



Scarborough Human Services and Justice Coordinating Committee (S-HSJCC)

Meeting Minutes September 8, 2015 1:00 p.m. – 2:30 p.m. Second Base Youth Shelter, 702 Kennedy Road

Present: Susan Boucaud (Co-chair), Toronto East Detention Centre; Mary Jarrell, Crown Attorney's Office (Co Chair- alternating) Sharon Williams, Scarborough Hospital; Domenica Dileo, HSJCC; Janice Sellon, East Metro Youth Service Vincent Lee, Toronto East Detention Centre; Erwin Black, Cota; Tammy Alston, CMHA; Jian Li, Surrey Place; Michele Graham, CHIRS; Dale Nichiporik, Toronto Police Service; Samim Hasham, Morrish Pharmacy; Julie-Anne Nayler, Pinewood Centre of Lakeridge Health; Jana Kokic, The Scarborough Hospital; Amy Warren, Pinewood Centre of Lakeridge Health; Sharon Allen Elliot, Second Base Youth Shelter; Jordan Fainstat, John Howard Society of Toronto; Jovan Dzamor, Scarborough Housing Help Centre; Stephanie Gloyn, Justice Service Collaborative; Arlene Alexander, Cota

Regrets: Debbie Lynch, CTYS, New Outlook; Arthur Marania, Scarborough Hospital; Kallan Lyons, Scarborough Homes First Shelter for Adults; Robin Cuff, CAMH; Paula McLellan, Bail Program; Sara Kirkup, Scarborough Hospital; Paul Rowe, Toronto Police Service; Antonella Wilson, CMHA; Linda Mariani, The Access Point

Welcome and Introductions:

- Everyone introduced themselves
- Mary Jarrell Co-chaired the meeting with Susan Boucaud
- Three new members were welcomed, Jordan Fainstat, John Howard Society of Toronto; Jovan Dzamor, Scarborough Housing Help Centre; and Arlene Alexander, Cota

Review and Approval of Minutes of May 5, 2015

- The minutes were approved.

Business Arising

Susan Boucaud reported that the following Committees' identified gaps:

Out of Catchment Hospital Discharge Planning Service for Scarborough Clients in Crisis and Access to Psychiatric Drugs were address during the summer.

Susan Boucaud distributed referral information from Connex Ontario and 2-1-1 Toronto plus a list of 24/7 pharmacies in Ontario (list includes Toronto), regarding the two above noted identified gaps. The information was shared with the Local HSJCC.

Connex Ontario and 211 Toronto are free referral services providing information about services within the catchment area the person resides. Their written information i.e. wallet side card etc. and the delivery of the material is free. Please call or email them to request brochures.

A question arose as to which pharmacies prescribe methadone. Domenica Dileo will compile that information.

Susan Boucaud also mentioned that the work of the S-JHSCC is shared with The Toronto HSJCC, which then reports to the Provincial HSJCC. It was agreed (feedback was sought from all at the committee meeting) that the two service gaps are no longer outstanding (given the scope of the committee).

Presentation from the Mental Health and Pinewood Centre Program on the Scarborough Addiction Services

Mary Jarrell introduced the team from Scarborough Addiction Services, which includes Pinewood Centre of Lakeridge Health who made a joint presentation. They were Julie-Anne Nayler, Amy Warren and Krista Young.

Julie-Anne Nayler and Amy Warren presented the following:

- The Central East LHIN identified a gap in service in the Scarborough area for clients/patients that are presenting with Addiction and Concurrent Disorders. As a result five (more recently seven) positions were created to help clients/patients navigate the system, link them to community services that best suit their needs and offer a Community Withdrawal Management Day Program for those client's patients that are a fit. Presenters identified themselves as three of the seven employees.
- Julie-Anne and Amy's role is in the hospital itself. They assess patients from all floors of the hospital who present with Addiction and Concurrent Disorders to the appropriate community supports (alongside their health care team).
- Julie-Anne works out of the The Scarborough Hospital (2 sites) and Amy out of RVHS's Centenary site.
- They also educate staff about Addictions and Concurrent Disorder issues to help build capacity within the system.
- Krista Young is one of three Addictions Counsellors working for the Pinewood Scarborough's Community Withdrawal Management Day Program which is housed out of The Scarborough Hospital's Mental Health Outpatient program at 2425 Eglinton Ave East.

- This program offers services for substance use concerns specific to community withdrawal and early-stage recovery.
- There is an intake process that includes speaking directly to the client via phone where the patient (if appropriate) is given an in-person Assessment where next steps are discussed.
- The service takes a holistic approach and focuses on areas that include relationships, emotions, wellness, mental health, triggers, etc.
- The program requires a 10-day commitment (which is the morning portion of the programming)
- The program is two phases – 1. the Community Withdrawal program from 9 a.m. to 11:30 a.m. (mornings) and the 2. Early Stage Recovery Group (afternoons) for those who have completed the first phase.
- The community withdrawal program offers Auricular acupuncture as well.
- For this program, clients are not required to have a goal of abstinence – the program incorporates a harm reduction approach
- No psychiatrist attached specifically to the program but discharge planning is a large part of the program where ongoing treatment needs are addressed and linked as available.
- TTC tokens are provided those in financial need
- Age criteria is 18 and older.
- Need a Scarborough address and valid OHIP coverage

Lunch and Learns

- Brainstormed topics. These included:
 - ID Clinics; How to access OHIP;
 - New Housing Resources;
 - Access Point;
 - OTN; Vincent Lee can be the contact
 - Immigration; Legal Aid and Victim Services

Domenica Dileo to send an email asking members for Lunch and Learn topics input.

Identify Gaps in Services.

- Identified – are there services in Scarborough for both developmental disabilities and mental health in one organization? Jian Li will follow up.
- Another inquiry – are there services in Scarborough for the LGBTQ Community with Mental Health issues. Erwin Black will follow up.
- There was concern of the lack of youth hostels in Scarborough since the news that Second Base Youth Shelter was closing, which had a capacity of 60 youth beds.

Terms of Reference

- Susan Boucaud provided background to include people with lived experience and how the two people joined last year. Currently they are unable to

continue due to a scheduling conflict. The Committee has connected with Dawnmarie Harriott to refer new members with lived experience.

- Susan Boucaud presented the draft of the Terms of Reference that includes People with Lived experience.
- The Committee supported including people with lived experience under the membership clause; and to delete the term “consumer” and replace it with “people with lived experience”.
- Committee also supported new definition of core membership as a member agency representative attending no less than 60% of the committee regular meetings.
- Committee supported reducing meeting frequency from six times a year to five times a year, as per the workplan
- Under membership and conflict of interest, a round table discussion took place with regards to the criteria for membership and that membership should be open to anyone who shares the same values and goals of the committee. Possible inclusion of values based on various theoretical constructs and conflict of interest to be further discussed at the next meeting.

Agency/Organization Updates

- Sharon Elliot reported that the Second Base Youth Shelter will be closing because of low capacity. It was a Board decision to close as the shelter’s strategies have not been working.

Service Coordination/Resolution Issues

- Mary Jarrell reported that courts are using video links for psychiatric assessments and wondered if it’s feasible to do the same at the Toronto East Detention Centre.
- Vincent Lee mentioned that the Detention Centre would need a secure space for the video link.
- A new subcommittee was formed to explore the possibility of video adult fitness assessments being conducted in Scarborough and the use of the Toronto East Detention Centre to facilitate this endeavor. If anyone is interested in joining, please contact Domenica Dileo.
- Mary Jarell and Vincent Lee (the leads for the subcommittee) will report back at the next meeting

Updates from the T-HSJCC and Provincial HSJC

Stephanie Gloyd reported on the Service Resolution Process:

- The T-HSJCC Complex Care Sub-Committee partnered with Taylor Newberry Consulting to conduct a feasibility study of a service resolution process, which is an approach to creative problem solving and customized service access for people with complex needs.

- The T-HSJCC and CAMH have partnered to move the service resolution forward for Toronto and have signed a project charter, which includes working together for 16 months.
- The first step is to create a working group and extend an invitation to all the HSJCCs to be a part of it.
- Working group will have monthly meetings for first six to eight months.
- If interested, send an email to Domenica or Stephanie.
- The Executive Summary, the Project Charter and the Full Consultant's Report will be distributed to the members.
- Domenica Dileo reported that the Provincial HSJCC 2015 Conference, "Mobilizing Community: Promoting Resiliency, Sustaining Recovery, and Restoring Justice," taking place between November 16 - 18, 2015. T-HSJCC is providing subsidy. Subsidy information was distributed.

Choose a presenter for next meeting

- Stephanie Gloyn will present on the Service Resolution.

Actions:

- Domenica Dileo will distribute the Service Resolution Process materials
- Domenica Dileo will compile list of pharmacies that dispense methadone.
- Domenica Dileo to circulate email asking for members lunch and learn topics input.
- Erwin Black will research LGBTQ services in Scarborough

Next Meeting

- November 3, 2015 at 2131 Lawrence Ave. East, #200 from 1:00 to 2:30 p.m.