAP	Dianne Skead (Administrative Assistant) Phone: 807-488-5457	http://search.211north.ca/record/RRD0408

Biinjitiwaabik Zaaging Anishinaabek (Rocky Bay)

PROGRAMS	CONTACT	URL
NNADAP	Trisha Mishquast Phone: 807-885-3204	http://search.211north.ca/record/TBY3666
Community Wellness Program	Lorraine Cook (Community Services Worker) Phone: 807-885-3205 Email: lcCook@rockybayfn.ca	http://search.211north.ca/record/TBY3666

Buffalo Point First Nation Big Grassy

PROGRAMS	CONTACT	URL
None listed.		

Cat Lake

PROGRAMS	CONTACT	URL
NNADAP	Alan Oombash (Addictions Worker) Phone: 807-347-2027	http://search.211north.ca/record/KEN0964
Wellness Program	Rhonda Turtle (Wellness Coordinator) Phone: 807-347-2027	http://search.211north.ca/record/KEN1297
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6213	

Couchiching First Nation

PROGRAMS	CONTACT	URL
NNADAP		

Deer Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Counsellor: Brian McIvor Email: brian.mcivor@slfnha.com Clinical Supervisor: Jeffery Rawana Phone: 807-737-6213	http://search.211north.ca/record/TBD0057
Mental Health Program	Moses Mawakeesic (Mental Health Counsellor)	http://search.211north.ca/record/KEN0485
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors		http://search.211north.ca/record/KEN0486
NNADAP	Vacant Position	www.slfnha.com

Eabametoong First Nation (Fort Hope)

PROGRAMS	CONTACT	URL
Crisis Intervention	Wanda Sugarhead (Crisis Intervention Coordinator) Email: wanda.sugarhead@eabametoongfn.ca	http://search.211north.ca/record/KEN0336
Detox Centre	Norman O'Kees (Addiction Worker)	http://search.211north.ca/record/KEN0333
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6137	http://search.211north.ca/record/KEN0960
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6137	
NNADAP		

Eagle Lake

PROGRAMS	CONTACT	URL
Community Wellness	Heather Gardener (Community Wellness Worker) Phone: 807-755-1157 ext. 223 Email: communitywellness@migisi.ca	http://search.211north.ca/record/KEN1100
NNADAP	Mitchell Lands (Addiction Worker)	http://search.211north.ca/record/KEN1099
Mental Health and Addiction Program	Bernadette Wabange (Health Director) Phone: 807-755-1157 EXT: 222 Email: elhrc@migisi.ca	http://search.211north.ca/record/KEN1095

PROGRAMS BY COMMUNITY

Fort Severn

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	http://search.211north.ca/record/KEN0719
NNADAP	Stephen Edwards Phone: 807-737-4011	www.sfnha.com

Fort William

PROGRAMS	CONTACT	URL
Community Addictions, Recovery, and Education	Loretta Collins (Addictions Worker) Phone: 807-622-8802 ext. 207	http://search.211north.ca/record/TBY3708

Ginoogaming First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Sheri Taylor (Health Director and Crisis Coordinator) Email: sheri.taylor@ginoogamingfn.ca	http://search.211north.ca/record/TBY3017
NNADAP	Cecil Menowegan (Addiction Worker) Phone: 807-876-2732	http://search.211north.ca/record/TBY3019

Grassy Narrows First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Dion Keewatin (Crisis Coordinator) Phone: 807-925-2652	http://search.211north.ca/record/KEN1134
NNADAP	William Fobister Sr. Clara Kokokopenace (Addiction Worker) Phone: 807-975-2281	http://search.211north.ca/record/KEN1117

Gull Bay

PROGRAMS	CONTACT	URL
None listed.		

Iskatewizaagegan #39 Independent First Nation (Shoal Lake 39)

PROGRAMS	CONTACT	URL
NNADAP	Renae Letander (Addictions Worker) Phone: 807-733-3318	http://search.211north.ca/record/KEN1114

Kasabonika Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Shirlen Anderson (Crisis Coordinator) Phone: 807-535-2547 ext. 236	http://search.211north.ca/record/KEN0874
Mental Health Program	Christopher Anderson (Supervisor) Phone: 807-535-9129	http://search.211north.ca/record/KEN0877
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	http://search.211north.ca/record/KEN0979
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Phone: 807-737-6213	http://search.211north.ca/record/KEN0878
NNADAP	Delius Mckay (Addictions Worker) Phone: 807-535-2547 EXT 262	www.sifnha.com
Detox	Walter Lyon Phone: 807-737-4011	

Kee-way-win

PROGRAMS	CONTACT	URL
Crisis Intervention	Alicia Phaepepun (Crisis Coordinator) Phone: 807-771-1210	http://search.211north.ca/record/KEN0732
Mental Health Program	David Fiddler (Mental Health Worker)	http://search.211north.ca/record/KEN0738
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	http://search.211north.ca/record/KEN0739
NNADAP	Stephen Edwards Phone: 807-737-4011	www.sifnha.com

Kingfisher

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	http://search.211north.ca/record/KEN0961

PROGRAMS BY COMMUNITY

Kingfisher

PROGRAMS	CONTACT	URL
NNADAP	Stephen Edwards Phone: 807-737-4011	www.slnha.com

Kitchenuhmaykoosib Inninuwig (Big Trout Lake)

PROGRAMS	CONTACT	URL
Mental Health Program	Theresa McKay (Treatment Centre Coordinator)	http://search.211north.ca/record/KEN0768
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	http://search.211north.ca/record/KEN0766
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)	Phone: 807-737-6213	http://search.211north.ca/record/KEN0767
NNADAP	Dave Poulin Phone: 807-737-4011	www.slnha.com
Mamow Against Drug Healing Program	Walter Lyon Phone: 807-737-4011	

Lac Des Mille Lacs

PROGRAMS	CONTACT	URL
Community Wellness Worker	Curtis Primeau (Community Wellness Worker) Phone: 807-622-9835 Email: curtisprimeau@tbaytel.net	http://search.211north.ca/record/TBY1969

Lac La Croix

PROGRAMS	CONTACT	URL
Community Wellness Worker	Steve Jourdain Sr (Community Wellness Worker)	http://search.211north.ca/record/RRD0448
NNADAP	Melba Jordan (Health Centre Reception)	http://search.211north.ca/record/RRD0266

Lac Seul

PROGRAMS	CONTACT	URL
NNADAP	Norah Angeconeb (Addictions Worker) Phone: 807-582-3587	http://search.211north.ca/record/RRD0835

Long Lake #58 First Nation

PROGRAMS	CONTACT	URL
NNADAP	Patrick Patabon (Addictions Worker) Phone: 807-582-3587	http://search.211north.ca/record/TBY3039

McDowell Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Peter Schultz (Mental Health Worker) Phone: 807-735-1381 EXT 1009	http://search.211north.ca/record/KEN0780
Sioux Lookout First Nations Health Authority: Mental Health Counsellors	Clinical Supervisor: Stephen Edwards Phone: 807-737-6131	www.slnha.com

Mishkeegogamang (New Osnaburgh/OZ)

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-928-2805	http://search.211north.ca/record/KEN0965
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addictions Workers (Children and Youth)		www.slnha.com
NNADAP	Walter Lyon Phone: 807-737-4011	

Muskrat Dam Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Marina Beardy Phone: 807-471-2608	http://search.211north.ca/record/KEN0787
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	http://search.211north.ca/record/KEN0799
NNADAP		http://search.211north.ca/record/KEN0798
Crisis Intervention		www.slnha.com

PROGRAMS BY COMMUNITY

Naicatchewenin

PROGRAMS	CONTACT	URL
NNADAP	Jennifer Smith (Addictions Coordinator) Email: Jennifer.smith@bellnet.ca	http://search.211north.ca/record/RRD0297

Naotkamegganning (Whitefish Bay)

PROGRAMS	CONTACT	URL
Community Wellness Program	Racheal Prince (Coordinator)	http://search.211north.ca/record/KEN1121
Crisis Intervention	AJ White (Health Director) Email: naot.healthdirector@gmail.com	http://search.211north.ca/record/KEN1127
Mental Health Program	Waylon Namaypoke (Community Wellness Worker)	http://search.211north.ca/record/KEN1120
NNADAP	Andy White (Crisis Intervention Program Manager)	http://search.211north.ca/record/KEN1122
Youth Suicide Prevention		http://search.211north.ca/record/KEN1123

Neskantaga First Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Elizabeth Moonias (Crisis Coordinator) Phone: 807-479-2592 Email: liz.moonias@neskantaga.com	http://search.211north.ca/record/KEN0370
Mental Health Program	Jennifer Sakanee (Mental Health Worker) Email: Jennifer.sakanee@neskantaga.com	http://search.211north.ca/record/KEN0367
NNADAP	Donald Sakanee (Addictions Worker) Email: donaldsakanee@knet.ca	http://search.211north.ca/record/KEN0368
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6137	www.sfnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6137	

Nibinamik First Nation (Summer Beaver Band)

PROGRAMS	CONTACT	URL
Crisis Intervention	Cynthia Yellowhead (Crisis Team Coordinator) Phone: 807-631-4621	http://search.211north.ca/record/KEN0383

Nibinamik First Nation (Summer Beaver Band)

PROGRAMS	CONTACT	URL
Mental Health Program	Bernard Yellowhead (Mental Health Worker) Phone: 807-593-2211	http://search.211north.ca/record/KEN0391
NNADAP		http://search.211north.ca/record/KEN0390
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6137	
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6137	

Nicickousemenecaning

PROGRAMS	CONTACT	URL
None listed.		

North Caribou Lake (Also called Weagaomow & Round Lake)

PROGRAMS	CONTACT	URL
NNADAP	Paul Johnup (addictions Worker) Phone: 807-469-5191	http://search.211north.ca/record/KEN0409
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	

North Spirit Lake

PROGRAMS	CONTACT	URL
Mental Health Program	Kayla Rae (Mental Health Worker) Email: kaylarae@knet.ca	http://search.211north.ca/record/KEN0682
NNADAP	Eddie Meekis (Addictions and Drug Abuse Worker) Phone: 807-776-0066 Email: peninamassan@knet.ca	http://search.211north.ca/record/KEN0683
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	www.slnha.com

PROGRAMS BY COMMUNITY

Northwest Angle No. 33

PROGRAMS	CONTACT	URL
Mental Health and Addictions	Ronni Sandy (Mental Health and Addictions Worker) Angle Inlet: 807-733-2155	http://search.211north.ca/record/KEN1006

Northwest Angle No. 37

PROGRAMS	CONTACT	URL
NNADAP	Alfred Oshie (Addictions Worker) Phone: 807-226-1077	http://search.211north.ca/record/KEN1135

Obashkaandagaang (Washagamis Bay)

PROGRAMS	CONTACT	URL
None listed.		

Ochiichagwe'babigo'ining First Nations (Dalles)

PROGRAMS	CONTACT	URL
NNADAP	Roberta Jameson (Addictions Manager) Phone: 807-548-5876 EXT 253	http://search.211north.ca/record/KEN1172

Ojibway Nation of Saugeen

PROGRAMS	CONTACT	URL
None listed.		

Ojibways of Onigaming First Nations (Sabaskong Bay 35)

PROGRAMS	CONTACT	URL
Community Wellness Program	Jeff Anderson Kelly (Community Wellness Worker) Phone: 807-484-2339 Email: Kathy.jack@onigaming.ca	http://search.211north.ca/record/KEN1394
Mental Health Program	Phone: 807-484-2339	http://search.211north.ca/record/KEN1396

Ojibways of Onigaming First Nations (Sabaskong Bay 35)

PROGRAMS	CONTACT	URL
NNADAP	Hazel Copenace (Health Director) Phone: 807-484-2339 EXT 27 Email: hazel.copenace@onigaming.ca	http://search.211north.ca/record/KEN1023

Ojibways of the Pic River First Nation

PROGRAMS	CONTACT	URL
NNADAP	Joyce Harasym (Addictions Worker) Email: joyce.harasym@picriver.com Phone: 807-229-1836 EXT 604	http://search.211north.ca/record/TBY2793

Pays Plat

PROGRAMS	CONTACT	URL
Community Wellness Worker	Ida Wanakamik (Community Wellness Worker) Angle Inlet: 807-824-1114	http://search.211north.ca/record/TBY2373

Pic Mobert

PROGRAMS	CONTACT	URL
NNADAP	NNADAP Worker Phone: 807-822-2625 EXT 261	http://search.211north.ca/record/TBY3206

Pikangikum

PROGRAMS	CONTACT	URL
Anti-Solvent Abuse Program	Lawrence Peters (Health Director) Phone: 807-773-5300 Email: lawpeters@hotmail.com	http://search.211north.ca/record/KEN0816
Crisis Intervention	Sylvain Langois (Case Manager)	http://search.211north.ca/record/KEN0815
Mental Health Program	Mary Rosagaske (Addictions Worker) Phone: 807-773-5302	http://search.211north.ca/record/KEN0814
Minosaywin Project	Vacant Position Currently Phone: 807-737-4011	http://search.211north.ca/record/KEN0817
NNADAP	Walter Lyon Phone: 807-737-4011	http://search.211north.ca/record/KEN0813

PROGRAMS BY COMMUNITY

Pikangikum

PROGRAMS	CONTACT	URL
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	www.sifnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6213	

Poplar Hill

PROGRAMS	CONTACT	URL
Crisis Intervention	Patrick Owen (Crisis Intervention) Phone: 807-772-8828	http://search.211north.ca/record/KEN0708
Mental Health Program	Bruce Moose (Mental Health Program) Phone: 807-772-8828	http://search.211north.ca/record/KEN0710
NNADAP	Lloyd Turtle (NNADAP) Phone: 807-772-8828	http://search.211north.ca/record/KEN0711
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	www.sifnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6131	

Rainy River First Nations

PROGRAMS	CONTACT	URL
NNADAP	Pam Riptav Phone: 807-482-2479 EXT. 240	http://search.211north.ca/record/RRD0284

Red Rock

PROGRAMS	CONTACT	URL
None listed.		

Sachigo Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Morley Tait Phone: 807-595-2577	http://search.211north.ca/record/KEN0434
Mental Health Program	Phone: 807-595-2577	http://search.211north.ca/record/KEN0436
NNADAP	Phone: 807-595-2577	http://search.211north.ca/record/KEN0437
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	www.sfnha.com

Sandpoint

PROGRAMS	CONTACT	URL
None listed.		

Sandy Lake

PROGRAMS	CONTACT	URL
Crisis Intervention	Eddie Kakepetum Email: eddiekakepetum@knet.ca	http://search.211north.ca/record/KEN0632
Mental Health Program	Joan Rae Phone: 807-774-1471	http://search.211north.ca/record/KEN0529
NNADAP	Clovis Meekis Phone: 807-774-1403	http://search.211north.ca/record/KEN0636
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors		www.sfnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6213	

Seine River First Nation

PROGRAMS	CONTACT	URL
None listed.		

PROGRAMS BY COMMUNITY

Shoal Lake No. 40

PROGRAMS	CONTACT	URL
NNADAP	Stewart Redsky Phone: 807-733-3577	http://search.211north.ca/record/KEN1142

Slate Falls Nation

PROGRAMS	CONTACT	URL
Crisis Intervention	Colin Carpenter Phone: 807-737-5700 EXT. 114	http://search.211north.ca/record/KEN1365
NNADAP	Ruby Bighead Phone: 807-737-5757	http://search.211north.ca/record/KEN0452
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	www.sfnha.com

Stanjikoming First Nations

PROGRAMS	CONTACT	URL
NNADAP	James Henderson Phone: 807-274-2188 ext.236	http://search.211north.ca/record/RRD0315

Wabaseemoong Independent Nations (One Man Lake, Swan Lake, and White Dog)

PROGRAMS	CONTACT	URL
Mental Health and Community Wellness Program	Gretchen Bunting Phone: 807-927-2440 ext.144	http://search.211north.ca/record/KEN1161
NNADAP	Theresa Tankanye Phone: 807-927-2440 EXT. 129	http://search.211north.ca/record/KEN1157

Wabauskang First Nation

PROGRAMS	CONTACT	URL
Community Wellness Program	Rhonda Fontaine Phone: 807-529-6329 EXT 3	http://search.211north.ca/record/KEN0437
NNADAP	Phone: 807-529-6329	http://search.211north.ca/record/KEN1181

Wabigoon Lake Ojibway Nation

PROGRAMS	CONTACT	URL
Community Wellness Program	Brittany Norris Email: communitywellness@wlon.ca	http://search.211north.ca/record/KEN1174
NNADAP	Debbie Leckner Phone: 807-938-6464	http://search.211north.ca/record/KEN1181

Wapekeka (Angling Lake)

PROGRAMS	CONTACT	URL
Crisis Intervention	Stephen Edwards Phone: 807-737-4011	http://search.211north.ca/record/KEN0924
NNADAP		www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6213	

Wawakapewin (Long Dog)

PROGRAMS	CONTACT	URL
Wilderness Healing Program	Joshua Frogg Sr Phone: 807-623-3916	http://search.211north.ca/record/KEN0967

Webequie

PROGRAMS	CONTACT	URL
Crisis Intervention	Peter Jacob Phone: 807-353-1210	http://search.211north.ca/record/KEN0380
Mental Health Program	Beverly Jacob Phone: 807-353-7241	http://search.211north.ca/record/KEN1162
NNADAP	Neville Jacob Phone: 807-353-1264	http://search.211north.ca/record/KEN0371
Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6137	www.slnha.com
Sioux Lookout First Nations Health Authority: Nodin Aboriginal Mental Health and Addiction Workers (Children and Youth)	Phone: 807-737-6137	

PROGRAMS BY COMMUNITY

Whitesand

PROGRAMS	CONTACT	URL
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None listed.

Wunnumin

PROGRAMS	CONTACT	URL
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Crisis Intervention	Ruth Mekanak Email: ruthm@wunnumin.ca	http://search.211north.ca/record/KEN0947
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NNADAP	Ralph Winter Phone: 807-442-2564	http://search.211north.ca/record/KEN0952
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Sioux Lookout First Nations Health Authority: Nodin Mental Health Counsellors	Phone: 807-737-6131	www.sfnha.com
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NNADAP

Provides Services and support individuals and families struggling with addiction issues.

- » Offers Alcoholics Anonymous (AA) and Narcotics Anonymous (NA) meetings when required.
- » Provides transportation to all meetings and workshops upon request.
- » Provides public seminars/meetings to raise community awareness of alcohol, drug abuse, and gambling addictions.
- » Holds educational sessions in schools.
- » Coordinates cultural and spiritual events.
- » Facilitates recreational activities and social events.
- » Provides individual and group discussions.
- » Offers cultural and spiritual gatherings.

Provides the following services aimed at preventing alcohol and drug abuse problems from reoccurring:

- » Counselling, sharing circles and support groups.
- » Regular phone calls and home visits.
- » Referrals to band services, social services, detoxification and treatment centres and medical assistance.

Community Wellness Program

Supports reduction or prevention of family and community violence.

- » Provides victim service referrals and emergency support for family violence.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centres.
- » Offers Aboriginal culture-based healing, self-help processes for anger management, and positive self-image development; alternative discipline methods and positive relationships.
- » Organizes and facilitates community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Cat Lake Wellness Program

Supports reduction and prevention of addiction issues and family and community violence.

- » Provides culturally appropriate mental health services, support services, resources, educational materials, and workshops to address community wellness needs.
- » Provides victim service referrals and emergency support for family violence and mental health crises.
- » Works one-on-one with families experiencing family violence to develop a plan of action for identified concerns.
- » Provides referrals to counselling, legal services, and treatment centres and other needed supports.
- » Organizes and facilitates community events in schools, powwows, and health fairs to promote a healthy lifestyle and prevention of family violence.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with addictions and family-based violence awareness.

Crisis Intervention Program

- » Provides crisis intervention services to community in crisis situations and to individuals affected by family violence and suicide.
- » Offers immediate on site or telephone assistance.
- » Dispatches call to police when deemed necessary.
- » Ensures victims receive support and assistance to secure their safety.
- » Arranges meeting family members at centre or agreed upon location to discuss possible crisis resolutions.

Also Coordinates:

- » Crisis plan to follow in response to suicide intervention, domestic violence intervention and any other form of crisis situations that may arise in community.
- » Information sessions and workshops on techniques for healing strategies.

Support Services can include but are not limited to:

- » Debriefing and stabilization following crisis situation.
- » Advocacy on behalf of individuals and families dealing with various agencies.
- » Meal preparation, transportation, homemaking and other areas requiring support for families in crisis situations such as the suicide of a youth.
- » Information about/referrals to appropriate resources and services.

PROGRAM DESCRIPTIONS

Detox Center

Operates a detoxification centre for community members addicted to Oxycotin.

- » Functions as a day program.
- » Provides a 4-bedroom house renovated into a detoxification centre that can treat 10 people at one time; includes a sauna on the property.
- » Offers the drug suboxone in place of methadone to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Withdrawal treatment.
- » Counselling.
- » Aftercare.

Also provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centres and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Mental Health and Addictions Services

Promotes the development of good mental health and provides services for individuals with mental health issues. Also provides the services of two mental health workers who work with the community members.

Provides information and awareness activities including but not limited to:

- » Addictions.
- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and ceremonies.
- » Group workshops.
- » Educational sessions that promote wellness.
- » Coordination and referrals to psychologists, psychiatrists, other counselling services and treatment centres.
- » Coordination of aftercare services.

Mental Health Program

Promotes the development of good mental health and provides services for individuals with mental health issues. The information and awareness activities provided are the following but not limited to:

- » Depression.
- » Family violence.
- » Stress management.

Services include:

- » Counselling services.
- » Cultural activities and crafts.
- » Recreational activities.
- » Wellness activities.

Fort William Community Addictions

- » Provides a support group for individuals struggling with/ affected by addictions issues.
- » Coordinates group sessions for people to share confidentially about their personal issues.
- » Offers information sessions, guest speakers, and education to assist with recovery.
- » Explores available resources to help with overcoming addictions and recovery.
- » Provides referrals to supports if requested.

Mamow Against Drugs

Operates a treatment centre for community members struggling with oxycodone addiction.

- » 25-day program for a maximum of 6 individuals per program.
- » Offers medications to minimize the effects of withdrawal.

Program includes the following services:

- » Intake.
- » Detoxification and withdrawal treatment.
- » Counseling.
- » Sharing circles.
- » Traditional land-based activities.
- » Aftercare.

Also provides:

- » Mental health and addictions counselling.
- » Referrals to other treatment centres and programs such as Nodin Child and Family Intervention Services in Sioux Lookout.

Community Wellness Worker

- » Promotes healthy individuals, families, and communities.
- » Supports reduction or prevention of family and community violence.
- » Provides case management, support, and referrals to other services and programs.
- » Provides culturally appropriate support services, resources, educational materials, and workshops to address community wellness needs including topics such as bullying, discrimination and racism.
- » Develops programs, workshops, promotions, and prevention education campaigns dealing with family-based violence awareness.

Youth Suicide Prevention

- » Coordinates a week-long camp during summer months to empower Anishinaabe children and youth with pride and knowledge in their traditional culture and heritage.
- » Focuses on suicide prevention.

Activities include:

- » Dancing.
- » Fishing.
- » Sharing circles.
- » Singing.
- » Storytelling.
- » Swimming.
- » Teachings from Elders.
- » Traditional craft making.

Mental Health and Addictions

Offers a variety of mental health and addictions services for community members.

Programs and services can include the following:

- » Addictions and Gambling Program
- » Offers community treatment and education.
- » Provides assessment, referral, and aftercare.
- » Offers individuals relapse prevention counselling.
- » Gives individual, couple, and family treatment therapy.
- » Provides support for family members affected by addictions.

Case Management Program

- » Provides individual counselling for adults struggling with physical, medical, and emotional health issues.
- » Offers assistance through support workers in life skills including housing, self-care, nutrition, shopping, money management, social and recreational living.

Mental Health Program

- » Offers individuals couples, family, and group counselling for stress management and crisis intervention.
- » Provides referral services to appropriate supports.
- » Anti-Solvent Abuse Initiative
- » Offers counselling services to youth struggling with solvent abuse.
- » Maintains on-going files of solvent abuse cases.
- » Operates a nightly youth patrol in the community.
- » Provides referrals to in-community treatment at the Minosaywin Island Treatment Centre.
- » Provides referrals to treatment programs and residential facilities outside the community.

Minosaywin Project

- » Offers a short-term brief intervention program for individuals with solvent-abuse and alcohol issues and addictions.
- » Operates as a 12-day residential program with 4 workers and 8 youth per session.
- » Offers cultural and traditional services of community elders.
- » Functions primarily as a respite program until placement at outside community residential treatment program can be procured.

Activities can include:

- » Counselling for many issues including grief, drinking, and violence in the home, feelings of not being loved, loss of friends (suicide), and other areas of struggle for youth.
- » Wood cutting.
- » Drawing and crafts.
- » Guitar.
- » Participating in sharing circles.
- » Playing hockey, broomball and/or volleyball.
- » Trap line setting and animal collection.
- » Writing.

PROGRAM DESCRIPTIONS

Sioux Lookout First Nations Health Authority

MENTAL HEALTH COUNSELLING

Nodin services provide counselling, support, and intervention services to Aboriginal children and youth (up to age 18), families, and adults from communities served by the Sioux Lookout First Nations Health Authority, who are experiencing social, emotional, behavioural or psychiatric problems. Nodin CFI is a resource available to 33 First Nation communities in the Sioux Lookout region, the majority remote, not road accessible, and only reachable by air transportation.

ABORIGINAL MENTAL HEALTH AND ADDICTION WORKERS

CMH&A workers are based in 13 communities in our region. The goal is to increase the number of Aboriginal children and youth with mental health and addictions issues served; improve functioning, increase the number of culturally appropriate supports, and improve the capacity of community-based organizations to meet the need for service in high needs communities. This service is provided to Aboriginal children and youth (up to age 18) with identified mental health and/or addiction difficulties including social, emotional, behavioural, adjustment, psychiatric and/or other challenges that affect overall functioning and success. In addition, the counsellors work with the families and other partner as necessary. Direct services may include counselling, therapy, brief intervention, group therapy or other supports and services deemed to be culturally appropriate.

ACUTE CARE COUNSELLORS

Nodin CFI runs a Sioux Lookout based outpatient acute care unit. This unit provides intensive brief counselling, crisis intervention, and safety planning to individuals who are demonstrating "high risk" behaviours that cannot be responded to at the community level. Referrals only are accepted from doctors and NICs.

SPECIAL PROJECTS

The Trauma Team provides a continuous and long term approach to healing, combining the cultural principles and practices of the original Anishinabe way of life with the science and resources of the western world.

CRISIS RESPONSE

Nodin's Crisis Response Program provides crisis intervention and support to immediate families impacted by tragic incidents occurring within their family unit (e.g. suicide, homicide, tragic accidents etc.). The teams are mobilized only upon request from the community and the community determines what type of support they require.

OTHER SERVICES

- » Art Therapy
- » Psychology
- » Traditional Healing

Wilderness Healing Program

Offers a healing program for residential school survivors or their descendants and extended families in a wilderness setting near Wawakapewin Community.

- » Offers counselling and teaches traditional values and lifestyles as healing tools.
- » Targets individuals affected by residential school abuse and its intergenerational impacts.
- » Delivers services through a holistic approach.
- » Provides 4 intakes per year.
- » Provides services in a wilderness setting for individual's families, groups, and communities.

Services offered can include:

- » Counselling by Elders and/or traditional healers.
- » Cultural ceremonies, teachings, and dialogue.
- » Transportation, when required.

Treaty 3 Police Services

NORTH

22 Homestake Road,
P.O. Box 1480,
Kenora, ON P9N 3X7

Phone: 807-548-5474
Fax: 807-548-8387

WHITEFISH BAY

Phone: 807-226-9767
Fax: 807-226-5506

EAGLE LAKE

Phone: 807-755-1540
Fax: 807-755-1541

SOUTH

1450 Idylwild Drive
Site 206-26 R.R.#2,
Fort Frances, ON P9A 3M3

Phone: 807-274-1565
Fax: 807-274-1568

GRASSY NARROWS

Phone: 807-925-2221
Fax: 807-925-2479

WABASEEMOONG

Phone: 807-927-0285
Fax: 807-927-2235



Canadian Mental
Health Association
Kenora
Mental health for all

Association canadienne
pour la santé mentale
Kenora
La santé mentale pour tous

227 Second Street South, Second Floor
Kenora, ON P9N 1G1 Canada

PHONE (807) 468-1838 **FAX** (807) 468-6396

www.cmhak.on.ca

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