

# YWHN

youth wellness hubs

ONTARIO

NIAGARA REGION



**All Niagara Youth  
ages 12-25!**

**Drop in and check us out!  
All youth welcome at any  
site!**

**FRANCOPHONE!**

**INDIGENOUS!**

**2SLGBTQ+!**

**YWHN is a safe space  
for ALL youth.**



**Doors now  
open!**

**\*Fridays and Saturdays to come!**



	<b>Monday 4:00-8:00pm</b>	<b>Tuesday 4:00-8:00pm</b>	<b>Wednesday 4:00-8:00pm</b>	<b>Thursday 4:00-8:00pm</b>
<b>Centre de santé communautaire</b> Hamilton/Niagara 810 East Main St. Welland 905-734-1141	<b>CLOSED</b>	-Primary Care  -Francophone Youth Navigator	<b>CLOSED</b>	-Primary Care -Outreach Worker  -Francophone Youth Navigator
<b>Fort Erie Native Friendship Centre</b> 796 Buffalo Rd. Fort Erie 905-871-9655	-Cultural Activities  -Housing Help 4-6pm (every other week)	-Recreation  -Education  -Mental Health	-Primary Care -Addictions -Recreation -Cultural Activities -Youth Navigator	-Cultural Activities  -Recreation
<b>The John Howard Society of Niagara</b> 225 East Main St. Welland 905-732-7655	-Mental Health Counsellor -Employment Help 4-6pm -Francophone Youth Navigator -Housing Help (every other week) 4-6pm	“Hub Talks” 5-6pm (Drop-In Discussion Groups on various health & social topics)	-Education  -Addictions Counsellor	Guest Speaker  (See social media weekly for guests & topics!)

