

# City of Toronto Mobile Crisis Intervention Team Program

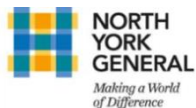
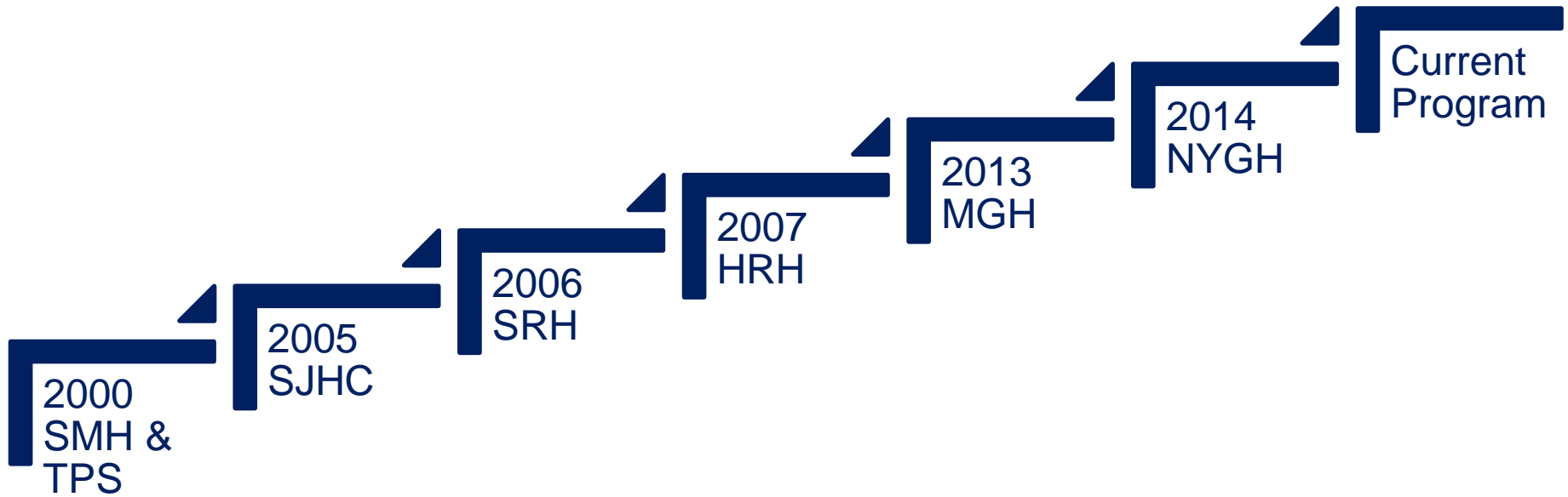
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# History of MCIT



# Mobile Crisis Intervention Team



- Partners a mental health registered nurse and a specially trained police officer.
- Provides a community response to individuals who are experiencing a crisis.



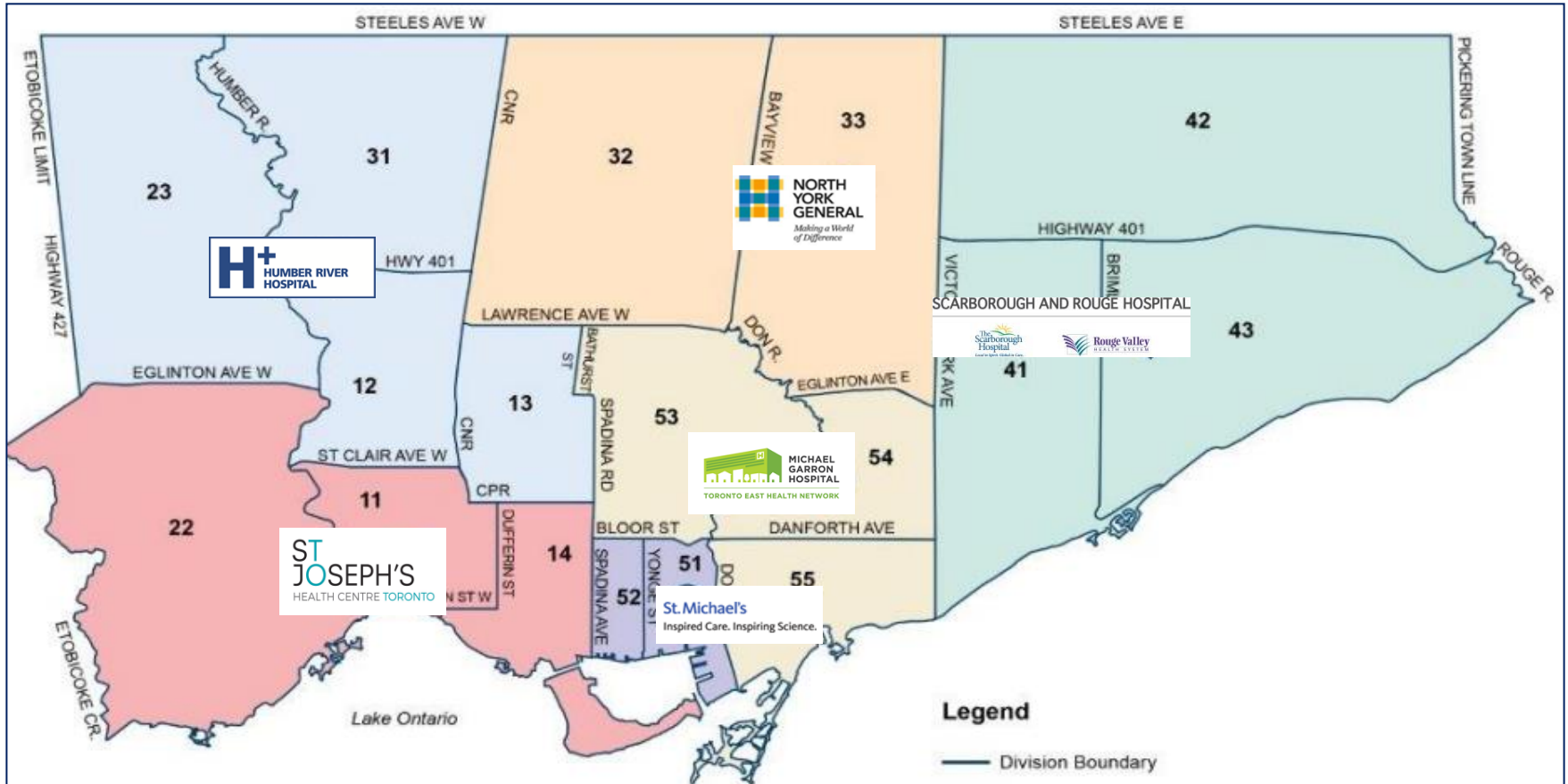
# Program Goals



- Provide prompt assessment and support to a person experiencing a crisis.
- De-escalate and prevent injury.
- Link people in mental health crises to appropriate community services if follow-up treatment is recommended.
- Reduce pressure on the justice system.
- Reduce visits to emergency department.



# City of Toronto MCIT Program



# Roles



*Complementary, yet distinct.*

Officer	Nurse
<ul style="list-style-type: none"><li>• Ensures safety and security of everyone on the scene.</li><li>• Utilizes Section 17 under Mental Health Act (MHA).</li><li>• Executes MHA Forms.</li><li>• Determines need for follow-up</li></ul>	<ul style="list-style-type: none"><li>• Completes Mental Health Assessment.</li><li>• Collaborates with officer in apprehension decision-making.</li><li>• Facilitates improved communication with Emergency Department.</li><li>• Determines most appropriate continuation of care.</li><li>• Determines need for follow-up.</li></ul>



# Benefits of MCIT



- ✓ Combined mental health and police expertise leads to better care
- ✓ Clients seen in their own setting
- ✓ De-escalate and avert injury
- ✓ Support and re-assure clients



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# Benefits of MCIT cont'd



- ✓ Ensure timely and direct links with community services and resources
- ✓ Reduce encounters with the justice system
- ✓ Decrease the number of visits to hospital
- ✓ Decrease time spent in the ED



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# Evaluating MCIT in Toronto



*Reports written in 2014, 2015, and 2017 found...*

- MCIT helps keep care in the community.
- MCIT prevents unnecessary admissions to the ED and interactions with the justice system.
- Client feedback indicates overall satisfaction with MCIT encounters including high levels of safety, respect, and de-escalation.



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# QUESTIONS?



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