



Presents

A Virtual Lunch and Learn Session:

On

AFFIRMING TRANS AND NON-BINARY GENDER IDENTITIES

With

Carey Lawford: (they/them pronouns) is a Social Worker in the Adult Gender Clinic at the Centre for Addiction and Mental Health (CAMH) in Toronto. They hold Adjunct Lecturer Status in the Factor-Inwentash Faculty of Social Work at the University of Toronto. At CAMH and within a Toronto-based private practice, Carey provides assessment and psychotherapy for clients, both emerging in terms of gender identity and expression, and clients moving forward with transition-related surgeries. They are actively involved in promoting knowledge and advancing competencies in healthcare (primary care and allied health) as a means of increasing health equity within trans and gender expansive communities.

Nina Vitopoulos (she/her pronouns) is a Clinical and Forensic Psychologist at the Adult Gender Clinic at Centre for Addiction and Mental Health (CAMH) in Toronto, Canada. She holds a PhD in School and Child Clinical Psychology from the University of Toronto. She takes a lifespan developmental approach to research and clinical care. Her clinical work focuses on the mental health and wellness of individuals belonging to marginalized populations across the lifespan. Nina's research focuses on understanding the impact of trauma on the lives of marginalized youth and adults, and its implications for treatment design and implementation across health care, homelessness and justice sectors.

Learning Objectives:

1. Gender 101 - Enhance knowledge of gender identities, expressions, and examine cultural values, assumptions, gender roles and norms, etc.
2. Develop an awareness of key terms and concepts related to gender identity
3. Learn strategies and approaches to create inclusive and equitable spaces and reflect competency with trans and gender diverse communities

When: *Tuesday, March 8, 2022*

Time: *12:00 p.m. – 1:00 p.m.*

Feel free to share this event with your colleagues

To register click the link below:

<https://forms.office.com/r/EtfpGkwFHQ>

By accepting the registration you are registered.

If you have any questions, contact Domenica Dileo at ddileo@cmhato.org