

Complex Youth Profile

Youth's current diagnoses are:

- Borderline Personality Disorder
- Disruptive Mood Dysregulation Disorder
- ADHD; Learning Disability
- Acquired Brain Injury - as result of stroke caused by abscess from ear infection
- Left eye vision loss; Bilateral hearing loss - as result of stroke
- Pervasive Development Disorder (PDD) - NOS
- Autism Spectrum Disorder
- Self harm

Youth is 140+ days as Alternate Level of Care (ALC) patient on child psychiatric unit within a Hospital. For several months prior to this current hospitalization the youth was in unstable support arrangements (crisis / vacant beds using temporary staffing for support) that followed a spring hospitalization and parents' decision to not allow youth to return home.

Youth has a complex history of receiving supports and services related to their behaviour in home, community and treatment settings (minimal 2:1 support ratio); however, none of these supports have had lasting positive effects. Youth had an extended treatment stay in 2017 (Lutherwood) followed by a stay in a single residential setting (Expanding Horizons) where youth showed some modest gains. There were challenges between the provider and the family that ultimately resulted in the youth's refusal to return to the residence after a family visit, and the family at that time, supported the decision to return home. Any gains made during this period were lost shortly after the return home.

Supports in the home, had not been successful in previous years. As a result of health and safety concerns for workers going into the home, Youth and their family received minimal supports from May 2018 to this past spring when youth's home placement broke down again. There were frequent 911 calls to police and ER hospital visits during this period at home.

The support team was seeking a short-term residential treatment placement for behaviour stabilization, psychological treatment, and skills development that can stabilize and support youth.

The long-term goal is to seek a long-term residential placement and support within Mental Health and/or Acquired Brain Injury Services, this youth is NOT eligible for

Developmental service of Ontario(DSO) at the age of 18. Youth is at high risk of homelessness as an adult due to difficulties placing youth, with a high probability of further involvement of emergency services (both police and hospital). Youth is actively engaged in planning at this time to participate in a treatment program, then transition into a residential program that would build on Youth's skills towards their own goal for independent living.

Areas of need not addressed in funded system:

- Treatment program - a short term treatment placement to facilitate transition from an inpatient child psychiatric unit to an adult residential / supported housing provider
- Residential / Supported Housing Provider with capacity, to work in collaboration with other providers, to support an TAY/adult with ABI / Mental Health / ASD diagnoses and severe behaviour challenges. Individual is not eligible for DSO at 18 years.

Supports/resources that have been exhausted:

- Lutherwood unable to consider re-admission or being involved in a modified support plan
- Vanier Residence - Kinark has previously received supports through Vanier . Re-admission is not common practice , additionally Vanier has shared that here is nothing more clinically based that they are able to offer, nor would youth be able to complete the program before turning 18.
- CPRI - unable to provide necessary treatment; requires family involvement/service provider
- Minds Forward (Peel) - ABI provider - will not consider application until 18
- Traverse (Hamilton) - ABI residential program for adults - unable to consider admission until current behaviors are addressed; would reconsider following Youth's participation in a treatment program and are remaining involved in ongoing planning /consultation - have both short term residential and SIL (Supported Independent Living) options
- March of Dimes - Application re-submitted by Hospital. Previous applications - Dec and verbal consultations (July/Aug) indicated Youth was not an appropriate match due to behaviour challenges
- CARS - Out of region referral package completed. Program Supervisor with the Ministry of Children, Community, and Social Services made the recommendation to explore CARS. Previous inquiries (July/Aug) we were told that Youth's profile was not appropriate for what could be offered. Previous

- application was denied. CARS received referral and have requested most recent assessment from Hospital.
- CBHS - Mackenzie Health - Have profile and determining if they would be able to consider a treatment plan in cooperation with a residential provider that may not have the clinical capacity, but willing to work with them. No response.
 - CMHA has explored Homes for Special Care registry and unable to secure an appropriate program / site
 - Peel CAS – has identified no child welfare risks; file closed in August.
 - Coordinated Service Planning - file closed following Avalon placement; no longer meets criteria.
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- Avalon- June 4-8, (placement staffed with WOW staff at outset - plan was to transition to their own team with some clinical supports); discharged following suicide attempt and environment / support plan deemed unsafe for Youth and workers
 - Spectrum Foster Care May 24 - June 4 (temporary placement staffed with WOW staff); 24/7 1:1 staff
 - SHIP Housing May 16-24 (crisis placement after hospital discharge WOW provided enhanced staffing); 2 workers seriously injured; police responded to 911 call; taser was used on youth as youth would not drop a knife that youth was threatening self harm
 - Respite Supports - Out of Home (eg. Music/art therapy)
 - Home Safety Assessment - Monarch House - family home environment deemed unsafe for workers unless modifications made. Family unable - so all supports only to be offered outside home environment.
 - Expanding Horizons - Residential Placement - Feb.- May ;
 - Lutherwood - Mar. - Feb. : treatment was extended until residential placement could be secured.
 - In Home Supports - Dec. - Feb. Family Options with clinical support from PLA
 - In Home Supports - Sept - Dec WM+A
 - Vanier Residence - Kinark - Nov - Sept
 - CPRI In-patient - Oct - Jan