



Chairperson: Sharon Deally-Grzybowski, Canadian Mental Health Association WWD

Recorder: Sharon Deally-Grzybowski, CMHAWWD

Present: Janos Botschner, Joan Nandlal, Anthony Piscitelli, Don Roth, Aaron Stauch, Angela Vanderheyden, Rob Martin, Julia Manuel, Linda Elliott, Doug Sheppard, Ian Sykes, Rhonda Frank, Marylou Schwindt

Regrets: Christopher Goss, Kelly O'Connor, Janice Sandeson, Diane Lillico, Sarah Nelson, Jim Izzard, Mary-Jo Shearer, Jean Defaux

Absent: Cheri Bilitz

Guests: Jennifer Robinson, Conestoga College; Debra Gauthier, CMHAWWD 1st Step Psychosis Program; Denise Jennings, family member.

1. Welcome and Introductions

Sharon welcomed everyone with a round of introductions.

Acceptance of Agenda of September 19, 2014

Agenda was accepted by consensus.

Acceptance of Minutes

Minutes of June 20, 2014 were accepted by consensus. If there are any edits, please send them to Sharon; once finalized the minutes will be posted on the provincial HJSCC website.

2. Conestoga College MH Court Project – Jennifer Robinson

Jennifer reviewed the context of the initial research project report completed by Conestoga College students in the Spring of 2014 and alluded to the parts of the report that were kept such as literature review of MH Courts. Jennifer also reviewed the research deliverables and outlined the work that will be done by this year's students. A list of community agencies that work with the MH court will be provided to Jennifer so the students have contact information for their interviews.

It was noted that no health or personal information as well as no stories or confidential material should be used in the process description. Discussion ensued on using a pictorial model and Anthony will send a sample of what this could look like.

Further updates will be given at the December 2014 WWHSJCC meeting.

3. Debrief review of two major reports: MHCC report and the Toronto Police Services Review report

Sharon summarized the MHCC Tempo Report as follows and reflected that many of the training needs and concerns identified in the TPS Report were similar. Discussion and feedback was shared by the members.

TEMPO REPORT in summary note the following: The Mental Health commission of Canada released a new report outlining 16 recommendations for police education and training to better prepare Canadian police personnel for interactions with people with mental illness.

The report, entitled **TEMPO: Police Interactions – A report towards improving interactions between police and people living with mental health problems**, is a result of a comprehensive survey of Canadian police organizations; a literature review; an international comparative review of police learning programs; and direct interviews with a variety of police and mental health professionals.

Key training/education recommendations include:

- That police learning be designed and delivered by a combination of police personnel, adult educators, mental health professionals, mental health advocacy organizations, and people living with mental illness.
- More uniform inclusion of non-physical interventions (verbal communication, interpersonal skills, and de-escalation, defusing and calming techniques) in use-of-force training.
- The incorporation of anti-stigma education to challenge the attitudinal barriers that leads to discriminatory action.

- That provincial government establishes policing standards that include provision for mandatory basic and periodic police training qualification/requalification for interactions with people with mental illness.
- Provision of training on the role of police, mental health professionals, family and community supports in encounters with persons with mental illness.
- That training provided a better understanding of the symptoms of mental illness and the ability to assess the influence a mental illness might be having on a person's behaviour and comprehensions.

It should be noted that the association announced that it had passed a resolution urging police agencies to work with their local mental health partners to adopt "proven and promising" strategies for dealing with people with mental illness.

Resulting discussion noted the following:

- Doug Sheppard commented on the joint partnership CMHAWWD and Waterloo Regional Police Services have in the Specialized Crisis Team. He noted that the challenge now is to be able to increase the time the team operates to include extended hours. Doug also noted that the continued challenge for the police is the wait time in hospital etc. Three key stones identified were: recognition and needs; different ways to address Mental Illness; continuous training for officers and requalification
- Anthony noted the report did not mention addressing culture and stigma issues
- Janos noted that at Conestoga College there are 2 priorities in school of health: Seniors and Mental Health. There is a strategic review and streaming of students in MH jobs etc. Providing courses such MH 1st Aid and partnering with community organizations.
- Marylou noted that OPP was revisiting their training of officers and is allowing each county to decide what models works best for them. It was noted that having an onsite staff (located in the OPP office) from CMHAWWD would be proactive in dealing with MH calls.

4. Updates from Provincial HSJCC – Sharon

- deferred to December 5, 2014 meeting

5. Updates from Committee Partners

- CMHA WWD (Don Roth): CMHAWWD will have an additional MH site location by December 2014 in the city of Waterloo, near WRPS North Division. There will be a mobile crisis team located at this site, along with other programs.
- John Howard Society (Joan Nandlal): It was noted that JHS has services that can support individuals who are being released from institutions. JHS will also assist with record suspensions for a small fee.
- Crime Prevention Council (Anthony Piscitelli): Our strategic plan is just wrapping up and a presentation on the plan will be given to the Regional HSJCC at the December 5, 2014 meeting.
- Lutherwood (Aaron Stauch): As part of our strategic planning we are reconfirming hubs and pathways to clients. Youth justice has been revamped with all youth justice now under one manager Mary-Jo Shearer who will be joining the WWHSJCC and replacing Aaron. Lutherwood was named the Lead Agency for Waterloo Region Child and Adolescence Services.
- Maplehurst Correctional Facility (Rhonda Frank): Continue to be a challenged with access for individuals in custody back to home location; the result of having inmates who do not belong to the catchment area at Maplehurst reduces the capacity to take those who do belong in the catchment area. Rhonda noted that Maplehurst will be getting the full immigration portfolio – dedicated space and increased Immigration holds.
- Drug Treatment Court (DTC) and Mental Health Court (Linda Elliott): It was noted that DTC is in high demand. Currently there are 10 participants and this has the potential to be increased to 15. There is currently a wait list. Mental Health Court is busy and numbers continue to increase. There is a MAG driven committee and the goal is to develop a policy of consistent approach for MH Courts.
- Carizon (Julia Manuel): Reported that the Kitchener Connectivity table (HUB Model) will be up and active by October 2, 2014. It is very similar to the Cambridge Connectivity committee.
- Conestoga College (Janos Botschner): WW-HSJCC to work together to develop a strategic information agenda for itself

- What information do members/the Committee have that would support the group’s mandate?
 - In what areas are these information needs? For example (not an exhaustive list):
 - Planning and decision support
 - Scans focusing on identified best practices in other jurisdictions
 - Literature syntheses re specific issues
 - Understanding local conditions
 - Needs assessments
 - Accountability/knowledge sharing/refining existing services and systems
 - Analysis of existing data
 - Evaluation (formative, developmental, summative)
- What would be done with this information beyond planning and accountability? For example:
 - Developing proposals for new funding
 - Knowledge transfer where we believe other groups/jurisdictions would be interest
 - Informing policy development and implementation through link to provincial HSJCC
- Who are the audiences for this information, beyond the committee members?
- What kinds of knowledge mobilization processes/knowledge transfer are we interested in?
- What are our priority information needs and why?

This is something we could facilitate ourselves and could form the basis for strengthening our collective capacity in the areas of information sharing, knowledge mobilization, planning, development and research/evaluation. It could also help us understand and develop the kinds of research partnerships that would be most congruent with our needs.

6. “Briefing note” – response to Community Concerns discussion – Don/Aaron

As a result of concerns and recommendations noted by Mrs. Jennings and as a follow up to the Regional HSJCC June meeting, Don Roth (CMHAWWD) and Aaron Stauch (Lutherwood) presented their draft report titled, “Designing Justice Services for Youth and families Who Experience Mental Health and Addictions”. As noted on the report, the purpose of this discussion paper is to frame challenges currently faced by the mental health, addictions, and justice sectors in addressing the needs of young clients and families (those under 18 yrs). The paper further presents a family experience of the system and care for their son, recent service investments impacting providers’ capacity to deliver service, and the policy-level systems changes that were occurring over the same time period. The hope of this discussion paper is to explore what worked, what did not, and what can and must be done to improve services as transformation processes unfold.

Feedback was requested from the members present at the meeting who were privy to the presentation and discussion of the draft report. On October 7th, Don and Aaron will be presenting the draft report (with any edits that were sent from members) to the Steering Committee of the PHSJCC for brief discussion and feedback.

The final copy of the report will be disseminated to the Regional HSJCC and consultation to determine/finalize distribution and targeted audience and effective approach consistent with the objectives.

7. New Business

None at this meeting

8. Next Meeting Date

- December 5, 2014 from 9:30 to 11:30 a.m. at CMHAWWD Center for MH, 67 King St. E., Kitchener, Boardroom